

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			10am- Spanish Language Corner w/ Alexa- B 1:30pm- Bingo w/ Alexa- B 2pm- Walmart Trip-BT 3pm- Bean Bag Baseball- B 5:45pm- Cue the Popcorn!-PD	11am- Communion w/ Michael-PD 1pm- Art w/ Michele-B 1pm- Bible Study- PD 3pm- Happy Hour & Music w/ SannDee- DR 5:45pm- Cue the Popcorn!-PD	10am- Trivia- CR 10am- Body & Balance w/ Vicki-B 10:30am- Dollar Tree/Hobby Lobby Trip-BT 1pm- Pinochle/Bridge- CR 1:30pm- Smiths Trip-BT 2pm- The Store by Residents Open-Front Lobby 3pm- Pumpkin Bowling-Patio 5:45pm- Cue the Popcorn!-PD	10am- Needlework- L 1:30pm- Bingo w/ Diana-B 2:30pm- Rummikub- CR 5:45pm- Cue the Popcorn!-PD
2pm- Needlework-L 5:45pm- Cue the Popcorn!-PD	10am- Trivia- CR 10:30am- Rosary Prayer w/ Michael- PD 1:30pm- Bingo w/ Alexa-B 3pm- Bean Bag Baseball-B 5:45pm- Cue the Popcorn!-PD	10am- Exercise w/ Betty-B 11:30am- Chocolate- Covered Pretzel Crawl-DR 1pm- Pinochle/Bridge- CR 3pm- Happy Hour & Music w/ John Palmore- DR 5:45pm- Cue the Popcorn!-PD	10am- Spanish Language Corner w/ Alexa- B 11:30am- Lunch Action Station w/ Chef Joe-DR 1:30pm- Bingo w/ Alexa- B 3pm- Bean Bag Baseball- B 5:45pm- Cue the Popcorn!-PD	10am- Exercise w/ Betty-B 11am- Communion w/ Michael-PD 1pm- Bible Study- PD 2-4pm- Happy Hour & Music w/ Jacques, Vince & Bobby- DR 3pm- Happy Hour-DR 5:45pm- Cue the Popcorn!-PD	10am- Trivia- CR 10am- Body & Balance w/ Vicki-B 11am- Ease into Technology w/ Alexa-B 1pm- Pinochle/Bridge- CR 1pm- Understanding the Ins & Outs of Dementia w/ Lauren-B 2pm-Spooky Cupcake Decorating- B 5:45pm- Cue the Popcorn!-PD	10am- Needlework- L 1:30pm- Bingo w/ Diana-B 2:30pm- Rummikub- CR 5:45pm- Cue the Popcorn!-PD
8am- Bus to Church-BT 2pm- Needlework- L 5:45pm- Cue the Popcorn!-PD	10am- Trivia- CR 10:30am- Rosary Prayer w/ Michael- PD 1pm- Line Dancing Class-BT 1:30pm- Bingo w/ Alexa-B 3pm- Bean Bag Baseball-B 5:45pm- Cue the Popcorn!-PD	10am- Exercise w/ Betty-B 10:30am- Dollar Tree/ Hobby Lobby Trip-BT 1pm- Pinochle/Bridge-CR 1:30pm- Mind Over Age: Tips for Staying Sharp w/ Comprehensive Home Health Solutions-DR 1:30pm- The Store by Residents Open-Front Lobby 1:30pm- Smiths Trip-BT 3pm- Happy Hour & Music w/ Phil Prunier- DR 5:45pm- Cue the Popcorn!-PD	10am- Spanish Language Corner w/ Alexa- B 1:30pm- Bingo w/ Alexa- B 2pm- Walmart Trip-BT 3pm- Bean Bag Baseball- B 5:45pm- Cue the Popcorn!-PD	10am- Exercise w/ Betty-B 11am- Communion w/ Michael-PD 1pm- Art w/ Michele-B 1pm- Bible Study- PD 3pm- Happy Hour & Music w/ Paul Vandervoort- DR 5:45pm- Cue the Popcorn!-PD	10am- Trivia- CR 10am- Body & Balance w/ Vicki-B 10:30am- Andelin Family Farm & Pumpkin Patch (\$14 Admission Fee)-BT 1pm- Pinochle/Bridge- CR 2pm- Fall Craft w/ Paula Seiberlich-B 2pm- The Store by Residents Open-Front Lobby 5:45pm- Cue the Popcorn!-PD	10am- Needlework- L 1:30pm- Bingo w/ Diana-B 2:30pm- Rummikub- CR 5:45pm- Cue the Popcorn!-PD
8am- Bus to Church-BT 11am- Sunday Brunch-DR 2pm- Needlework- L 5:45pm- Cue the Popcorn!-PD	10am- Pumpkin Decorating Party-B 10:30am- Rosary Prayer w/ Michael- PD 1pm- Line Dancing Class-BT 1:30pm- Bingo w/ Alexa-B 3pm- Halloween Dog Show w/ Truckee Meadows Dog Training Club-DR 5:45pm- Cue the Popcorn!-PD	10am- Exercise w/ Betty-B 10:30am- Costco Trip-BT 1pm- Pinochle/Bridge-CR 1:30pm- Smiths Trip-BT 2pm- Book Club-L 3pm- Happy Hour & Music w/ Jim Beuhler- DR 5:45pm- Cue the Popcorn!-PD	10am- Spanish Language Corner w/ Alexa- B 1:30pm- Bingo w/ Alexa- B 2pm- Walmart Trip-BT 2:30pm- Monthly Dining Meeting w/ Residents- DR 3pm- Bean Bag Baseball- B 5:45pm- Cue the Popcorn!-PD	10am- Exercise w/ Betty-B 11am- Communion w/ Michael-PD 1pm- Bible Study- PD 3pm- Happy Hour & Music w/ Ira Shore- DR 5:45pm- Cue the Popcorn!-PD	10am- Trivia- CR 10am- Body & Balance w/ Vicki-B 10:30am- Taylor Creek & The Stream Profile Chamber (Lots of Walking)-BT 11am- Ease into Technology w/ Alexa-B 1pm- Pinochle/Bridge- CR 2pm- Educational Gym Session w/ Choice Home Health-G 5:45pm- Cue the Popcorn!-PD	10am- Needlework- L 1:30pm- Bingo w/ Diana-B 2:30pm- Rummikub- CR 5:45pm- Cue the Popcorn!-PD
8am- Bus to Church-BT 2pm- Needlework- L 5:45pm- Cue the Popcorn!-PD	10am- Trivia- CR 10:30am- Rosary Prayer w/ Michael- PD 1pm- Line Dancing Class-BT 1:30pm- Bingo w/ Alexa-B 3pm- Bean Bag Baseball-B 6:30pm- Music w/ Northern Nevada Bluegrass Association-DR	10am- Exercise w/ Betty-B 10:30am- Great Basin Brewery Company Trip- BT 1pm- Pinochle/Bridge-CR 1pm- Maintaining Independence Through Healthy Living w/ Geriatric Specialty Care- B 1:30pm- Smiths Trip-BT 2-4pm- Happy Hour & Music w/ Jacques, Vince & Bobby- DR 3pm- Happy Hour-DR 5:45pm- Cue the Popcorn!-PD	10am- Spanish Language Corner w/ Alexa- B 10am- Mindful Movement & Meditation w/ Erin Kelsey-PD 1:30pm- Bingo w/ Alexa- B 2pm- Walmart Trip-BT 3pm- Bean Bag Baseball- B 5:45pm- Cue the Popcorn!-PD	9am- Candy Corn Jewelry Making-PD 10am- Exercise w/ Betty-B 11am- Communion w/ Michael-PD 1pm- Bible Study- T 3pm- Happy Hour & Music w/ A Piacere Piano Studio- DR 5:45pm- Cue the Popcorn!-PD	10am- Trivia- CR 10am- Body & Balance w/ Vicki-B 10:30am- Target Trip- BT 1pm- Pinochle/Bridge- CR 2pm-4pm- Halloween Boogie Bash & Live Music w/ Jim Davidson- DR 5:45pm- Cue the Popcorn!-PD	

