



OCTOBER BIRTHDAYS

GENE P. OCT. 28TH

ZODIAC:

Libra – Sept. 23 – Oct. 22

Scorpio – Oct. 23 – Nov. 22

Birthstone- Opal / Topaz

Libra is an air sign represented by the scales, which reflects Libra's fixation on balance and harmony. Libra is obsessed with symmetry and strives to create equilibrium in all areas of life. Ruled by Venus, the planet that governs love, beauty, and money, Libras adore high art, intellectualism, and connoisseurship.

Birthstone – Topaz / Citrine

Scorpio is a water sign known for their intense passion, unwavering determination, and magnetic charisma. They are often perceived as mysterious, but this quality stems from their complex, deeply emotional and often private nature.



FRIENDS & FAMILY
REFERRAL PROGRAM

Welcome Angela Smith to Life Enrichment

Life Enrichment is pleased to announce the addition of Angela Smith to our team as the new Life Enrichment Assistant. Angela brings a diverse range of talents to our department. She has a deep appreciation for the arts and enjoys spending time outdoors. Her interests include solving puzzles, dancing, cooking, acting, and singing. Angela is passionate about working with seniors, which aligns perfectly with our mission. Angela has been a resident of Canton for the past seven years. She is a devoted mother of three children: two daughters, aged 15 and 10, and a son, aged 11. In addition to her role as a parent, Angela also cares for her own parents, proving her commitment to family and caregiving. We are delighted to welcome Angela to our community and feel fortunate to have her join us. Her talents and enthusiasm will be an asset to Life Enrichment.



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they will thank you for it - and then we will thank you for it too! Ask for details!

CARRIAGE PARK CONNECT

OCTOBER 2025



UPCOMING EVENTS

October has arrived in a blaze of autumn colors, bringing crisp air, and a sense of excitement as we prepare for the holiday season ahead! Get ready—this month is packed with lots of activities and memorable experiences for our community. Kicking things off on the 8th, we have our flu vaccine clinic. Protect yourself and your loved ones—register at the front desk and get ready to roll up your sleeves! Also on the 8th, don't miss a special treat: a complimentary community screening of the classic film "Arsenic and Lace," starring the legendary Cary Grant and Priscilla Lane, at Emagine Theatre. Grab some popcorn and enjoy an afternoon of laughter and thrills. On the 9th, put on your dancing shoes and join us at Joy Manor with the Fairlane Ballroom Dance Club for an evening of ballroom dance, and big band music. The festivities continue on the 10th with our spirited Octoberfest celebration! Enjoy the joyful sounds of accordion music performed live by Lucas Stachurski. Sing along, dance, and share some good cheer. Mark your calendar for the 22nd as we head out to Applebee's! Sign up in the TV room to secure your spot on the bus—bring your appetite. On the 27th, the foot doctor returns to take care of your tootsies—sign up at the front desk to ensure you're walking comfortably into the holidays. Then, on the 29th, treat yourself to a sweet escape as we head to Carvel Ice Cream for delicious sundaes. Get ready for a spooktacular finale! On the 30th, join us in welcoming Trick or Treaters as they parade through our halls. And don't miss our grand Halloween Party to close out the month—complete with lively entertainment and an exciting costume contest. Come dressed to impress and celebrate the season with neighbors and friends!



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COMMUNITY MANAGEMENT

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Executive Director

Terry Lobb
Business Office Manager

William Scott
Independent Living Manager

Amanda Boyer
Resident Care Manager

Josh Lamphear
Culinary Manager

Cynthia
Wellness Co-Ordinator

Erin McGraw
Life Enrichment Manager IL

Fran Farrell
Life Enrichment Manager AL

Jonathan VanWicklin
Environmental Service
Manager

Ashley Hall
Marketing Manager

Kenneth McCormack
Marketing Manager

ASSOCIATE OF THE MONTH

Chann Neal – Dining Room Supervisor

Chann has been a valued member of our community for three years. She is dedicated to providing excellent service, is a reliable team player, and effectively manages multiple tasks. We appreciate all she does to keep our dining room running well. Outside of work, Chann enjoys spending time with her son Dakari, camping, and coloring, which brings out the creative side of her.



FOREVER FIT / WELLNESS Chris Grabowski, MS

Making the Change

If nothing else, we are creatures of habit. The schedules and routines that we’ve developed over the years help us to be effective, efficient, and comfortable. Sometimes, however, to see the improvements we need, we have to take that awkward step outside our comfort zone. As fragile as our bodies can be, they are equally resilient and adapt to the stresses we place upon them. By failing to constantly add new stimuli, we often find ourselves making little to no progress. If you find yourself at a bit of a plateau, it may be the perfect time to try a new or more challenging exercise. Remember, exercise should never be painful. Rather taxing enough to test your ability, so you can make the small incremental steps to a stronger, healthier version of you.

National Assisted Living Week

We had an unforgettable week celebrating our amazing staff and residents in the Assisted Living Community with a cruise themed event! From sailing off to Mexico and Hawaii, indulging in spa day of pampering, and experiencing the thrill of casino night, to getting creative with Frieda Kahlo doll crafts and designing colorful Haku head leis—every moment was filled with fun and joy. Huge thanks to Fran and all the managers for turning this week into something truly extraordinary!



Executive Directors Corner

As we welcome October, we also welcome the beauty and traditions that come with the fall season. The cooler air, colorful leaves, and festive activities give us a special opportunity to slow down, enjoy the season, and spend time together as a community. This month, we’ll be embracing the spirit of fall with opportunities to connect, celebrate, and make new memories. From cozy gatherings and seasonal treats to fun events leading up to Halloween, there’s something for everyone to enjoy. We’re grateful for each of you and the special spirit you bring to our community here at Waltonwood Carriage Park.

