Sunday	Monday	Tuesday		Wednesday	Thursday	Friday	Saturday
Function-SCF Promote Physical Wellbeing-PPW Foster Social I Interaction-FSI	9:30 Music and Movement, PPW  10:30 Daily Chronicles, SCF 1:00 Color my World, SCF  1:30 Music with Larissa, MC, FSI  1:30 Snack Break, FSI 2:00 One on One 3:00 Sensory Time 5:00 Evening Movie Labor Day	9:00 Music and Movement, PPW 10:00 Sensory Time 10:30 Daily Chronicles, SCF 12:30 Color my World, CSF 1:30 Snack Break, FSI 2:00 Walking Club, PPW 2:00 One on One 3:00 Travel Time, FSI 5:00 Evening Movie	2	9:00 ~ 1:30 Hair Salon 9:30 Aromatherapy 10:00 Art Time, SCF 10:30 Daily Chronicles, SCF 1:00 Afternoon Stroll, PPW 1:30 Snack Break, FSI 2:00 Shrike up the Band, SCF 2:30 One on One 3:00 Scenic Drive, FSI 5:00 Evening Movie	9:00 Music and Movement, PPW  10:00 Crafting with Shelby, SCF  10:30 Daily Chronicles, SCF  1:00 Molly Time  1:30 Snack Break, FSI  2:00 Afternoon Walk, PPW  2:30 One on One  3:30 Comedy Time, FSI  5:00 Evening Movie	9:00 One on One 9:30 Morning Exercise, PPW 10:00 Cooking w/ Shelby, FSI 10:30 Daily Chronicles, SCF 1:00 Sensory Time 1:30 Snack Break, FSI 2:00 Birthday celebration David & Lynn ALDR 3:30 Afternoon Walk, PPW 5:00 Evening Movie	9:00 Music and Movement, PPW  10:00 Daily Chronicles, SCF  10:30 Word Games, SCF  1:00 Balloon Toss, PPW  1:30 Snack Break, FSI  2:00 Color my World, SCF  2:30 One on One  3:30 Afternoon Walk, PPW  4:30 Evening Movie
9:00 Music and Movement, PPW 10:00 Nail Care 10:30 Daily Chronicles, SCF 1:00 Snack Break, FSI 3:00 Table Games & Puzzles, FSI 3:30 Afternoon Stroll, PPW 4:30 Evening Movie  Grandparents Day	9:30 Music and Movement, PPW  10:30 Daily Chronicles, SCF 1:00 Color my World, SCF 1:30 Snack Break, FSI 2:00 One on One 3:00 Sensory Time 5:00 Evening Movie	9:00 Music and Movement, PPW  10:00 Sensory Time  10:30 Daily Chronicles, SCF  12:30 Color my World, CSF  1:30 Snack Break, FSI  2:00 Walking Club, PPW  2:00 One on One  3:00 Travel Time, FSI  5:00 Evening Movie	9	9:00 ~ 1:30 Hair Salon 9:30 Aromatherapy 10:00 Art Time, SCF 10:30 Daily Chronicles, SCF 1:00 Afternoon Stroll, PPW 1:30 Snack Break, FSI 2:00 Strike up the Band, SCF 2:30 One on One 3:00 Scenic Drive, FSI 5:00 Evening Movie	9:00 Music and Movement, PPW  10:00 Crafting with Shelby, SCF  10:30 Daily Chronicles, SCF  1:00 Music with Randy FSI  1:30 Snack Break, FSI  2:00 Afternoon Walk, PPW  2:30 One on One  3:30 Comedy Time, FSI  5:00 Evening Movie	9:00 One on One 9:30 Morning Exercise, PPW 10:00 Cooking w/ Shelby, FSI 10:30 Daily Chronicles, SCF 1:00 Sensory Time 1:30 Snack Break, FSI 2:00 Happy Hour Hank Blumenthal ALDR 3:30 Afternoon Walk, PPW 5:00 Evening Movie	9:00 Music and Movement, PPW  10:00 Daily Chronicles, SCF  10:30 Word Games, SCF  1:00 Balloon Toss, PPW  1:30 Snack Break, FSI  2:00 Color my World, SCF  2:30 One on One  3:30 Afternoon Walk, PPW  4:30 Evening Movie
