

RESIDENT BIRTHDAY'S

Bill A. 10/5

James M. 10/9

Active Aging Week Begins!

October 6th- October 10th

Our motto this year for our annual Active Aging Week is "Active Living & Connected Lives- Where Neighbors Become Friends". This week will be full of fun interactive programs that will give us a chance to meet new friends or see familiar faces from each community here at Waltonwood. These events will also give us all the opportunities to visit each of our 3 communities here (Independent Living, Assisted Living and Memory Care) as each day we will be moving locations of where these events will be held! Listed below are all the different Active Aging Events available to participate in this week as well as which community they will be located in! Any events below that you or a friend here are interested in partaking in or have questions about, please let Becca know and she will make sure to come find you and direct you to where it is being held! See you there!

Monday October 6th:

2:00pm- Speed Friending (location IL dining room)

Tuesday October 7th:

1:30pm- Fall Color Walk (location AL front entrance)

Wednesday October 8th:

1:30pm- Community Trivia (location AL dining room) 3:00pm- Balloon Volleyball (location AL dining room)

Thursday October 9th:

2:00pm- Tea Party (location MC dining room)

Friday October 10th:

1:30pm- Ice Cream Social (location IL dining room)

2:00pm- Entertainment: Double Play- Tuba & Flute (location IL dining room)

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

OCTOBER 2025



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SEPTEMBER OUTING OPPORTUNITIES

Please sign up with Becca for all outings!

October 2nd 1:30PM Three Cedars Cider Mill

To continue the fall season, we are going to visit three cedars cider mill! Come join us to enjoy the fall weather and grab some donuts and cider while we visit!

Cost: Depending on purchase per person

October 8th 1:00PM Dementia Friendly Movie

Come join us to see the movie "Arsenic and Old Lace" at Emagine Theaters! Limited spots available as this is a community outing where all 3 of our communities will be invited to join!

Cost: none

October 16th 2:00PM Baba Mary's Pumpkin Patch

We're heading over to Kensington petting farm to see the animals there and enjoy the nice weather and scenery! Please join us for a fun interactive outing outside with the farm animals!

Cost: Depending on purchase per person

October 23rd 12:00PM Lunch at IHOP

Today were grabbing some breakfast for lunch at IHop! We would love for you to join us for some delicious pancakes!!

Cost: Depending on purchase per person

October 28th 1:30PM Downtown Plymouth Scarecrow walk

Come join us to stroll around downtown Plymouth and see all the different scarecrows people have made there! Enjoy the fresh air, exercise, and the scenery as we continue on into our fall season!

Cost: none



COMMUNITY MANAGEMENT

Angie Hanson
Executive Director

Lanor Jablonski Business Office Manager

Joel Vassallo Culinary Services Manager

Alexander Lillie
Environmental Services
Manager

Krystal Sidibe
Independent Living Manager

Logan Winton
IL Life Enrichment Manager

Rebecca Wilson
AL Life Enrichment Manager

Mallory Bryant MC Life Enrichment Manager

Renee Ralsky Marketing Manager

Caneca Pinkston Resident Care Manager

AL Wellness Coordinator

Tumeka May
MC Wellness Coordinator

ASSOCIATE SPOTLIGHT

AL/MC Associate of the Month **BRIFNA**

This month we're so thrilled to announce Briena, our housekeeping supervisor, as our associate of the month! Briena ensures our community is not only spotless but also welcoming and comfortable for anyone who walks through the doors. Her attention to detail, positive attitude and willingness to go above and beyond make her an incredible leader and team player. Briena, we are so grateful for the care and pride you put into you work each day. Thank you for all you do, you are very appreciated!



SEPTEMBER PICTURE HIGHLIGHTS











FOREVER FIT: MAKING THE CHANGE

If nothing else we are creatures of habit. The schedules and routines that we've developed over the years help us to be effective, efficient and comfortable. Sometimes however, in order to see the improvements, we need we have to make that awkward step outside our comfort zone. As fragile as our bodies can be they are equally resilient and adapt to the stresses we place upon it. By failing to regularly add new stimuli, we often find ourself making little to no progress. If you find yourself at a bit of a plateau it may the perfect time to try a new or more challenging exercise. Remember exercise should never be painful, rather taxing enough to test your ability so you can make the small incremental steps to a stronger healthier version of you.

LIFE ENRICHMENT CORNER:

Hi everyone and Happy October!

We're very excited for our Active Aging week coming up the week of the 6th-10th and all the events we have planned for each day, to see all the communities here interact and connect with one another (see back page for more details on events). We also have a few fun entertainers coming in this month to perform as well a few Family days and more fun socials we are excited for too! Tis the season for fun fall activities and more opportunities to create new and fun memories together!

If there are any other activities, events, crafts, outings or anything you'd like to see in the future or next month, please let Becca know and she will try to schedule what you want to see on your upcoming calendars! Hope you have a great month!!

Please check your October Life Enrichment Calendar for all other current scheduled events!! Thank you!

SPECIAL EVENTS THIS MONTH:

Men's Luncheon! This

one is for you gentlemen! Join us to celebrate national beer and pizza day with a Men's Luncheon in the AL activity room at 12pm!

22 Magician John Russel! 24 Family Day Tailgate!

magic show put on by John Russel! He will be in our dining room at 2pm, you won't want to miss it!

14 Balancing Earth show!

We are having some fun entertainment put on by the duo Balancing Earth! They will be performing a "spooky" show in our dining room at 2pm!

Come and join us for a fun filled It's that time of year again, the big Michigan Vs Michigan State Football game is here! We will be having a fun tailgate at 1:30pm in IL, bring your families too!









EXECUTIVE DIRECTOR CORNER

Happy autumn season to all of our residents, friends and family at Waltonwood Cherry Hill. I am happy to announce that our very own Memory Care Life Enrichment Manager Mallory Bryant was one of this year's 2025 Gerry Baker Hero of Health Care Award recipients. Mallory was presented this award at an honorary lunch for individuals who go over and beyond to improve residents' lives, always making a positive difference. Proud of you Mallory and honored to have you at Waltonwood. I am continuing to learn all about the Waltonwood Cherry Hill community and look forward to the many celebrations and positive changes to come.



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-Angie Hanson