

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2025 Mountain View Building			1 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E) Pool 1:30 Cash Bingo (S/C)AR 6:30 Hand & Foot (S/C)AR 6:30 Pub open for games Yom Kippur Begins	2 9:00 Kaiser Booser Clinic (O)L 9:30 Weights (E)AR 10:30 Wii Games (S/C)AR 10:45 Blackjack Bunch (S/C)AR 1:00 Better Balance (E)AR 1:30 Crafty Corner (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P	3 9:00 Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:00 Blackhawk Scenic Drive (O)L 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 1:00 Skip Bo (S/C)AR 2:00 Maj Jongg (S/C)P 6:30 Resident Bingo(S/C)AR	4 9:30 Coffee & Donuts with a special presentation of the Conrad's trip to Peru 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club (A)PL 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P
5 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo (S/C)AR 2:00 Scat Card Game (C)AR 4:00 Cards (S/C)AR	6 9:00 Kings Booster Clinic-L 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:45 Blood Pressure Clinic (V)AR 10:45 Meditation (C)T 11:30 Walker Clinic (V)AR 1:00 Aquacise (E)Pool 1:00 Wii Bowling (E)AR 2:00 How 2 Live to be 100 Pt 2-AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Mexican Train (S/C)AR	7 9:00 30 min.Dime Blackjack-AR 9:00 Trader J's & Dollar Tree(O)L 9:30 Trader J's & Dollar Tree(O)L 10:00 Thera Bands (E)AR 10:45 Weights (E)AR 1:00 Bridge (S/C)Pub 1:00 Scat Cards (S/C)AR 3:00 Happy Hour (M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River(S/C)P 6:30 Residents Choice(P)T	8 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E) Pool 1:30 Cash Bingo (S/C)AR 6:30 Hand & Foot (S/C)AR 6:30 Pub open for games	9 9:00 Kaiser Booser Clinic (O)L 9:30 Weights (E)AR 10:30 Wii Games (S/C)AR 10:45 Blackjack Bunch (S/C)AR 1:00 Better Balance (E)AR 1:30 Crafty Corner (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P	10 OnSite Dermatology on Campus 9:00 Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:00 Burns Pub (O)L 1:00 Skip Bo (S/C)AR 2:00 Maj Jongg (S/C)P 2:30 Performance by Daniel-AR 6:30 Resident Bingo(S/C)AR	11 9:30 Coffee & Donuts (S)AR 1:00 Hand & Foot (S/C)P* 1:00 Create n' Chat Club (A)PL 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 2:00 Coal Creek Community Chorus (M)AR 4:00 Activity Room Reserved Until 6:00pm
12 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 1:00 ACTIVITY ROOM RESERVED UNTIL 5PM 2:00 Skip Bo(S/C)PUB** 2:00 Scat Card Game(C)PUB** 4:00 Cards (S/C)PUB** ** Room Change for the Day	13 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:45 Meditation (C)T 1:00 Aquacise (E)Pool 2:00 How 2 Live to be 100 Pt 3-AR 2:00 Bible Study (R)P 3:30 LCR Dice Game (S/C)AR 6:30 Mexican Train (S/C) AR 6:30 Fast Track (S/C)Pub Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	14 9:00 30 min.Dime Blackjack-AR 9:00 King Soopers/Safeway (O)L 9:30 King Soopers/Safeway (O)L 10:00 Thera Bands (E)AR 10:45 Weights (E)AR 1:00 CH Book Mobile (V)Parlor 1:00 Bridge (S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour (M)AR 6:30 Up & Down the River(S/C)P 6:30 Residents Choice (P)T Simchat Torah Begins	15 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E) Pool 1:30 Cash Bingo (S/C)AR 6:30 Hand & Foot (S/C)AR 6:30 Pub open for games	16 9:30 Weights (E)AR 10:30 Wii Games (S/C)AR 10:45 Blackjack Bunch (S/C)AR 1:00 Better Balance (E)AR 1:30 Crafty Corner (A)AR 2:00 Scat Card Game (S/C)AR 2:30 Chef Chat (M)DR 3:00 Resident Happy Hour(S)P	17 9:00 RR Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:00 Red Lobster(O)L 1:00 Calendar Review(C)AR 1:00 Skip Bo (S/C)AR 2:00 Maj Jongg (S/C)P 6:30 Resident Bingo(S/C)AR	18 9:30 Coffee & Donuts (S)L* 10:30 Fall Harvest Market until 2:30 (V)AR 1:00 Create n' Chat Club(A)PL 1:00 Hand and Foot (S/C)P* 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P
