## September 2025





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This month we are virtually traveling through Manhattan. Come travel with us, as we emerge ourselves in the Culture, Religions, Food, Folk-Stories, Art, Music and More.	9:30 Morning News & Coffee  10:30 Chair Yoga w/Tim H. –ATR  11:00 Back in the Day  1:00 Afternoon Meditation- Relax & Refresh Time  2:30 Pass the Pillow  3:30 Animal BINGO  5:30 Evening Stroll	9:30 Morning Exercise 10:30 Pastor Dale—CH 11:00 Name That Tune 1:00 Afternoon Meditation- Relax & Refresh Time 2:30 Ballon Toss 3:30 Music & Manicures 5:30 Adult Coloring	3. 9:30 Morning News & Coffee 10:00 Catholic Communion 11:00 Rosary w/KK 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Entertainment with Greg P. 3:30 Would You Rather 5:30 One on One	9:00 Sitting exercise with Caren 10:00 Pastor Julia 11:00 Name That Tune 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Chair Kickball 3:30 Courtyard Stroll 5:30 Puzzles	9:30 Morning News & Coffee 10:00 Coffee & Morning Chat 11:00 Jokes & Riddles 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Welcome to Manhattan (YouTube Video)	9:30 Morning Exercise 10:00 Snack & Hydration 1:00 Relax & Refresh Time 5:30 Adult Coloring 7:00 Governor's Village People Sing-a-Long –ATR
9:30 Morning Exercise 10:00 Rosary 1:00 Relax & Refresh Time 2:30 Movie Club Fun	8. 9:30 Moring News & Coffee 10:30 Chair Yoga w/Tim H. –ATR 11:00 Table Talk 1:00 Afternoon Meditation- Relax & Refresh Time 2:30 Music Hour 3:30 Animal BINGO 5:30 Evening Stroll	9:30 Morning Exercise 10:00 Pastor Dale - CH 11:00 Guess The Object 1:00 Afternoon Meditation- Relax & Refresh Time 2:30 Remember The Time 3:30 Music & Manicures 5:30 Puzzles	9:30 Morning News & Coffee 10:00 Catholic Communion 11:00 Rosary w/KK 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Broadway Show: My Fair Lady 3:30 Table Chat 5:30 One on One	9:00 Sitting exercise with Caren 10:00 Coffee & Morning Chat 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Memory Trivia 3:30 Creative Engagement- MC Choice 5:30 Adult Coloring	9:30 Morning Exercise 10:00 Coffee & Morning Chat 11:00 Reading Circle 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Card Games 3:30 Animal BINGO 5:30 Evening Stroll	9:30 Morning Exercise 10:00 Snack & Hydration 1:00 Relax & Refresh Time 5:30 Adult Coloring 7:00 Governor's Village People Sing-a-Long –ATR
9:30 Morning Exercise 10:00 Rosary 1:00 Relax & Refresh Time 2:30 Movie Club Fun	9:30 Moring News & Coffee  10:30 Chair Yoga w/Tim H. –ATR  11:00 Jokes & Riddles  1:00 Afternoon Meditation- Relax & Refresh Time  2:30 Poetry Hour  3:30 Animal BINGO  5:30 Evening Stroll	9:30 Morning Exercise 10:00 Pastor Dale - CH 11:00 New York Style Pizza 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Movin & Groovin 3:30 Music & Manicures 5:30 Adult Coloring	9:30 Morning News & Coffee 10:30 Catholic Communion-CH 11:00 Rosary w/KK –CH 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Board Games 3:30 Chair Kickball 5:30 One on One	9:00 Sitting exercise with Caren 10:00 Pastor Julia 11:00 Table Toss 1:00 Afternoon Meditation Relax & Refresh Time 2:30 New York Fashion Show 5:30 Evening Sitcom	9:30 Morning Exercise 10:00 St. Francis Catholic Mass 11:00 Old Folk Tales 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Comedy Hour 3:30 Aimal BINGO 5:30 Evening Stroll	9:00 Morning Exercise 10:00 Snack & Hydration 1:00 Relax & Refresh Time 5:30 Adult Coloring 7:00 Governor's Village People Sing-a-Long –ATR
9:30 Morning Exercise 10:00 Rosary 1:00 Relax & Refresh Time 2:30 Movie Club Fun	9:30 Moring News & Coffee  10:30 Chair Yoga w/Tim H. –ATR  11:00 Around the World  1:00 Afternoon Meditation- Relax & Refresh Time  2:30 Famous New Yorkers  3:30 Word Puzzles  5:30 Evening Stroll	9:30 Morning Exercise 10:00 Pastor Dale - CH 11:00 Name That Tunes 1:00 Afternoon Meditation- Relax & Refresh Time 2:30 Fishing Game 3:30 Music & Manicures 5:30 Adult Coloring	9:30 Music News & Coffee 10:30 Catholic Communion 11:00 Rosary w/KK 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Around The World 3:30 Card Games 5:30 One on One	25. 9:00 Sitting exercise with Caren 10:00 Coffee & Morning Chat 11:00 Pass the Pillow 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Guess Who? 3:30 Creative Engagement- MC Choice 5:30 Comedy Hour	9:30 Morning Exercise 10:00 Coffee & Morning Chat 11:00 Puzzles 1:00 Afternoon Meditation Relax & Refresh Time 2:30 Music Hour 3:30 Animal BINGO 5:30 Evening Stroll	9:30 Morning Exercise 10:00 Snack & Hydration 1:00 Relax & Refresh Time 5:30 Adult Coloring 7:00 Governor's Village People Sing-a-Long –ATR
9:30 Exercise 10:00 Rosary 1:00 Relax & Refresh Time 2:30 Movie Club Fun	9:30 Moring News & Coffee  10:30 Chair Yoga w/Tim H. –ATR  11:00 Music Melody  1:00 Afternoon Meditation- Relax & Refresh Time  2:30 MCD Choice  3:30 Animal BINGO  5:30 Evening Stroll	9:30 Moring Exercise 10:00 Coffee & Morning Chat 11:00 Table Toss 1:00 Afternoon Meditation- Relax & Refresh Time 2:30 The Rockettes Concert 3:30 Music & Manicures 5:30 Evening Sitcom				

## 2024 July











