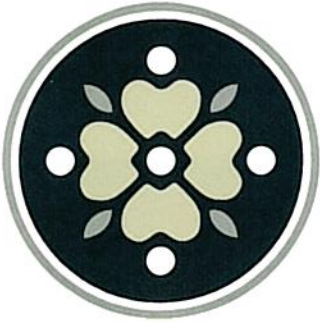


Staff Directory & Info



Brian Crookshank, *Property Manager*  
Vinny Verasammy, *Assistant Property Manager*  
Tay Jones, *Program Director*  
Wayne Penny, *Service Supervisor*  
Abigail Kozak, *Leasing Specialist*  
Office Phone Number: 804.563.2999  
Emergency Maintenance: 804.491.9177  
Hours of Operation:  
Monday-Friday- 9:00am-6:00pm  
Saturday- 10:00am-5:00pm  
Sunday- Closed



LAKE FOREST  
AT SWIFT CREEK

6050 Harbour Green Dr • Midlothian, VA 23112 • 804-250-1003

September 2025



Hello September

September is here, bringing cooler days, fresh opportunities, and plenty of exciting events for our community. From special celebrations to fun activities, we've got something for everyone this month, so mark your calendars and join in the fun!

Save the Date

Josh Urban: "American Sound Series"	9/2
Hot Breakfast Social	9/5, 9/19
Kevin Salyer Performance	9/8
Lake Forest Fire Drill	9/10
Emergency Preparedness w/ Chesterfield EMS	9/12
Civil War Museum: "Nightingales Of Richmond"	9/15
September Succulents w/ Kelly	9/18
Cocktail Tastings w/ Salt & Acid	9/25
Arts w/ Richelle	9/23
September Birthday Social	9/26
Car Club w/ River City Cruisers	9/27
Coffee Bar (National Coffee Day)	9/29

RIVER CITY  
CRUISERS  
CAR CLUB  
& COOKOUT

Saturday, September 27<sup>th</sup>  
12pm-3pm



HONOR  
PATRIOT DAY





### A Note From the Property Manager, Brian Crookshank



**Emergency Preparedness: Fire Safety Reminder**

This month, we're continuing our focus on emergency preparedness with a reminder about fire safety and the Lake Forest Fire Evacuation Plan. In the event of a fire, evacuate the building quickly. Our Rally Point is in the front parking lot behind the EV charging stations. If weather conditions are poor, wait in your vehicle. First responders will locate you there. Please don't delay for pets; notify the Fire Department and they'll assist. If you anticipate needing help evacuating, call Chesterfield County's non-emergency line (804-748-1251) to register with their Premise Alert Program. If this is set up ahead of time, first responders will know to come assist you when they arrive. Also, keep your **File of Life** up to date and on your fridge. A recommendation is to use pencil for changing medications. Need a new one? We have extras in the front office.

**Mark your calendars: Fire Drill – Wednesday, Sept. 10, at 11:00 AM.**

Stay safe and prepared!

### Resident Spotlight- Michele Peace



Michele is a woman of remarkable achievement and compassion, dedicated to service, learning, and inspiring others. She graduated from Pioneer School for Nursing Assistant in Petersburg, studied special education at Kingston College in Ontario, Psychology and Social Work at Stratford Career Institute, and earned honors from Word of Life Bible Institute. She is an ordained Minister. Her journey has taken her across Canada, Ukraine, and the U.S., with passions for travel, photography, and ministry/community outreach especially for children, the homeless, and seniors. Michele retired as a Lieutenant from a men's maximum security prison, demonstrating exceptional leadership and resilience. Now an author, she published *Missions in Ukraine: A Woman's Journey of Faith and Purpose* and is working on the second book in her memoir series. She treasures her four children, 14 grandchildren, and one great-grandchild and is accompanied by her devoted service animal, Teagan. Michele's life is a testament to faith, perseverance, and the power of serving others.



### All About September

September is a month full of charm and change. Its birth flowers, the aster and morning glory, symbolize love and affection, while its birthstone, the sapphire, is prized for its deep blue beauty and connection to wisdom. Interestingly, September is the only month whose name has the same number of letters as its month number—nine! The first day of autumn typically arrives between September 22 and 23, and in the Northern Hemisphere, the days grow shorter as we head toward winter. People born this month fall under two zodiac signs: Virgo (August 23–September 22) and Libra (September 23–October 22).

**Which two flowers are associated with September birthdays?**

- a) Rose & Lily
- b) Aster & Morning Glory
- c) Daisy & Violet
- d) Sunflower & Poppy



### The Maintenance Corner

If you notice anything in your apartment or around the community that needs attention, please don't hesitate to submit a maintenance request right away. The sooner we know about an issue, the quicker we can address it and keep everything running smoothly for everyone. Thank you for choosing Lake Forest!



### Lake Forest Fit Fact

As temperatures drop, dress in light layers to stay warm and comfortable both indoors and outdoors. Layering helps you adjust easily to changing weather, prevents chills, and supports healthy circulation. Plus, it's a great excuse to pull out your coziest sweaters!



### Happy Birthday to....

Rebecca J.	9/5
Brian D.	9/13
Bonnie D.	9/18
Richard N.	9/19
Eleanor D.	9/21
Josephine M.	9/24
James M.	9/28

### Summer Recap!



### Hot Breakfast Social & Social Hour

**Hot Breakfast Social:** Join us twice a month for a hearty hot breakfast featuring eggs, bacon, sausage, pancakes and more! It's the perfect way to start your day—share a meal, catch up with neighbors and enjoy a warm, welcoming atmosphere. **Twice a Month 10:30am-11:30am in the Resident Lounge.**

**Social hour:** Enjoy one complimentary drink on us! We also offer a selection of soft drinks and nonalcoholic beverages. Relax and unwind in the afternoon while savoring a beverage with new friends. Feel free to bring your own beverages if you prefer—offered Monday, Wednesday and Friday from 4-5pm in the Resident Lounge.