

September Recap



Celebrating

- John M. 10/2
- Ruth H. 10/4
- Ann H. 10/6
- Sharon N. 10/8
- Kathy G. 10/14
- Louise B. 10/13 (104th)
- Kathy M. 10/14
- Don D. 10/15
- Mel W. 10/16
- Don M. 10/19
- Jean F. 10/20
- George M. 10/20
- Elizabeth P. 10/24
- Gerald S. 10/30
- Carol C. 10/30

Wishing you all a wonderful birthday!!



Twelve Oaks Connect

OCTOBER 2025

27475 Huron Circle, Novi, MI 48377
www.waltonwood.com | 248-735-1500
Facebook: /WaltonwoodTwelveOaks



Family Night

Thursday | October 16th, 2025

6:00pm-7:00pm

Join us as we welcome representatives from Oakland Helping Hands, Oakland Home Care & Behavioral Care Solutions and learn about the services & support they can provide residents

We will also be playing “Who Am I” while enjoying fall treats!

Seating is limited!

RSVP by 10/13/2025

248-735-1500



COMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Hite
Business Office Manager

Jacob Chamberlain
Culinary Services Manager

Heather Laskos
Marketing Manager

Casey Hess
Marketing Manager

Priyanka Ghelani
Wellness Coordinator

Tynesha Cobb
Wellness Coordinator

Basma Jirjis
Life Enrichment Manager (IL)

Alecia Greenberg
Life Enrichment Manager (MC)

Stefanie Jones
Life Enrichment Manager (AL)

Rob Davis
Resident Services Manager

Melisa Burnham
Independent Living Manager

\$3,500 RESIDENT REFERRAL BONUS
Limited Time Only!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM

Barbie Mieske is our fun-loving Assisted Living Life Enrichment Assistant. She has worked at WTO for a little over a year. She got into the LE Field through a friend that said she would be a great at it, and it sounded like fun. Andrea, who is the IL Life Enrichment Assistant let her know about the opening at WTO and Barbie was ready for a change. Prior to working at WTO, Barbie worked in the MC at Cranberry Park. Barbie also worked for 10 years for JH Bennett, a hydraulic and pneumatic supplier to the automotive industry.

Barbie grew up in Plymouth and moved to Saginaw, where she met her husband. They moved back to the area and live in New Hudson. She has a daughter that is turning 26 this month, she is Barbie’s pride and joy.

When she has free-time Barbie enjoys golfing, gardening, cooking and going to country music festivals like Faster Horses.

We look forward to Barbie’s great energy and light to continue to shine on our residents for many years. She looks forward to a lot more laughter and the residents continuing to keep her on her toes.



Please keep in mind that all scheduled activities are subject to change depending on the current situation. Things may be added or removed. Please look for updates on the screen and on the white board by the dining room.



The outings that will continue to occur using the Cadillac:

Kroger | Mondays | 9:15

Holy Family Church | 2 Tuesdays of the month

Medical appointments on Thursdays

- You must sign up in the book
- Medical appointments, please fill out a sheet and give it to Basma

-We will be attending 9:00am mass at Holy Family church. 2 Tuesdays of the month

-Eucharistic Service by Shirley will be every Wednesday at 12:00pm in the fireplace lounge.



We have transportation for medical appointments on Thursdays only!

Requests are required at least 2 weeks in advance and are scheduled based on availability. Please keep in mind that we may be up to 15 minutes early or late depending on traffic and other resident appointments.

SEPTEMBER HIGHLIGHTS

09

National Teddy Bear Day

Residents enjoyed learning about teddy bears & checking out Donnas collection

18

Bake Sale

In honor of World Alzheimer’s day, Our Waltonwood kindness council were able to raise around \$1300 towards the ALZ Association

26

Apple Charlies Orchards

It’s that time of year again!

29

National Coffee Day

It was a lovely day for a cup of coffee & croissant on the gazebo



FOREVER FIT/WELLNESS

Making the Change

If nothing else we are creatures of habit. The schedules and routines that we’ve developed over the years help us to be effective, efficient and comfortable. Sometimes however, in order to see the improvements we need we have to make that awkward step outside our comfort zone. As fragile as our bodies can be they are equally resilient and adapt to the stresses we place upon it. By failing to regularly add new stimuli, we often find ourself making little to no progress. If you find yourself at a bit of a plateau it may the perfect time to try a new or more challenging exercise. Remember exercise should never be painful, rather taxing enough to test your ability so you can make the small incremental steps to a stronger healthier version of you.

OCTOBER SPECIAL EVENTS

07

Active Aging Week

We will be making a healthy berry yogurt parfait & learning about its benefits

09

Active Aging Week

Our residents will be challenged in a game of balloon volleyball against our Assisted Living friends

14

Pumkin Painting

It’s Pumpkin season- which means a pumpkin painting contest!

28

Ghostly Gathering

Halloween is the one time a year you can be whoever you want



EXECUTIVE DIRECTOR CORNER

October is the month which brings us Halloween. I did some research on the Internet to find the history of Halloween so I thought I would share.....Halloween originated from the ancient Celtic festival of Samhain, which marked the end of the harvest and the start of winter, a time believed to be when the spirits of the dead returned to Earth. To ward off evil spirits, people lit bonfires and wore costumes, traditions that evolved with the incorporation of Christian holidays like All Saints' Day and All Souls' Day into the calendar. In the United States, Halloween became a more community-focused and secular holiday, with trick-or-treating and costumes as popular traditions, and is now celebrated widely in the modern era

- Joe Whitney