

Celebrating

9-1 Chuck T 9-17 Jean M 9-21 Rita M

Join us on September 18th when we celebrate Jean's 99th Birthday 3:00pm - Piano Area

AUGUST HIGHLIGHTS

DIAMOND JACK'S DETROIT RIVER BOAT TOUR







ELVIS WEEK













BELLE ISLE NATURE CENTER







FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When ou refer someone to a Waltonwood community, they'll nank you for it - and then we'll thank you for it too! Ask for etails!

TWELVE OAKS CONNECT

SEPTEMBER 2025

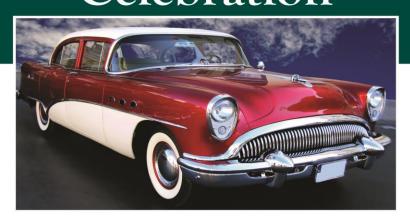


Redefining Retirement Living

27495 Huron Circle, Novi, MI 48377 www.waltonwood.com | 248-735-1030 Facebook: /WaltonwoodTwelveOaks



GET REVVED UP! Grandparents Day Celebration



Thursday, September 4th 2:00 - 4:00 p.m.

Classic Cars | Music | Ice Cream Social

Families Welcome RSVP by 8-28-2025



27475 Huron Circle, Novi | 248-735-1500

www.Waltonwood.com | www.SinghCareers.com

COMMUNITY MANAGEMENT

Joe Whitney **Executive Director**

Deanna Hite **Business Office Manager**

Artie Romualdo **Environmental Services Mgr**

Jacob Chamberlain Culinary Services Manager

Melisa Burnham Independent Living Manager

Stefanie Roland-Jones Life Enrichment Manager

Heather Laskos Marketing Manager

Casey Hess Marketing Manager

Robert Davis Resident Care Manager

Tynesia Cobb Wellness Coordinator

Priyanka Ghelani Wellness Coordinator

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ASSOCIATE SPOTLIGHT- MELISA BURNHAM

Melisa Burnham is our wonderful new Independent Living Manager. Melisa started her position in July and we are so very happy to have her here. She came from the City of Wixom, where she ran the Senior Center. Melisa is so happy to be here and loves that there are many friendly faces that she knew from the Wixom Senior Center.

A few fun facts about Melisa are that she lived in 3 different countries and raised and showed dairy goats and horses. She currently lives in Plymouth and has chickens. Melisa and her husband have 3 children, two go to Michigan State and one goes to Plymouth High School.

When she has free-time, Melisa loves to scrapbook, garden, hike and kayak. Melisa is so excited to be working with the seniors in Independent Living. She is such a positive and upbeat addition to our management team and we look forward to having her work with us for years to come.



TRANSPORTATION INFORMATION

Join us this month as we venture out to ...

September 5 (Friday) Trip to Spicer's Orchard

September 10 White Lake Inn Luncheon

September 17 Tipping Point Theatre - "The Shark is Broken"

September 25 (Thursday) Tour of The Church with the Golden Dome -

St. John Armenian Orthodox Church, Museum and

Armenian Buffet Luncheon.

The bus is available for Transportation on **Thursday** for Doctor's Appointments.

AUGUST HIGHLIGHTS

We had a beautiful day for our Our Arts & Crafts have been WW Community Picnic. It was nice to meet new friends from our Cherry Hill community too.

13

Residents enjoyed their day out at the Henry Ford Exhibit "It's our War Too" and enjoyed a tasty lunch at *Ford's* Garage.

6

picking up momentum. We had a full house to make these beautiful paintings now on display in Nana's Place.



Elvis Week was a huge hit! I hope you had a chance to enjoy the PB & Banana sandwiches, games, movies or the music programs that were featured this week.









SEPTEMBER SPECIAL EVENTS

11

Don't forget to sign up to save your spot for *Anna's* **Art** for all Ages class.

16

"Get to know your Neighbor-Show and Tell" Luncheon. Remember to sign up to save vour seat.

22

Join us in preparing and celebrating **Rosh Hashana**! We transform our Sitting Area will start earlier in the day baking "Honey Cake" so we can time to celebrate enjoy it during our festivities later in the day.

26

It's that time of year when we into "Little Bavaria" just in **Oktoberfest!**



ED PROGRAM AT 3:30PM

FOREVER FIT - BETTER BALANCE

September in Fall Prevention Awareness Month, and for many seniors fall prevention is one of their greatest concerns as they age. Each year 1 in 4 seniors reports having a fall. In the past decade alone ER visits resulting from falls has increased by 43%. While it may be impossible to prevent all falls, exercises that focus on strength, balance and coordination have been shown to dramatically reduce the risk of falling in seniors. In fact, research indicates that seniors who strength trained twice per week for as little as six months, decreased their fall risk by 40%. When combined with balance training, which on its own lowered fall risk by 30% over the same six weeks, overall fall preventions rates increased even more. Better balance takes time but by taking a proactive approach with strength training you can set yourself up for long term success.

EXECUTIVE DIRECTOR CORNER – Joe Whitney

As we put a close to the Summer we get ready for the Fall. Fall is one of the best times of the year. Fall means Cider Mills, changing Fall colors, football season and of course the kids are back to school. I encourage our residents to look at our upcoming Life Enrichment calendar the next few months as it will have several wonderful Fall activities. If there are any suggestions on other "Fall" related activities you want us to schedule, just ask the Life Enrichment staff and we will try to work it into our schedule.