

SAMPLE MEMORY CARE ACTIVITY CALENDAR



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|--|---|---|
| | Labor Day 10:00 Virtual Exercise 1:00 Live Music with Piano Pete 1:00 Louie Visits/Independent Activities 3:00 Relaxation and Refreshments | 1 9:30 Morning Stroll 10:00 Activity with Jill 1:00 Louie Visits/Independent Activities 2:00 Smile Drum Studio 3:00 Relaxation and Refreshments | 2 9:30 Daily Chronicles 10:00 Morning Stretch with Jill 10:30 Sing Along 1:30 Devotions with Jill 3:00 Happy Hour | 3 9:30 Morning Stroll 10:00 Bingo 1:00 Louie Visits/Independent Activities 2:00 Afternoon Exercise 3:00 Relaxation and Refreshments | 4 9:30 Daily Chronicles 10:00 Eldercare Virtual Church Service 10:00 Catholic Church Service with All Saints 1:00 Louie Visits/Independent Activities 2:00 Celebrating Kayo's Birthday! 3:00 Relaxation and Refreshments | 5 Kayo's Birthday 9:30 Virtual Exercise 3:00 Live Mariachi Music! 3:00 Relaxation and Refreshments |
| Happy Grandparents Day and National Assisted Living Week 9:30 Virtual Church Service 12:30 Louie Visits/Independent Activities 1:30 Virtual Sing Along 3:00 Relaxation and Refreshments | 7 Spirit Week-Pajama Day! 9:30 Good News 10:00 Baking Banana Bread! 1:00 Louie Visits/Independent Activities 2:30 Yoga with Suzanne 3:00 Relaxation and Refreshments 7:15 MN Vikings vs. Chicago Bears | 8 Spirit Week-Western Day! 9:30 Morning Stroll 10:00 Timeslips: Storytelling 1:00 Louie Visits/Independent Activities 2:00 Afternoon Exercise 3:00 Relaxation and Refreshments | 9 Spirit Week-Paul Day! 9:30 Daily Chronicles 10:00 Morning Stretch with Jill 10:30 Sing Along 1:30 Church Service with Pastor Chad 3:00 Happy Hour | 10 Spirit Week-Tropical Day! 9:30 Morning Stroll 10:00 Scenic Drive 1:00 Louie Visits/Independent Activities 2:00 Afternoon Exercise 3:00 Relaxation and Refreshments | 11 Spirit Week-Sports Apparel Day! 9:30 Daily Chronicles 10:00 Hymn Sing with Janet 10:00 Catholic Church Service with All Saints 1:00 Louie Visits/Independent Activities 2:00 Games on the patio 3:00 Relaxation and Refreshments | 12 9:30 Virtual Exercise 1:00 Live Music 3:00 Relaxation and Refreshments |
| 9:30 Virtual Church Service 12:30 Louie Visits/Independent Activities 1:30 Virtual Sing Along 3:00 Relaxation and Refreshments 7:20 MN Vikings vs. Atlanta Falcons | 14 9:30 Good News 10:00 Creative Crafts with Jill 1:00 Louie Visits/Independent Activities 2:30 Yoga with Suzanne 3:00 Relaxation and Refreshments | 15 9:30 Morning Stroll 10:00 MacPhail Music 1:00 Louie Visits/Independent Activities 2:00 Book Club: No Recipe Kneaded 3:00 Relaxation and Refreshments | 16 9:30 Daily Chronicles 10:00 Morning Stretch with Jill 10:30 Sing Along 1:30 Devotions with Jill 3:00 Happy Hour | 17 9:30 Morning Stroll 10:00 Bingo 1:00 Louie Visits/Independent Activities 2:00 Walk to End Alzheimer's-Wear PURPLE 3:00 Relaxation and Refreshments | 18 9:30 Daily Chronicles 10:00 Eldercare Virtual Church Service 1:00 Louie Visits/Independent Activities 1:30 Monthly Brithday Party 3:00 Relaxation and Refreshments | 19 9:30 Virtual Exercise 1:00 Live Music 3:00 Relaxation and Refreshments |
| World Alzheimer's Day 8:30 MN Vikings vs. Pittsburgh Steelers 9:30 Virtual Church Service 12:30 Louie Visits/Independent Activities 1:30 Virtual Sing Along 3:00 Relaxation and Refreshments | 21 9:30 Good News 10:00 Baking Bread! 1:00 Louie Visits/Independent Activities 2:30 Yoga with Suzanne 3:00 Relaxation and Refreshments | 22 9:30 Morning Stroll 10:00 MacPhail Music 1:00 Louie Visits/Independent Activities 2:00 Travelogue-Destination: Sojourn in Sweden 3:00 Relaxation and Refreshments | 23 9:30 Daily Chronicles 10:00 Morning Stretch with Jill 10:30 Sing Along 1:30 Church Service with Pastor Chad 3:00 Happy Hour | 24 9:30 Morning Stroll 10:00 Bingo 1:00 Louie Visits/Independent Activities 2:00 Afternoon Exercise 3:00 Relaxation and Refreshments | 25 9:30 Daily Chronicles 10:00 Catholic Church Service with All Saints 1:00 Louie Visits/Independent Activities 2:00 Games on the patio 3:00 Relaxation and Refreshments | 26 9:30 Virtual Exercise 1:00 Live Music with Philip 3:00 Relaxation and Refreshments |
| 9:30 Virtual Church Service 12:30 Louie Visits/Independent Activities 1:30 Virtual Sing Along 3:00 Relaxation and Refreshments | 28 9:30 Good News 10:00 Creative Crafts with Jill 1:00 Louie Visits/Independent Activities 2:30 Yoga with Suzanne 3:00 Relaxation and Refreshments | 29 9:30 Morning Stroll 10:00 MacPhail Music 1:00 Louie Visits/Independent Activities 2:00 Soap Carving with Chris 3:00 Relaxation and Refreshments | 30 <i>*Events and activities subject to change</i> | | | <i>Dimensions Neighborhood</i> |