

SAMPLE CALENDAR



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
ACT CA DR HR L P PR TH WC	Activity Area	10:00 Group Exercise (CA)	1	10:00 Standing Exercise (PR)	2	10:00 Worship (CA)	3	10:00 Group Exercise	4	10:00 Standing Exercise (PR)	5	10:00 Group Exercise (CA)	6	
	Common Area	10:30 Wet Your Whistle (CA)		10:00 Seated Exercise (PR)		10:30 Wet Your Whistle (CA)		10:30 Detective (ACT)		10:00 Seated Exercise (PR)		10:30 Word Finds (CA)		
	Dining Room	11:00 Second Hand Hounds - Debbie & Stewart (CA)		10:30 Wet Your Whistle (CA)		10:30 Finish the Line		10:30 Wet Your Whistle (CA)		10:30 Hymn Sing (CA)		10:30 Wet Your Whistle (CA)		
	Hobby Room			11:00 Reminisce or Create-A-Story (HR)		11:00 Aerobic Drumming		11:00 Bell Choir (CA)		10:30 Wet Your Whistle (CA)		11:00 Livingroom Concert (CA)		
	Library	1:00 Community Walk		11:00 Sensory Group (CA)		1:00 Flower Arranging (PR)		1:00 Theater (TH)		10:45 Catholic Communion (CA)		1:00 Community Walk		
	Patio	1:00 Rest & Relaxation (CA)		1:00 Library (L)		1:00 Rest & Relaxation (CA)		1:00 Rest & Relaxation (CA)		11:00 Rosary (PR)		1:00 Rest & Relaxation (CA)		
	Piano Room	2:30 Table Games (PR)		1:00 Rest & Relaxation (CA)		2:00 AL Entertainment (Community Room)		2:30 Snack & Chat (CA)		1:00 Community Walk (P)		2:30 Coloring (ACT)		
	Theater	2:30 Snack & Chat (CA)		2:30 Crafts: (PR)		2:30 Snack & Chat (CA)		3:00 Short Story (CA)		1:00 Rest & Relaxation (CA)		2:30 Snack & Chat (CA)		
	Wellness Center	4:00 Active Game (CA)		2:30 Snack & Chat (CA)		3:00 Pet Partners: Dog Visit (CA)		4:00 Active Game (CA)		2:00 Entertainer: Dan (DR)		3:00 Classic Film/Musical (CA)		
		6:00 iN2L Activity (CA)		4:00 Active Game (CA)		4:00 Active Game (CA)		6:00 iN2L Activity (CA)		2:30 Happy Hour (DR)		4:00 Active Game (CA)		
				6:00 iN2L Activity (CA)		6:00 iN2L Activity (CA)		6:00 Living Room Symphony Ch. 1-3 (CA)		2:30 Snack & Chat (CA)		6:00 iN2L Activity (CA)		
										4:00 Active Game (CA)				
										6:00 iN2L Activity (CA)				
10:00 Group Exercise (CA)		7	10:00 Group Exercise	8	10:00 Standing Exercise (PR)	9	10:00 Worship (CA)	10	10:00 Group Exercise	11	10:00 Standing Exercise (PR)	12	10:00 Group Exercise (CA)	13
10:30 Wet Your Whistle (CA)			10:30 Wet Your Whistle (CA)		10:00 Seated Exercise (PR)		10:30 Wet Your Whistle (CA)		10:30 Detective (ACT)		10:00 Seated Exercise (PR)		10:30 Word Finds (CA)	
11:00 Jigsaw Puzzles (ACT)			11:00 North Star - Robert & Frank (CA)		10:30 Wet Your Whistle (CA)		10:30 Finish the Line		10:30 Wet Your Whistle (CA)		10:30 Hymn Sing (CA)		10:30 Wet Your Whistle (CA)	
1:00 Worship Ch. 29 (CA)					11:00 Reminisce or Create-A-Story (HR)		11:00 Aerobic Drumming		11:00 Bell Choir (CA)		10:30 Wet Your Whistle (CA)		11:00 Livingroom Concert (CA)	
1:00 Rest & Relaxation (CA)			1:00 Community Walk		11:00 Sensory Group (CA)		1:00 Flower Arranging (PR)		1:00 Theater (TH)		10:45 Catholic Communion (CA)		1:00 Community Walk	
