



Bringing independence to living and quality to life

Regency on Whidbey's 6th Annual Rock-a-Thon to End Alzheimer's

On Friday, August 29th Regency on Whidbey held it's annual Rock-a-Thon to End Alzheimer's. Every year, Habitat for Humanity graciously loans us as many rocking chairs as possible and our Residents and Staff are challenged to keep those chairs rocking all day long. The event has grown every year since we began in 2019, with just five rocking chairs in our lobby. It is now a community event. While some Staff rock, others hit the streets collecting donations "fill-the-boot style". Community leaders join us in the effort, signing-up to rock and often making generous donations, we even had a few American Heritage Girls stop by to volunteer. This year, we added QR Codes to our signage, which helped increase donations and community involvement. We also worked with Whidbey Yard Cards to increase visibility on the street. While the weather was a bit gloomy, spirits were kept high with music and announcements provided by local DJ Moose Moran. In the afternoon, the sun made an appearance, as did Chilly Willy's Ice Cream Truck. Regency treated Staff, Residents, and Volunteers to a sweet treat as we made the final push to the end of the day.

In total, we raised over \$5,500 for the Alzheimer's Association, crushing our goal of \$5,000! Thank you to all who participated, donated, and drove by with honks of encouragement!!!

October
2025



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Anelyn Ronquillo LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Bonnie Patterson
Business Office Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Shawwna Hodges
MC Life Enrichment Director

Annette Krugel
Dietary Manager

Rebecca Letendre
Payroll/HR Director

Jeff Lujan
Maintenance Director

Rizaleen "Riza" Tito
MC Resident Care Coordinator

Amanda Nash
AL Resident Care Coordinator



Residents

- **Tom Smith—10/1**
- **Janet Bondelid—10/3**
- **Barb Kvale—10/3**
- **Shelley Nuss—10/6**
- **Virginia Mansour—10/7**
- **Aletha Martin—10/7**
- **Mavis Mitten—10/12**
- **Anne Colligan—10/14**
- **Paul Hackett—10/19**
- **Peter Pellegrini—10/19**
- **Michael Benway—10/27**



Staff

- **Teri Mendiola—10/5**
- **Olivia Umaguing—10/7**
- **Jahira Quintero—10/7**
- **Jada Ramsauer—10/8**
- **Jo Caylor—10/9**
- **Amber Griffin—10/12**
- **Natasha Hilliard—10/22**
- **Lea Bolosan—10/31**



**Are available on
Tuesdays & Thursdays
by appointment ONLY
11:00am—3:00pm**



Parking Reminder

**The Front Memory Care
parking area should only be
used by those visiting
Memory Care.**

**Assisted Living visitors
should utilize the parking
beside and behind the
Assisted Living Building.**

**Daytime Staff should use
the lot behind
Memory Care and the
Assisted Living parking
(only from the dumpster back)**

**Street parking is also
available, however, please
adhere to the applicable
signage for each area.**

**Thank you for your
cooperation!!!**



Door Hours

**Regency on Whidbey's
Front door is
unlocked from**

**8:30am—5:00pm
Daily**

**Please schedule visits
appropriately.**

**If you will be visiting
or returning to the
building after 5:00pm,
please contact the front
desk for the door code.**

Thank you!!





Employee Holiday Fund

As the holidays approach, many Residents and family members look for ways to show their appreciation to the Staff here at Regency on Whidbey.

However, employees are not permitted to accept gifts or money.

Instead, we have an Employee Holiday Fund where all monies given are distributed to all of our employees to show your gratitude.

If you wish, contributions to this fund can be given to the front desk or the business office.

Thank you for your generosity!!

**Please make checks payable to:
Regency on Whidbey**

**Include on the Memo Line:
Employee Holiday Fund**

Thank you!



Regency's Beauty Salons Jennifer Stinson

Memory Care
Thursday 9:00-1:00

Assisted Living
Thursday 1:00-5:00

**Schedule an appointment
by calling...**

564-209-8212

YOU SHOULD KNOW

While we focus on our Employee Fund during the Holidays, even referring to it as a "Holiday Fund", it is really so much more! Every year, some moneys are reserved for other Employee benefits.

On their Birthdays and work Anniversaries, Staff receive a card with a monetary gift from you, the Residents.

We also use Fund money to order pizza or other snacks for Staff.

Managers can use the Fund to take Staff to lunch or dinner as a thank you for their hard work.

Most importantly, the Fund is used as an Emergency Fund for Employees. If a Staff member has an unexpected financial expense or an emergency, they can request a loan from the Fund to cover that cost.