19 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo (S/C)AR 2:00 Scat Card Game (C)AR 4:00 Cards (S/C)AR	20 8:45 VNA Foot Clinic (V)TSAR 10:30 Resident Assembly (L)AR 1:00 Aquacise (E)Pool 1:00 Active Minds presents Rock n' Roll (V)AR 2:00 How to Live to be 100 Final Viewing (V)AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Mexican Train (S/C)AR 6:30 Fast Track (S/C)Pub	21 9:00 30 min.Dime Blackjack-AR 9:00 Walmart & Spouts (O)L 9:30 Walmart & Sprouts (O)L 10:00 Thera Bands (E)AR 10:45 Weights (E)AR 1:00 Specialty Foot Clinic (V)TSS 1:00 Office Hours with the ED-PL 1:00 Bridge (S/C)P 1:00 Scat Cards (S/C)AR 3:00 Happy Hour (M)AR 6:30 Up & Down the River (S/C)P 6:30 Residents Choice (P)T	22 Enable Dental on Campus 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E)Pool 1:30 Horan & McConaty Pre-planning future costs, Arrangements & funerals 6:30 Hand & Foot (S/C)AR 6:30 Pub open for games	23 9:00 Family Hearing (V)L 9:30 Weights (E)AR 10:30 Wii Games (S/C)AR 10:45 Blackjack Bunch (S/C)AR 1:00 Better Balance (E)AR 1:30 Crafty Corner (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P	24 9:00 Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:00 Woody's Pizza (O)L 1:00 Skip Bo (S/C)AR 2:00 Julie in Joy musical performance (M)AR 2:00 Maj Jongg (S/C)P 6:30 Resident Bingo(S/C)AR	25 9:30 Coffee & Donuts (S)AR 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club (A)PL 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 2:00 Heartlanders (M)TSAR
26 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo (S/C)AR 2:00 Scat Card Game (C)AR 4:00 Cards (S/C)AR	27 10:30 Town Hall (L)AR 1:00 Aquacise (E)Pool 1:00 Wii Bowling (E)AR 2:00 Halloween Traditions (V)AR Presented by Historic Denver Molly Brown House Museum 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Mexican Train (S/C)AR 6:30 Fast Track (S/C)Pub	28 9:00 30 min.Dime Blackjack-AR 9:00 King Soopers/Safeway (O)L 9:30 King Soopers/Safeway (O) L 10:00 Thera Bands (E)AR 10:45 Weights (E)AR 1:00 Bridge (S/C)P 1:00 Scat Card Game (S/C)AR 1:00 Parkinson's Support -TST 3:00 Happy Hour (M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River (S/C)P 6:30 Residents Choice (P)T	29 9:30 Parson's Theater (O)L Monte Alto Silent Film 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E)Pool 1:30 Prize Bingo (S/C)AR 6:30 Hand & Foot (S/C)AR 6:30 Pub open for games	30 9:30 Weights (E)AR 10:30 Wii Games (S/C)AR 10:45 Blackjack Bunch (S/C)AR 1:00 Better Balance (E)AR 1:30 Crafty Corner (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P	31 9:00 Donation Station-AR 9:00 Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:00 The Cherry Cricket (O)L 1:00 Skip Bo (S/C)AR 2:00 Halloween Party (M)TSAR 2:00 Maj Jongg (S/C)P 6:30 Resident Bingo (S/C)AR Halloween	Key to Programs and Rooms (S) Social (O) Outing (E) Exercise (A) Art (M) Music (R) Religious (C) Cognitive (L) Lecture (P) Presentation (V) Vendor AR- Activity Room TS-Summit Bldg. F-Fitness Room PL-Parlor (Lobby) DR-Dining Room T-Theater(3rd floor) L-Library LB- Lobby CY-Courtyard S-Salon P-Pub