2:30 Snack & Chat (CA)			1:00 Rest & Relaxation (CA)		1:00 Library (L)		1:00 Rest & Relaxation (CA)		1:00 Rest & Relaxation (CA)		11:00 Rosary (PR)		1:00 Rest & Relaxation (CA)	
3:00 Bingo (ACT)			2:30 Table Games (PR)		2:30 Crafts: (PR)		2:00 AL Entertainment (Community Room)		2:30 Snack & Chat (CA)		1:00 Community Walk (P)		2:30 Coloring (ACT)	
4:00 Active Game (CA)			2:30 Snack & Chat (CA)		1:00 Rest & Relaxation (CA)		2:30 Snack & Chat (CA)		3:00 Short Story (CA)		1:00 Rest & Relaxation (CA)		2:30 Snack & Chat (CA)	
6:00 iN2L Activity (CA)			4:00 Active Game (CA)		2:30 Snack & Chat (CA)		3:00 Pet Partners: Dog Visit (CA)		4:00 Active Game (CA)		2:00 Entertainer - Loren (DR)		3:00 Classic Film/Musical (CA)	
			6:00 iN2L Activity (CA)		4:00 Active Game (CA)		4:00 Active Game (CA)		6:00 iN2L Activity (CA)		2:30 Happy Hour (DR)		4:00 Active Game (CA)	
					6:00 iN2L Activity (CA)		6:00 iN2L Activity (CA)		6:00 Living Room Symphony Ch. 1-3 (CA)		2:30 Snack & Chat (CA)		6:00 iN2L Activity (CA)	
										4:00 Active Game (CA)				
										6:00 iN2L Activity (CA)				
10:00 Group Exercise (CA)		14	10:00 Group Exercise	15	10:30 Wet Your Whistle (CA)	16	10:00 Worship (CA)	17	10:00 Group Exercise	18	10:00 Standing Exercise (PR)	19	10:00 Group Exercise (CA)	20
10:30 Wet Your Whistle (CA)			10:30 Wet Your Whistle (CA)		11:00 Group Exercise (CA)		10:30 Wet Your Whistle (CA)		10:30 Detective (ACT)		10:00 Seated Exercise (PR)		10:30 Word Finds (CA)	
11:00 Jigsaw Puzzles (ACT)			11:00 Second Hand Hounds - Deb & Ezra (CA)		1:00 Library (L)		10:30 Finish the Line		10:30 Wet Your Whistle (CA)		10:30 Hymn Sing (CA)		10:30 Wet Your Whistle (CA)	
1:00 Worship Ch. 29 (CA)					1:00 Rest & Relaxation (CA)		11:00 Aerobic Drumming		11:00 Bell Choir (CA)		10:30 Wet Your Whistle (CA)		11:00 Livingroom Concert (CA)	
1:00 Rest & Relaxation (CA)			1:00 Community Walk		2:30 Crafts: (PR)		1:00 Flower Arranging (PR)		1:00 Theater (TH)		10:45 Catholic Communion (CA)		1:00 Community Walk	
2:30 Snack & Chat (CA)			1:00 Rest & Relaxation (CA)		2:30 Snack & Chat (CA)		1:00 Rest & Relaxation (CA)		1:00 Rest & Relaxation (CA)		11:00 Rosary (PR)		1:00 Rest & Relaxation (CA)	
3:00 Bingo (ACT)			2:30 Table Games (PR)		4:00 Active Game (CA)		2:00 AL Entertainment (Community Room)		2:30 Snack & Chat (CA)		1:00 Community Walk (P)		2:30 Coloring (ACT)	
4:00 Active Game (CA)			2:30 Snack & Chat (CA)		6:00 iN2L Activity (CA)		2:30 Snack & Chat (CA)		3:00 Short Story (CA)		1:00 Rest & Relaxation (CA)		2:30 Snack & Chat (CA)	
6:00 iN2L Activity (CA)			4:00 Active Game (CA)				3:00 Pet Partners: Dog Visit (CA)		4:00 Active Game (CA)		2:30 Happy Hour (DR)		3:00 Classic Film/Musical (CA)	
			6:00 iN2L Activity (CA)				4:00 Active Game (CA)		6:00 iN2L Activity (CA)		4:00 Active Game (CA)		4:00 Active Game (CA)	
