



COOKING DEMONSTRATIONS

08 Caramel Apples 2pm

15 State Fair and Boblo
Novelties 2pm

22 Honey Cookies for Rosh
Hashanah 2pm

29 Personal Pizzas 2pm

COMMUNITY COMMUNICATION



RESIDENT BIRTHDAYS

Our September Caregiver Support Group will be on Thursday 9/11 at 1pm upstairs in the Hobby Room of AL.

Grief Support Group
Thursday 9/11 @ 11a.m.



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

TWELVE OAKS CONNECT

SEPTEMBER 2025



"Autumn is the second summer when every leaf is a flower." Albert Camus

How can it already be September? What a busy, exciting and beautiful Summer we've had! We enjoyed our patio with all it's visitors, hummingbirds, birds and all sorts of insects. Our tomatoes produced a bumper crop this year, as well as our new addition of strawberries!! We enjoyed all of the sensory experiences from our herb garden. We visited Belle Isle and the Conservatory, Kensington and went on the Island Queen, we visited many different ice cream shops and parks. We will happily embrace Fall and hope for more warm and sunny afternoons on our patio. Our art and cooking will focus on apples, as well as some of our outings.

Upcoming Events!!

Come celebrate Grandparents Day with us on Thursday September 4 from 2-4pm with a Classic Car & Ice Cream Social. Please let Alecia know if you'll be attending.

We will be having an Alzheimer's Awareness Fundraiser on Thursday, September 18 from 1-4 pm in the IL Lobby. We are having a Bake Sale and bracelets and tie-Dye T-shirts that our residents will be making.



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COMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Hite
Business Office Manager

Artie Romualdo
Environmental Services
Manager

Independent Living
Manager
Melisa Burnham

Alecia Greenberg
Life Enrichment Manager

Heather Laskos
Marketing Manager

Marketing Manager
Casey Hess

Resident Services Manager
Rob Davis

Wellness Coordinator
Tynesha Cobb

Wellness Coordinator
Priyanka Ghelani

Culinary Manager
Jacob Chamberlain

ASSOCIATE SPOTLIGHT-MELISA BURNHAM

Melisa Burnham is our wonderful new Independent Living Manager. Melisa started her position in July and we are so very happy to have her here. She came from the City of Wixom, where she ran the Senior Center. Melisa is so happy to be here and loves that there are many friendly faces that she knew from the Wixom Senior Center.

A few fun facts about Melisa are that she lived in 3 different countries and raised and showed dairy goats and horses. She currently lives in Plymouth and has chickens. Melisa and her husband have 3 children, two go to Michigan State and one goes to Plymouth High School.

When she has free-time, Melisa loves to scrapbook, garden, hike and kayak. Melisa is so excited to be working with the seniors of Independent Living. She is such a positive and upbeat addition to our management team and we look forward to having her work with us for years to come.



AUGUST HIGHLIGHTS



FOREVER FIT

Better Balance

September is Fall Prevention Awareness Month, and for many seniors fall prevention is one of their greatest concerns as they age. Each year 1 in 4 seniors reports having a fall. In the past decade alone ER visits resulting from falls has increased by 43%. While it may be impossible to prevent all falls, exercises that focus on strength, balance and coordination have been shown to dramatically reduce the risk of falling in seniors. In fact, research indicates that seniors who strength trained twice per week for as little as six months, decreased their fall risk by 40%. When combined with balance training, which on its own lowered fall risk by 30% over the same six weeks, overall fall preventions rates increased even more. Better balance takes time but by taking a proactive approach with strength training you can set yourself up for long term success.

TRANSPORTATION INFORMATION

Come join us for our enriching outings.

- Tuesday, September 2, Dairy Queen & Drive at 1:30 pm.
- Tuesday, September 9, Northville Cider Mill & Hines Park at 1:30pm
- Tuesday September 16, Horse Sanctuary & 3 Brothers Restaurant for Lunch at 11a.m.
- Tuesday, September 23, Rita’s Italian Ice at 1:30 pm
- Tuesday, September 30, Tim Horton’s and a Fall Scenic Drive at 1:30 pm.



SEPTEMBER SPECIAL EVENTS

04 Grandparents Day Car Show and Ice Cream Social. Come join us for a winning trifecta-Classic Cars, Ice Cream and Musical Entertainment as we celebrate our Grandparents.

18 Alzheimers Awareness Fundraiser. The residents will be hard at work to make purple bracelets and tie-dye t-shirts to raise funds for Alzheimer’s Research and Awareness.

08-12 National Assisted Living Week. During this week we celebrate all that make our community such a wonderful place to live and work. Everyday will be filled with activities fun and food!!

25 Detroit Opera Singers Perform. What a treat this will be as we enjoy a special performance from some members of the Detroit Opera.



EXECUTIVE DIRECTOR CORNER-Joe Whitney

As we put a close to the Summer, we get ready for the Fall. Fall is one of the best times of the year. Fall means Cider Mills, changing Fall colors, football season and of course the kids are back to school. I encourage our residents to look at our upcoming Life Enrichment calendar the next few months as it will have several wonderful Fall activities. If there are any suggestions on other “Fall” related activities you want us to schedule, just ask the Life Enrichment staff and we will try to work it in to our schedule.