

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 O Lunch Outing - Garden Center 1:30 L Love on a Leash - Therapy Dogs Visit 3:00 A Paint and Sip Halloween Edition 6:30 A Evening Movie	2 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional with Friends 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	3 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 A Craft Club 3:30 D Happy Hour with Phil L. ♪ 6:30 A Evening Movie	4 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:15 O Memory Care Outing - Donut Pantry 11:00 LB Puzzle Pickup 1:00 LB Self-Guided Wii Bowling 2:30 D SDA Music Especial 3:30 A BINGO! 6:30 A Evening Movie
5 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 3:00 L Board Game: Rummikub 6:30 A Evening Movie	6 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Resident Council Meeting 1:00 O Shopping Outing - Walmart 3:30 A Game - Horse Racing 6:30 A Evening Movie	7 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 C Gardening Club 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:30 A Evening Movie	8 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Bates Nut Farm! 11:00 LB Puzzle Pickup 3:00 A Spanish 101 with Joe/Jose 6:30 A Evening Movie	9 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional with Friends 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	10 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 A Spooky Matinee Movie 3:30 D Happy Hour with Byrne & Harriet N. ♪ 6:30 A Evening Movie	11 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:15 O Shopping Outing - Trader Joe's - Temecula 11:00 LB Puzzle Pickup 1:00 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:30 A Evening Movie
12 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 2:00 D Recital by: Natasha and Friends. 3:30 L Board Game: Rummikub 6:30 A Evening Movie	13 Columbus Day 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping Trips: Dollar Tree, Grocery Outlet, & Bank of America 1:30 AO Newsletter Submissions Deadline 3:30 A Halloween Feud 6:30 A Evening Movie	14 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 LB Puzzle Pickup 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:30 A Evening Movie	15 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:30 O Men's Lunch Outing - Trupianos Italian Bistro 1:30 CS Country Store Shopping 3:00 A Paint and Sip 6:30 A Evening Movie	16 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional with Friends 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	17 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 A Craft Club - Cute Orange Garland 3:30 D Happy Hour with Dan D. ♪ 6:30 A Evening Movie	18 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:15 O Memory Care Scenic Drive 11:00 LB Puzzle Pickup 1:00 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:30 A Evening Movie
19 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 3:00 L Board Game: Rummikub 6:30 A Evening Movie	20 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Food Committee 1:00 O Shopping Outing - Costco - Temecula 3:30 A Armchair Travels - Destination: California! 6:30 A Evening Movie	21 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 C Gardening Club 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:30 A Evening Movie	22 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 O Women's Lunch Outing - Rainbow Oaks 1:30 CS Country Store Shopping 3:00 A I spy Orange! - Scavenger Hunt 6:30 A Evening Movie	23 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional with Friends 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	24 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 A Cooking Club - Spook-tacular Sweets 3:30 D Happy Hour with Ron E. ♪ 6:30 A Evening Movie	25 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:15 O Memory Care Scenic Drive 11:00 LB Puzzle Pickup 1:00 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:30 A Evening Movie
26 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 3:00 L Board Game: Rummikub 6:30 A Evening Movie	27 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping Outing - Major Market 1:30 A Game - Uno 3:30 A Game: Bean Bag Toss 6:30 A Evening Movie	28 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 LB Puzzle Pickup 12:30 O Freaney and Friends Concert - Fallbrook Public Library 3:30 A Storytelling with Walter 6:30 A Evening Movie	29 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 LB Puzzle Pickup 1:30 A Game - Blackjack 2:00 RA Annual Community Trick or Treat Event! 5:30 D Howl-O-Ween Karaoke Night! 6:30 A Evening Movie	30 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional with Friends 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	31 Halloween 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 12:15 PD Monthly Birthday Lunch 1:30 A Spooky Matinee Movie 3:30 D Happy Hour with Mathew ♪ 6:30 A Evening Movie	