It is very important that you sign-out when leaving the building and remember to sign-in upon your return. Why? Residents are monitored throughout the day, particularly at meal time. If caregivers cannot find you, the search is broadened. Staff will begin to check other areas of the building and the surrounding area. If you are still not found, Staff will get in their private vehicles and drive out into the community looking for you. As this is happening, Nursing Staff will begin to reach-out to your family members, and if they are not available, the police will be contacted to issue a "Silver Alert."

If you simply do your part, it will save our Staff and local law enforcement a lot of effort.



**Thursday,
October 9th
2:00pm-3:00pm
Dementia Support
Group**



**Thursday,
October 30th
at 7:30pm
Regency Buy-Out of
Blithe Spirit
at Whidbey Playhouse
to benefit the
Alzheimer's Association
Call Regency for details
360-279-0933**

**Friday,
October 31st
3:00pm-5:00pm
Regency Trick-or-Treat**



**Monday,
November 10th
at 12:30pm
Regency's Veterans Day
Ceremony**

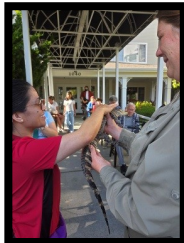
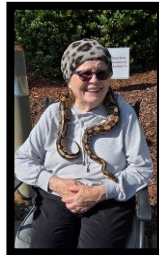


National Assisted Living Week

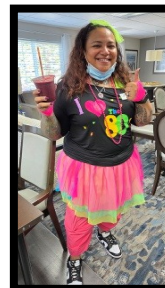
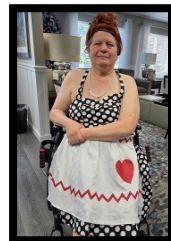
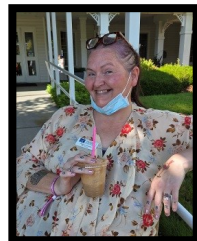
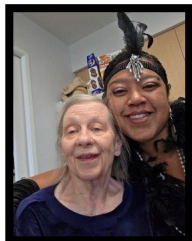
Ageless Adventure Photo Shoot



Crazy Hat Day & The Reptile Lady



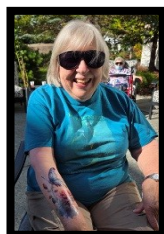
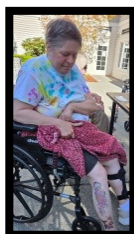
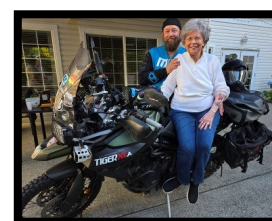
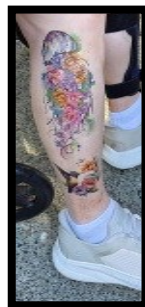
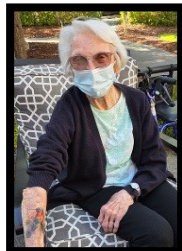
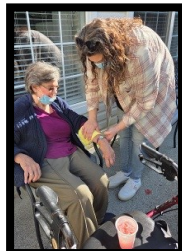
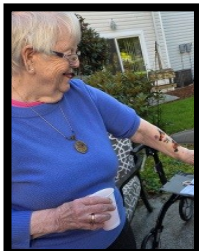
Decades Day & Bearly Awake Coffee



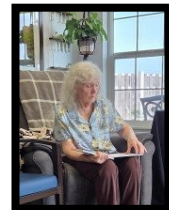
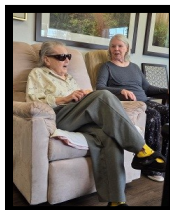
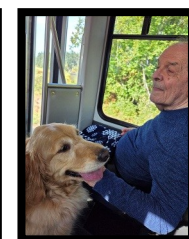
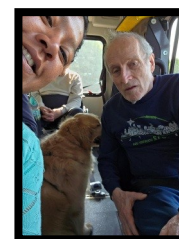
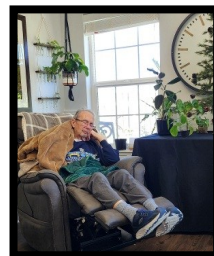
Red, White, & Blue Day & Axe Throwing & Duck Hunt



Bikes, Booze, & Tattoos



♥♥♥ Memory Care Moments ♥♥♥





Bringing independence to living and quality to life

1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933



Regency on Whidbey
Trick-or-Treat
Friday, October 31st
3:00pm — 5:00pm