October Happenings

- 10/3 at 3pm- Pumpkin Bowling- Patio
- 10/7 at 11:30am- Chocolate-Coved Pretzel Crawl- DR
- 10/8 at 11:30am- Lunch Action Station w/ Chef Joe-DR
- 10/10 at 1pm- Understanding the Ins & Outs of Dementia w/ Lauren-B
- 10/10 at 2pm- Spooky Cupcake Decorating- B
- 10/14 at 1:30pm- Mind Over Age: Tips for Staying Sharp w/ Comprehensive Home Health Solutions-DR
- 10/17 at 2pm- Fall Craft w/ Paula Seiberlich- B
- 10/20 at 10am- Pumpkin Decorating Party-B
- 10/20 at 3pm- Halloween Dog Show w/ Truckee Meadows Dog Training Club-DR
- 10/21 at 2pm- Book Club-L
- 10/22 at 2:30pm- Monthly Dining Meeting w/ Residents- DR
- 10/24 at 2pm- Educational Gym Session w/ Choice Home Health-G
- 10/28 at 1pm- Maintaining Independence Through Healthy Living w/ Geriatric Specialty Care- B
- 10/29 at 10am- Mindful Movements & Meditation w/ Erin Kelsey- PD
- 10/30 at 9am- Candy Corn Jewelry Making- PD
- 10/31 from 2pm-4pm- Halloween Boogie Bash & Live Music w/ Jim Davidson- DR

October Birthdays

10/2- Jean S. | 10/8- Francois V.

Mountain Lakes Estates Managers

Executive Director- Lauren Turbett | Business Director- Donna Monroy |
Activities Director- Alexa Gross | Maintenance Director- Josh Burnah | Dining
Director- Joe Leberski | Marketing Director- Heather Wolf

