

The Wellington News

NOVEMBER
2025

Assisted Living • Respite Care Services

November is a month for gathering with loved ones, sharing meals, and making memories, especially around the table. This month is filled with fun food-related observances that are perfect for sparking conversation, trying something new, or celebrating your favorites.

The month kicks off on November 2 with Deviled Egg Day, a nod to the creamy, tangy favorite appetizer that often graces holiday spreads alongside mashed potatoes, sweet potatoes, and green bean casserole. Sandwich Day on November 3 is another chance to get creative with simple favorites or reinvent a classic with your own twist.

Mid-month, we can enjoy Pickle Day on the 14th, Homemade Bread Day on the 17th, and Apple

Celebrating Family, Food, & Flavors: November's Delicious Traditions



Cider Day on the 18th, which are perfect excuses to share a snack, swap recipes, or try something new. As Thanksgiving approaches, Stuffing Day on the 21st and Eat Cranberry Day on the 23rd remind us of the classic flavors that make the holiday so special.

Of course, there are many more food observances in November, but our dinner table and this page are not big enough to fit them all!

These food celebrations are more than tasty. They are invitations to share stories and laughs. As you gather with loved ones, friends,

and family this Thanksgiving, take a moment to reflect and ask each other: **What is your favorite Thanksgiving dish?** Ham, turkey, or both? **Will you be bold and try something new this year, or stick with your favorites?** Is there a certain something you look forward to each Thanksgiving or holiday season? **What is your silliest Thanksgiving meal memory?**

From deviled eggs to cranberry sauce and everything in between, November invites us to celebrate favorite foods, try something unexpected, and make every meal a memory with those we love.

Wellington Place at Rib Mountain

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As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



**Wisconsin Illinois
SENIOR HOUSING INC.**

WellingtonPlaceRibMountain.org

WE ACCEPT CREDIT CARDS

Thankful & Grateful

As we celebrate Thanksgiving this year, it's important to remember that it's about more than being thankful for one day.

- Take a moment before the meal to share with your loved ones what each of you are thankful for in your life, no matter how big or small.
- Be thankful you have strength to meet the challenges that come with daily life.
- Be thankful for each memory that family and friends have given you.
- Be mindful that it is more important to give than to receive.
- Be grateful to celebrate with your loved ones, friends, and family.

Happy Thanksgiving!



VETERANS DAY

Honoring Those Who Serve

NOVEMBER 11

Today we honor the courage, dedication, and sacrifice of the men and women who have served our country. Veterans Day is more than a date—it's a moment to reflect, remember, and show our gratitude.

Ways to honor veterans:

- Wear pins, clothing, or accessories that show support
- Donate to organizations that assist veterans or active-duty service members
- Share a meal, coffee, or kind gesture with a service member
- Send a letter, text, or care package
- Visit a memorial or cemetery to pay respects

This day is also a chance to connect with family and friends. Share stories of loved ones who served, reflect on the freedoms their service protects, or create a small tribute together.

This Veterans Day, reach out, reflect, honor and take a moment to thank a veteran.



WiCAL

Wisconsin Center for Assisted Living

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Word Search

THANKSGIVING DINNER

Find and circle all 20 menu items listed below. Words are hidden straight across, up and down, and diagonally. All words are forwards reading only. Good luck!

V	R	D	D	F	A	M	F	O	A	H	S	J	D	F
W	F	D	Q	T	H	M	X	L	P	U	H	M	V	B
T	M	T	M	A	X	L	N	R	P	S	V	F	Y	K
M	P	A	T	U	R	K	E	Y	L	N	W	L	A	S
J	U	U	S	M	X	I	E	Y	E	Y	A	M	S	T
Q	M	H	Y	H	L	J	H	E	P	W	L	C	S	G
P	P	E	G	X	E	L	P	H	I	N	Z	X	L	T
E	K	S	M	Y	A	D	V	N	E	X	M	D	I	B
C	I	I	F	J	M	G	P	K	M	F	H	F	V	F
A	N	H	K	H	H	T	C	O	E	I	V	H	V	Z
N	P	K	Y	Z	A	U	G	G	T	I	S	P	J	O
P	I	Z	K	M	D	M	R	S	S	A	U	L	T	G
I	E	Y	H	R	D	T	E	X	E	R	T	Q	N	N
E	U	X	U	K	J	V	E	S	E	T	U	O	V	O
W	D	T	H	P	I	W	N	H	R	K	P	B	E	V
U	T	S	K	L	O	G	B	C	H	B	A	H	N	S
B	S	Z	O	S	S	R	E	G	U	X	S	P	I	D
C	K	P	W	S	J	A	A	N	S	A	Z	S	W	L
I	O	K	H	P	W	V	N	P	U	Z	C	Z	W	O
Z	Y	R	C	F	Y	Y	S	Q	C	K	H	F	L	T
H	J	K	N	B	E	T	S	H	V	C	Y	M	L	C
C	R	A	N	B	E	R	R	Y	S	A	U	C	E	I
O	E	V	W	Y	R	T	U	S	K	R	C	N	Q	D
L	P	A	O	B	Q	E	T	W	K	R	R	H	C	E
L	R	D	K	J	O	I	A	J	H	O	C	O	W	R
W	T	T	L	H	U	A	U	D	C	T	E	Y	L	T
K	T	Z	U	C	K	Q	K	R	A	S	A	L	A	D
O	U	U	S	D	H	S	T	U	F	F	I	N	G	J
B	Z	I	D	H	X	H	W	I	U	M	D	A	C	T
Y	B	G	G	U	Y	H	O	Y	Y	N	L	S	J	G

APPLE PIE
BISCUITS
CARROTS
CIDER
CORN

CORN BREAD
CRANBERRY SAUCE

GRAVY
GREEN BEANS
HAM

MASHED POTATOES
OLIVES
PECAN PIE

PUMPKIN PIE
SALAD
SQUASH
STUFFING
TURDUCKEN
TURKEY
YAMS