9:00 Music and Movement, PPW 10:00 Nail Care 10:30 Daily Chronicles, SCF 1:00 Snack Break, FSI 3:00 Table Games & Puzzles, FSI 3:30 Afternoon Stroll, PPW 4:30 Evening Movie	9:30 Music and Movement, PPW  10:30 Daily Chronicles, SCF 1:00 Color my World, SCF  1:30 Music with Larissa, MC, FSI  1:30 Snack Break, FSI 2:00 One on One 3:00 Sensory Time 5:00 Evening Movie	9:00 Music and Movement, PPW  10:00 Sensory Time  10:30 Daily Chronicles, SCF  12:30 Color my World, CSF  1:30 Snack Break, FSI  2:00 Walking Club, PPW  2:00 One on One  3:00 Travel Time, FSI  5:00 Evening Movie	16	9:00 ~ 1:30 Hair Salon 9:30 Aromatherapy 10:00 Art Time, SCF 10:30 Daily Chronicles, SCF 1:00 Afternoon Stroll, PPW 1:30 Snack Break, FSI 2:00 Strike up the Band, SCF 2:30 One on One 3:00 Scenic Drive, FSI 5:00 Evening Movie	9:00 Music and Movement, PPW  10:00 Crafting with Shelby, SCF  10:30 Daily Chronicles, SCF  1:00 Molly Time  1:30 Snack Break, FSI  2:00 Afternoon Walk, PPW  2:30 One on One  3:30 Comedy Time, FSI  5:00 Evening Movie	9:00 One on One 9:30 Morning Exercise, PPW 10:00 Cooking w/ Shelby, FSI 10:30 Daily Chronicles, SCF 1:00 Sensory Time 1:30 Snack Break, FSI 2:00 Word Games, SCF 3:30 Afternoon Walk, PPW 5:00 Evening Movie	9:00 Music and Movement, PPW  10:00 Daily Chronicles, SCF 10:30 Word Games, SCF 1:00 Balloon Toss, PPW 1:30 Snack Break, FSI 2:00 Color my World, SCF 2:30 One on One 3:30 Afternoon Walk, PPW 4:30 Evening Movie Oktoberfest Begins
9:00 Music and Movement, PPW 10:00 Nail Care 10:30 Daily Chronicles, SCF 1:00 Snack Break, FSI 3:00 Table Games & Puzzles, FSI 3:30 Afternoon Stroll, PPW 4:30 Evening Movie	9:30 Music and Movement, PPW  10:30 Daily Chronicles, SCF 1:00 Color my World, SCF  1:30 Music with Larissa, MC, FSI 1:30 Snack Break, FSI 2:00 One on One 3:00 Sensory Time 5:00 Evening Manie egins Autumn Begins	9:00 Music and Movement, PPW 10:00 Sensory Time 10:30 Daily Chronicles, SCF 12:30 Color my World, CSF 1:00 Music with Randy FSI 1:30 Snack Break, FSI 2:00 Walking Club, PPW 2:00 One on One 3:00 Travel Time, FSI 5:00 Evening Movie	23	9:00 ~ 1:30 Hair Salon 9:30 Aromatherapy 10:00 Art Time, SCF 10:30 Daily Chronicles, SCF 1:00 Afternoon Stroll, PPW 1:30 Snack Break, FSI 2:00 Strike up the Band, SCF 2:30 One on One 3:00 Scenic Drive, FSI 5:00 Evening Movie	9:00 Music and Movement, PPW  10:00 Crafting with Shelby, SCF  10:30 Daily Chronicles, SCF  1:00 Molly Time  1:30 Snack Break, FSI  2:00 Afternoon Walk, PPW  2:30 One on One  3:30 Comedy Time, FSI  5:00 Evening Movie	9:00 One on One 9:30 Morning Exercise, PPW 10:00 Cooking w/ Shelby, FSI 10:30 Daily Chronicles, SCF 1:00 Sensory Time 1:30 Snack Break, FSI 2:00 Happy Hour Jon Pressman ALDR 3:30 Afternoon Walk, PPW 5:00 Evening Movie	9:00 Music and Movement, PPW 10:00 Daily Chronicles, SCF 10:30 Word Games, SCF 1:00 Balloon Toss, PPW 1:30 Snack Break, FSI 2:00 Color my World, SCF 2:30 One on One 3:30 Afternoon Walk, PPW 4:30 Evening Movie
9:00 Music and Movement, PPW 10:00 Nail Care 10:30 Daily Chronicles, SCF 1:00 Snack Break, FSI 3:00 Table Games & Puzzles, FSI 3:30 Afternoon Stroll, PPW 4:30 Evening Movie	Movement, PPW  10:30 Daily Chronicles, SCF  1:00 Color my World, SCF  1:30 Snack Break, FSI  2:00 One on One  3:00 Sensory Time  5:00 Evening Movie	9:00 Music and Movement, PPW  10:00 Sensory Time  10:30 Daily Chronicles, SCF  12:30 Color my World, CSF  1:30 Snack Break, FSI  2:00 Walking Club, PPW  2:00 One on One  3:00 Travel Time, FSI  5:00 Evening Movie	30			Ber 202: y Care	5

