

September 2025

| Bringing maepenaence to living and quality to life | ringing independence to living and quality to life | | | | | | |
|---|---|--|--|--|--|--|--|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
| Happy Birthday Annie F 9-18 Katie 9-25 Donna 9-27 Richard 9-27 Paula 9-28 | LABOR DAY BBQ LUNCH | 9:00 Senior Shape Yoga 10:00 Room Visits 10:00 Games with Judy 10:00 Nails by Fran 1:30 Movie Matinee | 9:00 Senior Shape Yoga 3 10:00 Games with Bex 2:30 Happy Hour Fun | 9:00 Senior Shape Yoga 4 10:00 Room Visits 11:00 Lunch Picnic at Canal Row Park | 9:00 Senior Shape Yoga 5 10:00 Resident Council & | 9:30 Senior Shape Yoga 6 10:00 Table Games 1:00 Afternoon Movie 2:30 Knit & Stitch Group | |
| 1:00 Places with Nancy 7 2:30 Knight & Stitch Group 3:00 Church Service with Pastor Reeves & Rich | 9:00 Walmart Shopping 8 1:00 Game Table Open 1:00 Walmart Shopping | 9:00 Senior Shape Yoga 9 10:00 Room Visits 10:00 Games with Judy 10:00 Nails by Fran 1:30 Movie Matinee | 9:00 Senior Shape Yoga 10 1:00 Bingo 2:30 Happy Hour Fun | 9:00 Senior Shape Yoga 11 10:00 Room Visits 11:00 Lunch at the SR Center and Bingo | 9:00 Senior Shape Yoga 12 10:00 Resident Forum Meeting 10:30 Table Games 1:00 Bingo | 9:30 Senior Shape Yoga 13 10:00 Games with Richard 1:00 Afternoon Movie 2:30 Knit & Stitch Group | |
| 1:00 Places with Nancy 2:30 Knight & Stitch Group 3:00 Church Service with Pastor Reeves & Rich | 9:00 Walmart Shopping 15 1:00 Game Table Open 1:00 Ross Shopping | 9:00 Senior Shape Yoga 16 10:00 Room Visits 10:00 Games with Judy 10:00 Nails by Fran 2:00 Music with Lindy | 9:00 Senior Shape Yoga 17 10:00 Games with Bex 2:30 Ice Cream Floats and Trivia | 9:00 Senior Shape Yoga 18 10:00 Room Visits 11:00 Lunch at Brand 44 | 9:00 Senior Shape Yoga 19 10:00 Dietary Meeting 10:30 Chicken Foot 1:00 Bingo 2:30 Crafts | 9:30 Senior Shape Yoga 20 10:00 Table Games 1:00 Afternoon Movie 2:30 Knit & Stitch Group | |
| 1:00 Places with Nancy 2:30 Knight & Stitch Group 3:00 Church Service with Pastor Reeves & Rich | 9:00 Walmart Shopping 22 1:00 Game Table Open 1:00 Goodwill Shopping | 9:00 Senior Shape Yoga 23 10:00 Room Visits 10:00 Games with Judy 10:00 Nails by Fran 1:30 Movie Matinee | 9:00 Senior Shape Yoga 24 10:00 Dominos 1:00 Bingo 2:30 Happy Hour Fun | 9:00 Senior Shape Yoga 25 10:00 Room Visits 10:45 Lunch at Regency Village at Prineville | 9:00 Senior Shape Yoga 26 10:00 Table Games 1:00 Bingo 2:30 Monthly Birthday Party | 9:30 Senior Shape Yoga 27 10:00 Games with Richard 1:00 Afternoon Movie 2:30 Knit & Stitch Group | |
| 1:00 Places with Nancy 2:30 Knight & Stitch Group 3:00 Church Service with Pastor Reeves & Rich | 9:00 Walmart Shopping 29 1:00 Game Table Open 1:00 Fred Meyer Shopping | 9:00 Senior Shape Yoga 30 10:00 Room Visits 10:00 Games with Judy 10:00 Nails by Fran 1:30 Movie Matinee | Beauty Shop Open Tuesday 12:00-6:00 with Zachary Nail Salon Open every other Wednesday 10:00 with Summer Monday-Sunday Evening Card Games 5:30pm | | | | |