



Darlene Smith
10/4

Deana Ceriani
10/6

Vernal Blair
10/6

Allan Levy
10/20

Carolyn Minnick
10/20

Birthday Social
October 23rd
1:30 pm
w/ Jimmy K



FRIENDS & FAMILY REFERRAL PROGRAM!

COMMUNITY LIFE

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CARRIAGE PARK CONNECT



"Autumn whispered to the wind, 'I fall but always rise again.'"

October 6th invite your families for a meet and greet with our new Executive Director, Tabitha Sheriff. 1:30 – 3:30

October 8th Emagine Theater, complimentary movie "Arsenic and Old Lace"



Enjoy Mops preschoolers at your door.
October 30th The fun begins at 10:00 am.
Please no hard candies.

HAPPY HALLOWEEN

Join us 1:30 pm in our dining room for some Halloween fun! Come dressed and win our "best dressed award"



November 1st 1:00 pm Cost \$20.00
Purchase your ticket from Erin



2250 N Canton Center Canton, MI 48187
www.waltonwood.com | 734-844-3060
Facebook: /WaltonwoodCarriagePark

COMMUNITY MANAGEMENT

Tabitha Sheriff
Director

Terry Lobb
Business Office

Josh Lampear
Culinary Services

William Scott
Independent Living

Erin McGraw
Fran Farrell
Life Enrichment

Ashley Hall
Marketing

Amanda Stewart
Resident Care

Charlie Harris
Wellness
Coordinator

EMPLOYEE SPOTLIGHT CHANN NEAL
DINING ROOM SUPERVISOR



Thank you, Chann, for all the work you do keeping our dining room running smoothly. Chann has been with our community for three years; she has one adorable little boy named Dakari. Chann enjoys camping and relaxing by coloring, which brings out the creative side of her. Chann is always willing to go the extra mile to assure great service for our residents. She is great coworker and multitasker!

FLU VACCINE CLINIC



FOREVER FIT/WELLNESS: Making the Change

If nothing else we are creatures of habit. The schedules and routines that we’ve developed over the years help us to be effective, efficient and comfortable. Sometimes however, in order to see the improvements we need we have to make that awkward step outside our comfort zone. As fragile as our bodies can be they are equally resilient and adapt to the stresses we place upon it. By failing to regularly add new stimuli, we often find ourself making little to no progress. If you find yourself at a bit of a plateau it may be the perfect time to try a new or more challenging exercise. Remember exercise should never be painful; rather a taxing enough to test your ability so you can make the small incremental steps to a stronger healthier version of you.

OCTOBER SPECIAL EVENTS: Active Aging Week

Oct. 6-12   **Go, Grow and Get Active!**

07

Ocktober Fest
Entertainment
1:30 pm

09

Billiard Golf; If you
enjoy golf you’ll
enjoy!

Get ready to celebrate your
zest and vitality during
Active Aging Week
beginning on October 7!
This special week was
established in 2003 by the
International Council on
Active Aging, it aims at
encouraging and
celebrating adults over 50
to stay active and live life in
all its fullness.

10

Joans Art Showing:
1:00 pm Library thru
Saturday the 11th

11

Drumming Class

Enjoy



Activities department welcomes Judy Applebaum: She is a Canton resident of 26 years so she knows all the fun things Canton has to offer! She has 3 children and 3 grandchildren and looks forward to getting to know you!

EXECUTIVE DIRECTOR CORNER

As we welcome October, we also welcome the beauty and traditions that come with the fall season. The cooler air, colorful leaves, and festive activities give us a special opportunity to slow down, enjoy the season, and spend time together as a community. This month, we’ll be embracing the spirit of fall with opportunities to connect, celebrate, and make new memories. From cozy gatherings and seasonal treats to fun events leading up to Halloween, there’s something for everyone to enjoy. We’re grateful for each of you and the special spirit you bring to our community here at Waltonwood Carriage Park.~Tabatha