



## August Recap

## Celebrating

- 9/5 Audrey V.
- 9/8 Mary R.
- 9/10 Wolfgang W.
- 9/12 Peter C.
- 9/12 Inger G.
- 9/12 Suzan M.
- 9/16 Marie J.
- 9/20 Don B.
- 9/27 Joan H. (101<sup>st</sup>)

Wishing you all a wonderful birthday!!

**\$3,500 RESIDENT REFERRAL BONUS**  
Limited Time Only!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM

# Twelve Oaks Connect

SEPTEMBER 2025

27475 Huron Circle, Novi, MI 48377  
[www.waltonwood.com](http://www.waltonwood.com) | 248-735-1500  
Facebook: /WaltonwoodTwelveOaks





## Bake Sale

### Kindness Council

In honor of World Alzheimer's day, Sep 21<sup>st</sup>, 2025. Our Waltonwood kindness council will be hosting a bake sale. All are welcome to bake, donate and participate in this special event.

Our Memory Care friends will be making purple glass bead bracelets and purple tie-dye t-shirts to sell as well.

**ALL PROCEEDS WILL BE GOING TOWARDS THE ALZHEIMERS ASSOCIATION**

Thursday  
September 18<sup>th</sup>, 2025  
1:00-4:00pm  
IL Front Lobby

Please see Basma if you have any questions



## COMMUNITY MANAGEMENT

**Joe Whitney**  
Executive Director

**Deanna Hite**  
Business Office Manager

**Jacob Chamberlain**  
Culinary Services Manager

**Heather Laskos**  
Marketing Manager

**Casey Hess**  
Marketing Manager

**Priyanka Ghelani**  
Wellness Coordinator

**Tynesha Cobb**  
Wellness Coordinator

**Basma Jirjis**  
Life Enrichment Manager (IL)

**Alecia Greenberg**  
Life Enrichment Manager (MC)

**Stefanie Jones**  
Life Enrichment Manager (AL)

**Rob Davis**  
Resident Services Manager

**Melisa Burnham**  
Independent Living Manager



Melisa Burnham is our wonderful new Independent Living Manager. Melisa started her position in July and we are so very happy to have her here. She came from the City of Wixom, where she ran the Senior Center. Melisa is so happy to be here and loves that there are many friendly faces that she knew from the Wixom Senior Center.

A few fun facts about Melisa are that she lived in 3 different countries and raised and showed dairy goats and horses. She currently lives in Plymouth and has chickens. Melisa and her husband have 3 children, two go to Michigan State and one goes to Plymouth High School.

When she has free-time, Melisa loves to scrapbook, garden, hike and kayak. Melisa is so excited to be working with the seniors of Independent Living. She is such a positive and upbeat addition to our management team and we look forward to having her work with us for years to come.



Please keep in mind that all scheduled activities are subject to change depending on the current situation. Things may be added or removed. Please look for updates on the screen and on the white board by the dining room.



Outings signup sheets are located in the binder in the library, they go out on the last day of every month.

Last minute outings often occur, keep an eye out on the white board by the dining room for updated daily information & always check the outing book for a new outing that was not added to the calendar.

-We will be attending 9:00am mass at Holy Family church. Every 2nd and 4th Tuesday of the month.

-Eucharistic Service by Shirley will be every Wednesday at 12:00pm in the fireplace lounge.



**We have transportation for medical appointments on Thursdays only!**

Requests are required at least 2 weeks in advance and are scheduled based on availability. Please keep in mind that we may be up to 15 minutes early or late depending on traffic and other resident appointments.

AUGUST HIGHLIGHTS

**01** Belle Isle Picnic      **07** Dip in Dogs

Visited the lovely conservatory, had a great lunch from Chick-Fil- A & enjoyed the views of Downtown Detroit

Had a pawtastic time dunking Joe & Deanna in the dunk tank.



**19** Tuesday Tunes      **29** Huron Lady II

Enjoyed some lovely folk music by Matt Watroba at the Novi library

Breath taking views along the St. Clair River!



FOREVER FIT/WELLNESS

Better Balance

September in Fall Prevention Awareness Month, and for many seniors fall prevention is one of their greatest concerns as they age. Each year 1 in 4 seniors reports having a fall. In the past decade alone ER visits resulting from falls has increased by 43%. While it may be impossible to prevent all falls, exercises that focus on strength, balance and coordination have been shown to dramatically reduce the risk of falling in seniors. In fact, research indicates that seniors who strength trained twice per week for as little as six months, decreased their fall risk by 40%. When combined with balance training, which on its own lowered fall risk by 30% over the same six weeks, overall fall preventions rates increased even more. Better balance takes time but by taking a proactive approach with strength training you can set yourself up for long term success.

SEPTEMBER SPECIAL EVENTS

**09** National Teddy Bear      **18** Bake Sale

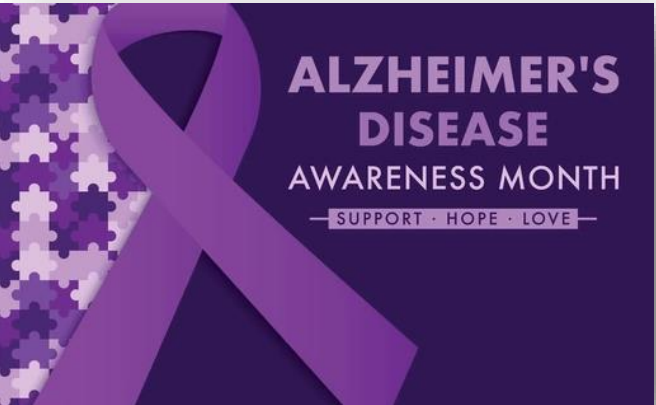
Day  
Show & Tell of Donna K.'s teddy bear collection, some of which were handmade by Donna herself!

In honor of World Alzheimer's day, Our Waltonwood kindness council will be hosting a bake sale.  
All proceeds will be going towards the ALZ Association

**26** Apple Charlies Orchards      **29** National Coffee Day

It's that time of year again!  
Apple picking & a visit with the farm animals

Warm fires, fresh brews & yummy flakes!



EXECUTIVE DIRECTOR CORNER

As we put a close to the Summer, we get ready for the Fall. Fall is one of the best times of the year. Fall means Cider Mills, changing Fall colors, football season and of course the kids are back to school. I encourage our residents to look at our upcoming Life Enrichment calendar the next few months as it will have several wonderful Fall activities. If there are any suggestions on other "Fall" related activities you want us to schedule, just ask the Life Enrichment staff and we will try to work it in to our schedule.

- Joe Whitney