## September 2025

# THE MONTHLY GAZETTE

"Ah, September! You are the doorway to the season that awakens my soul."

~ Peggy Toney Horton



#### Plant of the Month - Spider Plant

The quick-growing spider plant has been a popular houseplant for decades. It was first introduced to Europe from Africa in the late 18th century and soon became a favorite in Victorian households. Its lovely, graceful, striped leaves give any decor a bright burst of color and style. In addition to their beauty, these hardy, full plants help purify the air. They thrive indoors and out in most conditions, even when neglected. It's also easy to grow new plants from the originals. The spider plant gets its name from the small, white, star-shaped flowers that sprout at the end of its stems, which



then form the mini plantlets called "spiderettes" that can be planted on their own. The plant is nontoxic, so it's safe to have spider plants around pets. Due to their fresh, vibrant appearance and their ability to survive the lack of attentive care, spider plants are associated with good luck, resilience, abundance, new beginnings, and good fortune.

### Special Days

Labor Day September 1

of Charity September 5

Grandparents Day & Full Corn Moon

September 7

World Gratitude Day September 21

The Beginning of Autumn & Rosh Hashanah September 22

#### Flower - Aster



A symbol of love and patience, September's flower is the lateflowering aster. In ancient times, these dainty blooms were considered the afterthought of the Roman goddess Flora because they bloom well after most other flowers. These mid- to late-summer

stunners are named after the Greek word for "star." Asters come in a beautiful range of colors, including pink, purple, blue, and red, with a yellow or black center.

#### Birthstone - Sapphire



The sparkling blue sapphire is made of corundum. Interestingly, when corundum is red, it is called a ruby. The most expensive sapphires are mined in Kashmir and Myanmar, but they are also found in

Australia, Africa, and India. Sapphires are very hard and durable, and they symbolize truth and fidelity. Some ancient cultures believed that if the wearer was unfaithful, the stone would not shine. Sapphires were also thought to have powers that healed inflammation, bleeding, and eye and ear problems.



# **Memory Care**

A Great Place to Call Home

Hair Salon
Wednesdays
9:00 AM—1:30 PM
Stylist—Oanh
Sign Up at the Front Desk

**Special Activities** 

Music with Larissa ~ September 1<sup>st</sup> @ 1:30 PM

Strike up the Band~ September 3<sup>rd</sup> @ 2:00 PM

Color my World ~ September 8<sup>th</sup> @ 1:00 PM

Art Fun ~ September 10<sup>th</sup> @ 10:00 AM

Music with Randy ~ September 11<sup>th</sup> @ 1:00 PM

Sensory Time ~ September 12<sup>th</sup> @ 1:00 PM

Music with Larissa ~ September 15<sup>th</sup> @ 1:30 PM

Strike up the Band~ September 17<sup>th</sup> @ 1:00 PM

Music with Randy Rogers ~ September 23<sup>rd</sup> @ 1:00 PM

Cooking with Shelby ~ September 26<sup>th</sup> @ 10:00 PM

Word Game ~ September 27th @ 10:30 AM

Scenic Drives with Shelby every Wednesday