



HAPPY BIRTHDAY

October Birthdays:

Ray F.	10/1
Karen S.	10/1
David H.	10/4
Betty F.	10/5
Edna D.	10/10
Jim S.	10/11
Ralph R.	10/14
Sandy P.	10/18
Laura C.	10/20
Floyd W.	10/20
Marcy B.	10/22
Jim A.	10/25
Pat B.	10/30



FRIENDS & FAMILY REFERRAL PROGRAM!

COMMUNITY MEETINGS

- Resident Council Meeting October 15th @ 2:00pm (CR)
- Any suggestions, comments, concerns, or positive feedback can be placed in the suggestion box in the Post Office for Resident Council. These are read monthly at the council meetings.
- Food Meeting: October 28th @ 2:00pm
- Town Hall: October 28th @ 2:30pm (DR)

OUTING OPPORTUNITIES

Recurring Outings:

Sundays 9:30am - St. Thomas a’ Becket Catholic Church
Please note that there is not transport to church on October 19th.

Wednesdays 9:30am - Meijer or Kroger Shopping
Please note that the Kroger outing on October 29th has been canceled due to another scheduled outing.

Special Trips:

October 1st 12:30pm: Plymouth Orchard and Cider Mill (Sign up in the Post Office) Please make sure to eat prior as lunch will not be provided.

October 8th 1:00pm: Dementia Friendly Movie and Emagine Theater “Arsenic and Old Lace” (Sign up at the Front Desk) Spaces are limited.

October 15th 1:00pm: Kohls Shopping (Sign up in the Post Office)

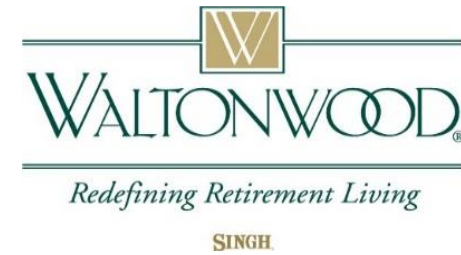
October 22nd 12:30pm: Downtown Plymouth Scarecrow Walk (Sign up in the Post Office)

October 29th 9:30am: French Toast Bistro (Sign up in the Post Office)

If there are any questions or recommendations for outings, please contact Logan at Logan.Winton@singhmail.com .

CHERRY HILL CONNECT

OCTOBER 2025



LIFE ENRICHMENT CORNER

Men’s Group – Beer Tasting

Calling all men! Please join us on the second floor in the Billiards room on October 14th at 12:30pm for an afternoon of Beer Tasting and Sliders! Sign up is not required and we look forward to seeing you all there!

Group Opportunities with Maggie:

Maggie is our Oakland Hospice Bereavement Coordinator and Music Therapist! She spreads joy and comfort through her many programs she offers each month! Please see your calendar for more information and locations.

Grief Support Group- October 6th at 2:30pm

Music Therapy- October 13th at 2:30pm

Open Office Hours: October 20th at 2:30pm

Ladies Choice: Calling all ladies! We are excited to be revamping our already amazing ladies club! On October 6th at 1:00pm in the 3rd Floor Library we will be meeting for an open discussion on Halloween Activities. This will also feature delicious coffee and tea. This is an opportunity for ladies to come together and enjoy each other’s stories and knowledge! Sign up in not required and we hope to see you there!

Bible Readings with Steve: Many of you may know Steve through our Art for All Ages classes, but this month he will also be visiting for a Bible Study Class. With over 30 years of Bible study experience, Steve has led many Bible Seminars in multiple states and currently leads classes with his local Church in Livonia. Readings are done with enthusiasm, compassion and grace! These classes are taking place at 10am in the Reflections Room on Tuesday, October 7th and 21st.

Haunted Hallway Walk: On October 30th at 2pm be ready to wander through our haunted hallway! Face your fears and if you make it through enjoy a special prize! See you there!

Photo Day Part 2: If you were not able to attend last month’s photo day, this is your opportunity to sign up in the Post Office to have your photo taken to be printed and framed for your ledge! We look forward to seeing you in the front lobby at your allotted time on October 22nd.

-Life Enrichment Department

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COMMUNITY MANAGEMENT

Angie Hanson
Executive Director

Lanor Jablonski
Business Office Manager

Joel Vassallo
Culinary Services Manager

Alex Lillie
Environmental Services
Manager

Krystal Sidibe
Independent Living
Manager

Logan Winton
Independent Living Life
Enrichment Manager

Rebecca Wilson
Assisted Living
Life Enrichment Manager

Mallory Bryant
Memory Care
Life Enrichment Manager

Renee Ralsky
Marketing Manager

Caneca Pinkston
Resident Care Manager

Tumeka Mays
Memory Care Wellness
Coordinator

Assisted Living Wellness
Coordinator

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT

Congratulations Leen! Leen is one of our amazing servers. She works tirelessly to make sure that our residents receive top service while dining. She goes above any beyond and is always lending a helping hand to those who need it. We are blessed to have her as a part of our team and honored to name her as our October Associate of the Month!



SEPTEMBER MONTHLY HIGHLIGHTS

12th
We had so much fun celebrating all that Assisted Living Week had to offer! We hope that you all had a blast and enjoyed our week of travel! We are looking forward to celebrating with you all next year.

