# Troy News

#### Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

#### Residents

11/8 Andrea M.

11/13 Ann L.

11/22 Marta R.

#### **Activity Highlights**

11/4 10:00 a.m. **Live Music with Carrie** 11/21 11:00 a.m. - Community **Thanksgiving Luncheon** 11/25 2:00 p.m. **Resident Council** 

11/27 11:00 a.m.

**Thanksgiving Dinner** 



3271 North Street, East Troy, WI 53120 262.642.3995

> Christie Leadley, Administrator June Lancour, Director of Nursing Crystal Hart, Activities

f Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



**Wisconsin Illinois** SENIOR HOUSING INC.

EastTroyManor.org

WE ACCEPT CREDIT CARDS

#### Skilled Nursing • Respite Care • Rehabilitation Services

### **Facility News**

Our Facility will be Hosting a Thanksgiving Luncheon at the Community Center. We will spread Our Thankfulness and Gratitude to the East Troy Community! Our Residents are Welcome to Come Participate in this Event! Let's Gobble up the Good Times!

#### **UPCOMING ACTIVITIES**

Gobble, Gobble! It's that time of year again, Time to be Thankful and to be Together with Our Loved Ones. Come Join Us on Thanksgiving Day for Our Annual Turkey Dinner. Please RSVP to the Dietary Department.

### **Photo Highlight**



#### **Short-Term Therapy Success Story**

As a partner of East Troy Manor, I can confidently say they provide truly remarkable care. Their team is full of friendly, caring professionals who go above and beyond to make residents feel engaged and happy. I'm always greeted warmly and have seen firsthand the incredible dedication of their staff. The therapy services are second to none, and Anna's passion and deep expertise are evident in everything she does. For toptier therapy or long-term care, I highly recommend giving them a call.

#### WISH List – For Activities

Let's Get Rocking into this Holiday Season! Let the Fun Begin by Singing All of Our Favorite Holiday Songs! On Our WISH List this Month is a Karaoke Machine. Let's All Come Together and Sing a Song! East Troy Manor is going to be **Rocking this Holiday Season!** 

# VETERANS DAY Honoring Those Who Serve NOVEMBER 11

Today we honor the courage, dedication, and sacrifice of the men and women who have served our country. Veterans Day is more than a date—it's a moment to reflect, remember, and show our gratitude.

#### Ways to honor veterans:

- Wear pins, clothing, or accessories that show support
- Donate to organizations that assist veterans or active-duty service members
- Share a meal, coffee, or kind gesture with a service member
- Send a letter, text, or care package
- Visit a memorial or cemetery to pay respects

This day is also a chance to connect with family and friends. Share stories of loved ones who served, reflect on the freedoms their service protects, or create a small tribute together.

This Veterans Day, reach out, reflect, honor and take a moment to thank a veteran.

Newsletter Production by PorterOneDesign.com

## Celebrating Family, Food, & Flavors: November's Delicious Traditions



November is a month for gathering with loved ones, sharing meals, and making memories, especially around the table. This month is filled with fun food-related observances that are perfect for sparking conversation, trying something new, or celebrating your favorites.

The month kicks off on November 2 with Deviled Egg Day, a nod to the creamy, tangy favorite appetizer that often graces holiday spreads alongside mashed potatoes, sweet potatoes, and green bean casserole. Sandwich Day on November 3 is another chance to get creative with simple favorites or reinvent a classic with your own twist.

Mid-month, we can enjoy Pickle Day on the 14th, Homemade Bread Day on the 17th, and Apple Cider Day on the 18th, which are perfect excuses to share a snack, swap recipes, or try something new. As Thanksgiving approaches, Stuffing Day on the 21st and Eat Cranberry Day on the 23rd remind us of the classic flavors that make the holiday so special.

Of course, there are many more food observances in November, but our dinner table and this page are not big enough to fit them all!

These food celebrations are more than tasty. They are invitations to share stories and laughs. As you gather with loved ones, friends, and family this Thanksgiving, take a moment to reflect and ask each other: **What** is your favorite Thanksgiving dish? Ham, turkey, or both? Will you be bold and try something new this year, or stick with your favorites? Is there a certain something you look forward to each Thanksgiving or holiday season? What is your silliest Thanksgiving meal memory?

From deviled eggs to cranberry sauce and everything in between, November invites us to celebrate favorite foods, try something unexpected, and make every meal a memory with those we love.

#### **WE ARE HIRING!**

Please visit East Troy Manor's Career Page Today!