

SEPTEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
-----	1 	2 6PM YOGA CLASS (TORCH FITNESS)	3 DONUTS & COFFEE HOUR 9:30 -10:30	4 6PM PILATES CLASS (TORCH FITNESS)	5 5-6PM GARDEN CLUB	6 8AM WALKING CLUB
7 -----	8 9:30 - 11 AM GRAB & GO BREAKFAST @THECLUBHOUSE 6PM STRENGTH TRAINING CLASS W/ TYLER	9 6PM YOGA CLASS (TORCH FITNESS)	10 6:30-8PM GAME NIGHT	11 6PM PILATES CLASS (TORCH FITNESS)	12 5 -6PM GARDEN CLUB	13 MUFFINS & MIMOSAS 11-1 PM
14 -----	15 6:45PM TRIVIA NIGHT @V'S PIZZA 7510 GATE PKWY, JACKSONVILLE, FL 32256	16 6PM YOGA CLASS (TORCH FITNESS)	17 6PM CROCHET CLASS (BEGINNER FRIENDLY)	18 6PM PILATES CLASS (TORCH FITNESS)	19 6-8PM FALL INTO WELLNESS EVENT PUREHAMONYMEDSPA & FLOWER BAR	20 8AM WALKING CLUB
21	22 5-6PM FALL DESSERT HOUR @THECLUBHOUSE 6PM STRENGTH TRAINING CLASS W/ TYLER	23 6PM YOGA CLASS (TORCH FITNESS)	24 6 - 8 PM JAZZ NIGHT W/ LIVE MUSIC	25 6PM PILATES CLASS (TORCH FITNESS)	26 9:30-11AM YOGURT BAR	27 -----
28 -----	29 6:30 - 8PM FALL CRAFT NIGHT	30 6PM YOGA CLASS (TORCH FITNESS)		-----		
LOVE: PASSION PROJECTS		LEARN: CLASSES & ACTIVITIES		LIVE: FITNESS & HEALTH		INDULGE: FOOD & DRINKS