19th
We hope everyone enjoyed our afternoon of line dancing fun with the Westside Silver Star Steppers. With delicious Pecan Pie and yummy Rum and Coke, it could not have been more fun! Special Shout out to Bard and Ralph who are members of this awesome group!

FOREVER FIT: Making the Change

If nothing else we are creatures of habit. The schedules and routines that we’ve developed over the years help us to be effective, efficient and comfortable. Sometimes however, in order to see the improvements we need we have to make that awkward step outside our comfort zone. As fragile as our bodies can be they are equally resilient and adapt to the stresses we place upon it. By failing to regularly add new stimuli, we often find ourself making little to no progress. If you find yourself at a bit of a plateau it may the perfect time to try a new or more challenging exercise. Remember exercise should never be painful, rather taxing enough to test your ability so you can make the small incremental steps to a stronger healthier version of you.

- Chris Grabowski, MS | Senior Forever Fitness Manager

What to expect in Independent Living and Assisted Living.

Explore the difference in care support for IL and AL and when to consider a move.

Understanding the difference in independent living and assisted living is essential to ensure that you are receiving the best care and support with consistency from your care team. Join this seminar to learn about the differences in IL and AL and how we can support you in your journey.

JOIN US!

October 23rd, 2025
3:30 - 4:30 p.m.

See Life Enrichment Manager for community watch location and a virtual link listed below.

Presented by:
Richard Mabe
*Regional Director of Resident Care
Waltonwood Communities.*

Virtual Meeting Link:
October 23rd 3:30-4:30pm
<https://meet.goto.com/richardmabe/whattoexpectinilandal>

This is a free seminar for residents and families to attend.

OAKLAND[™] HEALTH

WALTONWOOD
Redefining Retirement Living

Encore Geriatrics

ABOUT YOUR SPONSORS:

Waltonwood
A family-owned brand founded in 1987, Waltonwood communities allow seniors to enjoy a carefree lifestyle with personal services tailored to meet their needs and exceed their expectations. With well-appointed Independent Living, Assisted Living, and Memory Care options, we emphasize life-enriching programs and a warm, supportive atmosphere that encourages resident independence.

Oakland Health
With a strong history of excellence in an array of health care services, Oakland Health provides hospice, outpatient therapy, and private duty caregivers to seniors in private homes and communities.

Encore Geriatrics
With a Mission to help improve the quality of seniors lives across the continuum by providing patient-centered care, Encore Geriatrics offers comprehensive care to individuals living in rehabilitation and longterm care facilities. Services include everything from home blood tests and online diagnostics to prescription delivery.

TRANSPORTATION INFORMATION

Transportation requests for personal needs must be received a minimum of 48 hours ahead of time. Please see the front desk receptionist to make your request. A driver will follow up to confirm if your request can be accommodated. If you do not hear back from one of our drivers, please follow up to ensure your request has been approved. There will be an additional charge for anything over 10 miles. Independent Living has priority over transports on Mondays, Wednesdays, and Fridays. Memory Care and Assisted Living have priority over transports on Tuesdays and Thursdays.

Active Aging Week

From October 6th - October 10th we are celebrating Active Aging Week! Our theme this year is Active Living & Connected Lives-Where Neighbors Become Friends. Each day we will be focused on creating new relationships with those in the community as well as fostering friendships with those around us. Please see your calendar for further information on themed events! We are so excited to celebrate with you! Please sign up in the Post Office for these listed events.

Monday: Speed Friending- 2pm in the Dining Room: make new friends in our version of “speed dating”

Tuesday: Fall Color Walk- 2pm around the Community- enjoy the fall colors and a fun walk with friends

Wednesday: Community Trivia- 1:30pm in AL Dining Room- test your knowledge on a variety of topics

Ballon Volleyball Tournament: 3pm in the AL Dining Room- Battle it out with friends in a fun game

Thursday: Tea Party- 2pm in Memory Care Dining Room- enjoy a piping cup of tea with friends

Friday: Finale Ice Cream Social at 1:30pm with Live Entertainment to Follow at 2pm in the Dining Room

OCTOBER SPECIAL EVENTS

Saturdays at 2:00pm
Bible Study with John:

Join us in the Reflections Room for a bible study hosted by John Scherdt. If you are looking for an opportunity to discuss scripture, learn and enjoy the company of those around you, this is the place to be! We look forward to seeing you there!

28th
Join Krystal and Logan in the IL Theater at 11am for a technology support class on basic phone settings. If you are struggling and would like to learn more about how to use the technology in your life, this class is the perfect opportunity to do so! We hope to see you all there!

30th
Join us in the Dining Room to watch a “friendly” competition between department heads to see who the best pumpkin carver is! Be ready to cast your vote and cheer for your favorite!

EXECUTIVE DIRECTOR CORNER

Happy autumn season to all of our residents, friends and family at Waltonwood Cherry Hill. I am happy to announce that our very own Memory Care Life Enrichment Manager Mallory Bryant was one of this year’s 2025 Gerry Baker Hero of Health Care Award recipients. Mallory was presented this award at an honorary lunch for individuals who go over and beyond to improve residents’ lives, always making a positive difference. Proud of you Mallory and honored to have you at Waltonwood. I am continuing to learn all about the Waltonwood Cherry Hill community and look forward to the many celebrations and positive changes to come.

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