							6:00 iN2L Activity (CA)		6:00 Living Room Symphony Ch. 1-3 (CA)		6:00 iN2L Activity (CA)		6:00 iN2L Activity (CA)	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 10:00 Group Exercise (CA) 10:30 Wet Your Whistle (CA) 11:00 Jigsaw Puzzles (ACT) 1:00 Worship Ch. 29 (CA) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:00 Bingo (ACT) 4:00 Active Game (CA) 6:00 iN2L Activity (CA)	22 10:00 Group Exercise 10:30 Wet Your Whistle (CA) 11:00 Dog Visits - Karen & Flora (CA) 1:00 Community Walk 1:00 Rest & Relaxation (CA) 2:30 Table Games (PR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 iN2L Activity (CA)	23 10:00 Standing Exercise (PR) 10:00 Seated Exercise (PR) 10:30 Wet Your Whistle (CA) 11:00 Reminisce or Create-A-Story (HR) 11:00 Sensory Group (CA) 1:00 Library (L) 1:00 Rest & Relaxation (CA) 2:30 Crafts: (PR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 iN2L Activity (CA)	24 10:00 Worship (CA) 10:30 Wet Your Whistle (CA) 10:30 Finish the Line 11:00 Aerobic Drumming 1:00 Flower Arranging (PR) 1:00 Rest & Relaxation (CA) 2:00 Group Outing 2:30 Snack & Chat (CA) 3:00 Pet Partners: Dog Visit (CA) 4:00 Active Game (CA) 6:00 iN2L Activity (CA)	25 10:00 Group Exercise 10:30 Detective (ACT) 10:30 Wet Your Whistle (CA) 11:00 Bell Choir (CA) 1:00 Theater (TH) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:00 Short Story (CA) 4:00 Active Game (CA) 6:00 iN2L Activity (CA) 6:00 Living Room Symphony Ch. 1-3 (CA)	26 10:00 Standing Exercise (PR) 10:00 Seated Exercise (PR) 10:30 Hymn Sing (CA) 10:30 Wet Your Whistle (CA) 10:45 Catholic Communion (CA) 11:00 Rosary (PR) 1:00 Community Walk (P) 1:00 Rest & Relaxation (CA) 2:00 Entertainer - Bill (DR) 2:30 Happy Hour (DR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 iN2L Activity (CA)	27 10:00 Group Exercise (CA) 10:30 Word Finds (CA) 10:30 Wet Your Whistle (CA) 11:00 Livingroom Concert (CA) 1:00 Community Walk 1:00 Rest & Relaxation (CA) 2:30 Coloring (ACT) 2:30 Snack & Chat (CA) 3:00 Classic Film/Musical (CA) 4:00 Active Game (CA) 6:00 iN2L Activity (CA)
28 10:00 Group Exercise (CA) 10:30 Wet Your Whistle (CA) 11:00 Jigsaw Puzzles (ACT) 1:00 Worship Ch. 29 (CA) 1:00 Rest & Relaxation (CA) 2:30 Snack & Chat (CA) 3:00 Bingo (ACT) 4:00 Active Game (CA) 6:00 iN2L Activity (CA)	29 10:00 Group Exercise 10:30 Wet Your Whistle (CA) 11:00 North Star - Scott & Chole 1:00 Community Walk 1:00 Rest & Relaxation (CA) 2:30 Table Games (PR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 iN2L Activity (CA)	30 10:30 Wet Your Whistle (CA) 11:00 Group Exercise (HR) 1:00 Library (L) 1:00 Rest & Relaxation (CA) 2:30 Crafts: (PR) 2:30 Snack & Chat (CA) 4:00 Active Game (CA) 6:00 iN2L Activity (CA)	Color Code Black - Active Living Staff Red - Nursing Staff Green - All Staff	Skyview Memory Care (Sample Calendar)		