



Celebrating

- 10 – 5 Barbara B
- 10 – 5 Phil S
- 10-29 Therese S
- 10 – 31 Sharon C

SEPTEMBER HIGHLIGHTS

GRANDPARENT'S DAY



JEAN'S 99TH BIRTHDAY CELEBRATION



ST. JOHN'S ARMENIAN CHURCH OPEN HOUSE



OKTOBERFEST CELEBRATION



\$3,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

TWELVE OAKS CONNECT

OCTOBER 2025



Redefining Retirement Living

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Ahhh, Autumn...that time of year when the smells of warm donuts, cider and pumpkin spice fill the air. If you haven't had your fill of cider and donuts yet, there will be a few more opportunities lined up for this month.

Fall also brings us the sounds of leaves crunching beneath our feet and fans cheering on their favorite football teams. Our **NFL football pool** is going strong. If you would like to join in the fun, simply grab a sheet located outside Nana's Place and return it to Stefanie or the Concierge by Thursday afternoon.

As in past years, we will kick off our month with **Active Aging Week**. This event allows us to showcase the wide variety of programming that we provide to keep our residents active and healthy in mind, body and soul. This week also includes a few other "special" additions to our line up like "Crafts with Emma", "Ballroom Dance Lessons", "Tai Ji exercise", "AL vs IL Balloon Volleyball Challenge" and a new musical program put on by a few Novi High School students, "Strings of Hope" to help invigorate us. For those residents who participate in any activity this week, you will receive a raffle ticket for a chance to win the "Active Aging Gift Basket". So, the more you participate the better your odds.

So, even though the fall days are getting shorter, we are filling them up with something for everyone!

COMMUNITY MANAGEMENT

- Joe Whitney
Executive Director
- Deanna Hite
Business Office Manager
- Artie Romualdo
Environmental Services Mgr
- Jacob Chamberlain
Culinary Services Manager
- Melisa Burnham
Independent Living Manager
- Stefanie Roland-Jones
Life Enrichment Manager
- Heather Laskos
Marketing Manager
- Casey Hess
Marketing Manager
- Robert Davis
Resident Care Manager
- Tynesia Cobb
Wellness Coordinator
- Priyanka Ghelani
Wellness Coordinator

ASSOCIATE SPOTLIGHT- BARBIE MEISKE

Barbie Mieske is our fun-loving Assisted Living Life Enrichment Assistant. She has worked at WTO for a little over a year. She got into the LE Field through a friend that said she would be a great at it, and it sounded like fun. Andrea, who is the IL Life Enrichment Assistant let her know about the opening at WTO and Barbie was ready for a change. Prior to working at WTO, Barbie worked in Memory Care at Cranberry Park. Barbie also worked for 10 years for JH Bennett, a hydraulic and pneumatic supplier to the automotive industry.

Barbie grew up in Plymouth and moved to Saginaw, where she met her husband. They moved back to the area and live in New Hudson. She has a daughter that is turning 26 this month. She is Barbie's pride and joy.

When she has free-time Barbie enjoys golfing, gardening, cooking and going to country music festivals like Faster Horses.

We look forward to Barbie's great energy and light to continue to shine on our residents for many years. She looks forward to a lot more laughter as the residents continuing to keep her on her toes.



SEPTEMBER HIGHLIGHTS

4

What a wonderful day we had to celebrate **Grandparents' Day**. It was filled with Classic Cars, Music, Ice Cream and of course Family!

17

We had a gorgeous day for our visit to the **Tipping Point Theatre** for *"The Shark is Broken"* performance.



22

We had lots of hands helping to make the delicious *Rosh Hashana Honey Apple Cake* during this month's **"In the Kitchen"** program.

29

We had a full house for our **Rosh Hashanah & Yom Kippur Celebration** as Leah and the school girls taught us about these Jewish Holidays.



FOREVER FIT – MAKING THE CHANGE

If nothing else we are creatures of habit. The schedules and routines that we've developed over the years help us to be effective, efficient and comfortable. Sometimes however, in order to see the improvements we need we have to make that awkward step outside our comfort zone. As fragile as our bodies can be they are equally resilient and adapt to the stresses we place upon it. By failing to regularly add new stimuli, we often find ourself making little to no progress. If you find yourself at a bit of a plateau it may the perfect time to try a new or more challenging exercise. Remember exercise should never be painful, rather taxing enough to test your ability so you can make the small incremental steps to a stronger healthier version of you.

TRANSPORTATION INFORMATION

Join us this month as we venture out to ...

- October 1

Afternoon at Plymouth Orchard & Cider Mill
- October 8

Red Lobster Luncheon
- October 15

Dine & Discover: "Mayflower" Program at the Costick Center
- October 22

"Hell & Back for Lunch" (Trip to Hell, MI for lunch at the Hell Saloon)
- October 29

Afternoon in Northville – includes stop at Parmenter's for Cider & Donuts

Remember to sign up in the White Book out front of Nana's Place to reserve your seat

OCTOBER SPECIAL EVENTS

1

Join us today for our **Travelogue Ed Program** as we explore *"Autumn in Northern Michigan"*

6-10

Active Aging Week! A week filled with a variety of programming to keep you active. Something for everyone!

27

Join us for a *Special Musical Presentation* performed by the **Detroit Opera Singers!**

31

Happy Halloween! Join us for a full day of themed programming: *Ed Program- "Remembering Halloween Costumes", Edgar Allen Poe Short Stories, G-H-O-S-T bingo*



OCTOBER 9TH

FOR THOSE WHO SIGNED UP

EXECUTIVE DIRECTOR CORNER – Joe Whitney

October is the month which brings us Halloween. I did some research on the internet to find the history of Halloween so I thought I would share...Halloween originated from the ancient Celtic festival of Samhain, which marked the end of the harvest and the start of winter. A time believed to be when the spirits of the dead returned to Earth. To ward off evil spirits, people lit bonfires and wore costumes, traditions that evolved with the incorporation of Christian holidays like All Saint's Day and All Soul's Day into the calendar. In the US, Halloween became a more community-focused and secular holiday with trick-or-treating and costumes as popular traditions and is now celebrated widely in the modern era.