

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# October 2025

## Life Enrichment Calendar: Independent & Assisted Living

			9:30 SAIL Fitness 10:00 Red Wind Casino 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Cards: Pinochle 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo <small>Yom Kippur Begins</small>	1 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Yahtzee 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Wii Games 4:30 Thirsty Thursday Social 6:15 Mexican Train 6:30 Resident Run Card Games	2 Patriots Landing Oktoberfest 9:30 SAIL Fitness 10:15 Bible Study 10:30 Aqua Activities 11:00 Fred Meyer, Lakewood 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 3:00 Oktoberfest Social w/Music by Cameron V and his accordion 4:00-7:00pm Oktoberfest Dinner Buffet 6:15 Triominos 7:00 Movie Night	3 9:15 Support Run 2 Remember 9:30 Exercise 10:00 Kohls/Target, Lacey 10:30 Wii Bowling 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night 7:00 Bar Trivia w/Steve D
5 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:00 Farrelli's Pizza, DuPont 12:15 Chair Yoga 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	6 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Aqua Activities 12:00 Learn to Play Chess 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Craft Corner - T shirts 3:15 Bar Bingo (1 time day change) 6:15 Mexican Train <small>Sukkot Begins</small>	7 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball & Darts 10:30 Dance Moves Lesson 11:00 Tech Help for Phones 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	8 9:00 Seattle Aquarium & Lunch 9:30 SAIL Fitness 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 1:45 3 <sup>rd</sup> Graders from Cabrini Singing & Games 2:00 Cards: Pinochle 6:30 Cribbage 6:30 Bingo	9 SWAP AND GIVE WEEKEND Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Yahtzee 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Wii Games 2:00-2:30 Blood Pressure Clinic 4:30 Thirsty Thursday Social 6:15 Mexican Train 6:30 Resident Run Card Games	10 SWAP AND GIVE WEEKEND 9:30 SAIL Fitness 10:15 Bible Study 10:30 Aqua Activities 11:00 Cebu Restaurant, Lacey 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 3:15 We Care Support Group 6:15 Triominos 7:00 Movie Night	11 SWAP AND GIVE WEEKEND 9:15 Support Run 2 Remember 9:30 Exercise 10:00 Explore Olalla 10:30 Wii Bowling 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
12 SWAP AND GIVE WEEKEND 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:00 Boston Harbor, Olympia 12:15 Chair Yoga 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	13 SWAP AND GIVE WEEKEND Navy 250 <sup>th</sup> Birthday Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Aqua Activities 10:30 Camping w/Sasquatch 12:00 Learn to Play Chess 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bean Bag Toss 3:30 Navy Birthday Happy Hour 6:15 Mexican Train <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)</small>	14 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball & Darts 10:30 Play UNO – Prep for NYE Competition! 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night <small>Simchat Torah Begins</small>	15 9:00 Ft Lewis PX/Commissary 9:30 SAIL Fitness 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 11:30 McChord BX/Commissary 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 RAPL (Residents Only Mtg) 2:00 Cards: Pinochle 3:00 Dean Ratzman Wine Social 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	16 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Yahtzee 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Fall Garden Meeting 4:30 Thirsty Thursday Social 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 History Stories w/Steve D Ghost Stories of Pierce Co. <small>AROWS</small>	17 9:30 SAIL Fitness 9:30 – 11:00am JBLM Soldier Visit 10:00 Walmart, Lakewood 10:15 Bible Study 10:30 Aqua Activities 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 3:30 Storytime Returns 6:15 Triominos 7:00 Movie Night	18 9:15 Support Run 2 Remember 9:30 Lakewood Towne Center 9:30 Exercise 10:30 Wii Bowling 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
19 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:00 The Hive, DuPont & Late Lunch at Thai Taste, DuPont 12:15 Chair Yoga 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	20 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Aqua Activities 10:30 Camping w/Sasquatch 12:00 Learn to Play Chess 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Songbirds 6:15 Mexican Train	21 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:00-10:30 ACU Resident Banking 10:30 Play UNO – Prep for NYE Competition! 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	22 9:00 Brown & Haley, Fife 9:30 SAIL Fitness 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 11:30 Cheryl Zabel - Harp 12:00 Ft Lewis PX/Commissary 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Town Hall 2:00 Cards: Pinochle 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	23 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Dance Moves Lesson 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Jeopardy 4:30 Thirsty Thursday Social 6:15 Mexican Train 6:30 Resident Run Card Games	24 9:30 SAIL Fitness 10:00 Lattin's Country Cider Mill 10:15 Bible Study 10:30 Zack the Therapy Dog 10:30 Aqua Activities 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 6:15 Triominos 7:00 Movie Night	25 9:15 Support Run 2 Remember 9:30 Exercise 10:00 Olympia Flight Museum & Lunch at Niko Teriyaki 10:30 Wii Bowling 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
26 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:00 McNamara's, DuPont 12:15 Chair Yoga 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	27 Transportation: APPT. Day 9:30 SAIL Fitness 10:30 Camping w/Sasquatch 10:30 Aqua Activities 12:00 Learn to Play Chess 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Songbirds 3:15 Bar Bingo 6:15 Mexican Train <small>VFW</small>	28 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:00 Patriots Landing Book Club 10:30 Playing 8-ball & Darts 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Bingo 6:15 Triominos <small>Sojourners</small>	29 9:30 SAIL Fitness 10:00 McChord BX/Commissary 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Mass 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Cards: Pinochle 6:30 Cribbage 6:30 Bingo	30 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Yahtzee 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 2:00 Resident Birthday Party Trivia and Prizes 4:30 Thirsty Thursday Social 6:15 Mexican Train 6:30 Resident Run Card Games	31 HALLOWEEN 9:30 SAIL Fitness 10:00 Hess Bakery 10:15 Bible Study 10:30 Aqua Activities 12:15 Sit & Fit 1:00 Sit & Fit (2 <sup>nd</sup> Session) 1:00-2:00 TRICK OR TREAT 2:00 Costume Photos in Lobby 2:15 Bingo (Time Change) 7:00 Halloween Party w/Costume Contest Music by Charlie Cardinal <small>Halloween</small>	Patriots Landing Retirement Community