

SAMPLE ASSISTED/INDEPENDENT ACTIVITY CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CHA Christian Heritage Academy KBP KB's Parlor L Lobby MRC Mercy Road Church NPD Nan's Private Dining NRG NRG Wellness Center P Patio RS Renew Salon and Spa SH Shen Hall TGR The Grove Restaurant TL The Loft	11:15 Group Virtual Exercise (NRG) 1:00 Paul Young Karaoke (SH) 3:30 Bingo (SH)	11:15 Chair Exercise (NRG) 1:00 Beauty Makeovers for Beauty Show (RS) 1:30 500 Cards Club (KBP) 2:30 Yoga with Suzanne (SH) 3:30 Murder Mystery Party (SH)	11:15 Pump to Funk (NRG) 2:00 Ladies Faith and Fellowship (SH) 2:30 Police Conversation: Scams (SH) 3:00 Happy Hour (KBP) 6:30 Wednesday Night Movie: It's a Mad, Mad, Mad World (SH)	11:15 Pump to Funk 2 (NRG) 1:00 Outing: Lifetime Fitness and Cub (L) 1:00 Hand and Foot Cards Club (KBP) 2:00 Strong Foundations: Exploring The Pillars of Wellness (TL)	10:45 Ladies Chat Corner (KBP) 11:15 Group Exercise Virtual (NRG) 1:00 McPhail Music (SH) 1:00 Cribbage Club (KBP) 2:00 Scrabble Club (KBP) 3:00 Happy Hour- BYOB (KBP) 6:15 Lakeville Football Game Outing (L)	11:15 Walking Club (L) 1:00 Hand and Foot Cards Club (KBP) 1:15 Movie: Raiders of the Lost Ark (SH) 3:00 Live Mariachi Music (L)
GRANDPARENT DAY 9:00 Christian Church Service (MRC) 9:00 Virtual Catholic Service (SH) 10:30 Christian Church Service (MRC) 2:00 Scrabble Club (KBP) 3:00 Walking Club (L)	Spirit Week-Pajama Day 11:15 Pump to Funk (NRG) 1:00 Loveable Llamas Visit (P) 3:30 Bingo (SH) 7:15 Vikings Game (SH)	Spirit Week-Western Day 11:15 Chair Exercise (NRG) 1:00 Beauty Makeovers for Beauty Show (RS) 1:30 500 Cards Club (KBP) 3:00 Apple Cider and Treat (SH)	Spirit Week-Paul Day 11:15 Pump to Funk (NRG) 2:00 Pastor Chad (SH) 2:00 Men's Group (NPD) 3:00 Happy Hour (KBP) 6:30 Wednesday Night Movie: A Star is Born/Judy Garland	Spirit Week - Tropical Day 11:15 Pump to Funk 2 (NRG) 1:00 Outing: Lifetime Fitness and Cub (L) 1:00 Hand and Foot Cards Club (KBP) 2:00 Strong Foundations: Exploring the Pillars of Wellness (TL) 3:15 Tropical Sno-Cones (SH)	Spirit Week-Sports Apparel Day 10:45 Ladies Chat Corner (KBP) 11:15 Group Exercise Virtual (NRG) 1:00 Cribbage Club (SH) 2:00 Scrabble Club (SH) 3:00 Happy Hour- BYOB (KBP)	11:15 Walking Club (L) 1:00 Hand and Foot Cards Club (KBP) 1:15 Movie: Heads of State (SH)
9:00 Christian Church Service (MRC) 9:00 Virtual Catholic Service (SH) 10:30 Christian Church Service (MRC) 2:00 Scrabble Club (KBP) 3:00 Walking Club (L) 7:15 Vikings Game (SH)	11:15 Chair Exercise (NRG) 1:00 McDonald's Ice Cream Outing (L) 3:30 Bingo (SH)	9:00 Beauty Makeovers for Beauty Show (RS) 11:15 Chair Exercise (NRG) 1:00 Beauty Makeovers for Beauty Show (RS) 1:30 500 Cards Club (KBP) 2:30 Yoga with Suzanne (SH) 6:30 Beauty and Fashion Show (SH)	11:15 Pump to Funk (NRG) 2:00 Ladies Faith and Fellowship (SH) 2:00 Men's Group (NPD) 3:00 Happy Hour (KBP) 6:30 Wednesday Night Movie: A Star is Born Lady Gag (SH)	11:15 Pump to Funk 2 (NRG) 1:00 Hand and Foot Cards Club (KBP) 2:00 Walk to End Alzheimer's-Wear PURPLE (L) 3:30 OktoberFest Party (SH)	10:45 Ladies Chat Corner (KBP) 11:15 Group Exercise Virtual (NRG) 1:00 Cribbage Club (SH) 1:30 Monthly Birthday Party (L) 2:00 Scrabble Club (SH) 3:00 Happy Hour- BYOB (KBP)	11:15 Walking Club (L) 1:00 Hand and Foot Cards Club (KBP) 1:15 Movie: Shotgun Wedding (SH)
8:30 Vikings Game (SH) 9:00 Christian Church Service (MRC) 9:00 Virtual Catholic Service (SH) 10:30 Christian Church Service (MRC) 2:00 Scrabble Club (KBP) 3:00 Walking Club (L)	11:15 Pump to Funk (NRG) 2:00 Vinnie Rose Singer/Guitarist (L) 3:30 Bingo (SH)	11:15 Chair Exercise (NRG) 1:30 Alyssa Whetstone Watercolor Painting (SH) 1:30 500 Cards Club (KBP) 3:00 Chips and Cheese (SH)	11:15 Pump to Funk (NRG) 1:00 Book Club 2:00 Pastor Chad (SH) 2:00 Men's Group (NPD) 3:00 Happy Hour (KBP) 6:30 Wednesday Night Movie: A Star is Born Janet Gaynor (SH)	11:15 Pump to Funk 2 (NRG) 1:00 Outing: Lifetime Fitness and Cub (L) 1:00 Hand and Foot Cards Club (KBP) 2:00 Adult Prom (SH) 6:30 Poetry Slam (SH)	11:15 Group Exercise Virtual (NRG) 1:00 Little Six Outing (L) 1:00 Cribbage Club (SH) 2:00 Scrabble Club (SH) 3:00 Happy Hour- BYOB (KBP)	11:15 Walking Club (L) 1:00 Hand and Foot Cards Club (KBP) 1:15 Movie: Chicago (SH)
9:00 Christian Church Service (MRC) 9:00 Virtual Catholic Service (SH) 10:30 Christian Church Service (MRC) 2:00 Scrabble Club (KBP) 3:00 Walking Club (L) 8:30 Vikings Game (SH)	11:15 Chair Exercise (NRG) 1:00 Saver's Outing 3:00 Flavored Coffee Bar (KBP) 3:30 Bingo (SH)	11:00 Taco Tuesday Outing (L) 11:15 Chair Exercise (NRG) 1:30 500 Cards Club (KBP) 2:30 Yoga with Suzanne (SH) 3:30 Vodka Cranberry Drinks	Calendar Events and Activities subject to change			