Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Seated Exercise (2 nd Floor)	9:30 Seated Exercise (2 nd Floor)	9:30 Seated Exercise (2 nd Floor)	9:30 Seated Exercise (2 nd Floor)	9:30 Seated Yoga (2 nd Floor)	9:30 Veteran's Coffee
	1:30 Discussion Corner & Coffee (2 nd Floor)	10:30 Coffee & Conversation (Pub) 1:30 Mexican Train	10:30 Shopping Trip- Walmart 1:00 Euchre Group (Studio)	10:30 First Congregational Knitting Group (Studio) 11:00 Walking Group	Bar & Grill	Chat (Dining Room)
	3:00 Social & Trivia (Pub)	(Studio) 3:30 Happy Hour Music By: Malt Shop Melodies	3:00 Bingo (Dining Room)	(Lobby) 1:30 Rummikub (2 nd Floor) 3:30 Happy Hour Music	3:00 Social & Trivia (Pub)	2:00 Game Group (Studio)
	Labor Day	9:30 Seated Exercise 9	6:00 500 Group (Studio) 9:30 Seated Exercise 10	By: Mark Johnson 9:30 Seated Exercise 11	40	40
1	9:30 Seated Exercise	9:30 Seated Exercise 9 (2 nd Floor)	(2 nd Floor)	(And E1	9:30 Seated Yoga	13 11:00 Yahtzee Group
11:00 Board Games (Studio)	(2 nd Floor) 10:30 Outing RF Library	10:00 Library History Chat (2 nd Floor)	12:30 Outing- Boating Trip 1:00 Euchre Group(Studio)	11:00 Walking Group (Lobby)	(2 nd Floor)	(Studio)
6:30 Movie & Poncorn	1:30 Discussion Corner & Coffee (2 nd Floor) 2:30 Kona Ice Truck	11:00 Outing- Discovering Together Tuesday 1:30 Mexican Train	1:30 Rosary/Communion (2 nd Floor) 3:00 Ringo (Dining Room)	12:45 Outing-RF Movie Theatre 1:30 Rummikub (2 nd Floor)	11:30 Outing-UWRF Coffee Concert	1:00 Outing- Spring Valley Theatre
6:30 Movie & Popcorn (2 nd Floor)	3:30 Word Games (2 nd Floor)	(Studio) 3:30 Happy Hour Music	5:00 Outing- Saints Game 6:00 500 Group (Studio)	3:30 Happy Hour Music	3:00 Game Group (Studio)	2:00 Game Group (Studio)
Grandparents Day		By: Larry Radle	0.20 G . 1 E			
14	9:30 Seated Exercise	9:30 Seated Exercise	9:30 Seated Exercise 17 (2 nd Floor)	9:30 Seated Exercise	9:30 Seated Yoga	20
11:00 Board Games (Studio)	(2 nd Floor) 10:30 Out to Eat- DeGidio's Restaurant		1:00 Outing- Maple Leaf Orchard 1:00 Euchre Group(Studio)	(2 nd Floor) 11:00 Walking Group		9:30 Veteran's Coffee Chat (Dining Room)
	1:30 Presentation on The Red Tail Squadron By:	10:30 Outing- Par 3 Golf 1:30 Mexican Train	1:30 Rosary/Communion	1:30 Rummikub (2 nd Floor) 1:30 Sycamore		
6:30 Movie & Popcorn (2 nd Floor)	LaVonne Kay (2 nd Floor) 3:30 Word Games	(Studio) 3:30 Happy Hour Music	3:00 Bingo (Dining Room)	Alzheimer's Walk 3:30 Happy Hour Music	2:00 Monthly Ice Cream Tour	2:00 Game Group (Studio)
	(2 nd Floor)	By: Joe Sir	• ` ` ′	By: Tom Erickson		Oktoberfest Begins
21		9:30 Seated Exercise 23	9:30 Seated Exercise 24	9:30 Seated Exercise 25	26	27
	9:30 Seated Exercise (2 nd Floor)	10:30 Shopping Trip- Target		(2 nd Floor)	9:30 Seated Yoga (2 nd Floor)	
11:00 Board Games (Studio)	10:30 Outing-RF Library	10:30 Coffee & Conversation	10:30 Outing- T.I. Casino	11:00 Walking Group 12:00 Western Themed	(2 11001)	11:00 Yahtzee Group (Studio)
(Studio)	1:30 Discussion Corner &	(Pub) 1:00 Technology Tuesday	1:00 Euchre Group(Studio) 1:30 Rosary/Communion	Luncheon	1:30 Craft Group	(Studio)
	Coffee (2 nd Floor) 3:00 Tenant Townhall	1:30 Mexican Train		1:30 Rummikub (Studio) 2:00 Presentation on U.S.	(2 nd Floor)	
6:30 Movie & Popcorn (2 nd Floor)	Meeting (2 nd Floor)	(Studio) 3:30 Happy Hour Music	3:00 Bingo (Dining Room)	Flag Origins (2 nd Floor)	3:00 Game Group (Studio)	2:00 Game Group (Studio)
(2 11001)	Rosh Hashanah Autumn Begins	By: St. Croix Acoustic	6:00 500 Group (Studio)	3:30 Happy Hour Music By: Rudy Rudesill	,	
28	· ·	30		J. C. S. C.	1244	
	9:30 Seated Exercise	9:30 Seated Exercise				
11:00 Board Games	(2 nd Floor)	(2 nd Floor)		A DI L		
(Studio)	1:30 Discussion Corner & Coffee (2 nd Floor)	10:30 Coffee & Conversation (Pub)	DAI	MPLE		
	1:30 Outing- Pepin	1:30 Mexican Train				
6:30 Movie & Popcorn	Heights Store	(Studio)				
(2 nd Floor)	3:30 Word Games (2 nd Floor)	3:30 Happy Hour Music By: Tim Patrick			The Syc	amore-
745 Sycamore Street, R	River Falls, WI 54022	(715) 997-34	40 Activities at	nd times are adapted to	the changing needs of o	ur residents.