



SEPTEMBER BIRTHDAYS!

Employees Birthdays

- 1st-Karina A.
- 2nd-Brittany H.
- 9th-Veronica G.
- 14th-Jill C.
- 17th-Crystal G.
- 21st-Erika D.
- 24th-Colene C.
- 26th-Ziyu Z.
- 26th-Yvonne M.
- 26th-Eula C.
- 30th-Samantha H.
- 30th-Brittney E.



\$3,500 RESIDENTIAL REFERRAL BONUS

FAMILY & FRIENDS REFERRAL PROGRAM!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

PROVIDENCE CONNECT

SEPTEMBER 2025



AUGUST REFLECTION

Join us for an unforgettable week as we celebrate Assisted Living Week with heartwarming events, joyful activities, and a spirit of togetherness! Then, welcome the beauty of the season at our Fall Happening — a festive celebration featuring fall treats, music, crafts, and cozy fun.

Let’s make memories, share laughter, and honor the vibrant lives in our community! As always if you have any questions or concerns please feel free to reach out to me via email at bethany.degennaro@singhmail.com.

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COMMUNITY MANAGEMENT

John Ficker
Executive Director

Jessica Crowley
Business Office Manager

Jesus Roman
Culinary Services Manager

Bethany DeGennaro
MC Life Enrichment Manager

Matt Swaney
Marketing Manager

Cara Nirenberg
Marketing Manager

Chandra Mills
Resident Care Manager

ASSOCIATE SPOTLIGHT:SAMANTHA CARTER

Madison is our associate of the month for September. She is a caregiver and med-tech. She will be working here a year in November. Her favorite thing about working at Waltonwood is the residents! In Madison's free time she likes to hang out with her fiancé and they go on adventures together. Something you may not know about Madison is that she loves to play soccer. Madison's favorite food is tacos and her dream job is to become an RN. Her number one bucket list item is to go to Jamaica! Thank you Madison for everything you do for Waltonwood and our residents. You make a difference in the residents lives everyday!



AUGUST HIGHLIGHTS

15

Hawaiian Dancers

18

Freaky Friday Movie
Outing



19

Theresa the Vintage
Singer

20

Packing Bags for
Homeless



BETTER BALANCE

September is Fall Prevention Awareness Month, and for many seniors fall prevention is one of their greatest concerns as they age. Each year 1 in 4 seniors reports having a fall. In the past decade alone ER visits resulting from falls has increased by 43%. While it may be impossible to prevent all falls, exercises that focus on strength, balance and coordination have been shown to dramatically reduce the risk of falling in seniors. In fact, research indicates that seniors who strength trained twice per week for as little as six months, decreased their fall risk by 40%. When combined with balance training, which on its own lowered fall risk by 30% over the same six weeks, overall fall preventions rates increased even more. Better balance takes time but by taking a proactive approach with strength training you can set yourself up for long term success.

TRANSPORTATION INFORMATION

Waltonwood will provide transportation for medical appointments on Wednesdays, and Thursdays. Please notify the Concierge of your appointment as far in advance as possible with the time, date and location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30 pm.



SEPTEMBER SPECIAL EVENTS

1

Labor Day

2

Candy
Creations

5

Greek Day

8-12

Assisted Living Week



Sanding, painting, along with folks hanging wallpaper has become the norm at our community. We are very appreciative of how accommodating all of you have been as the work continues. Several people have asked me what we are doing with the old furniture. Well, we still need it for a while but please know we will send out a blast when the new furniture arrives and have a yard sale. New furniture may not arrive until December.

I also want to give a shout out to our Assisted Living and Memory Care community. On August 26, three surveyors from the Division of Health Service Regulation entered our community for our state survey. After a thorough review we were found to be deficiency free! Please congratulate all of the team for a great job!

Now let's get ready for some football! Go Gators!

John