| Sunday  | Monday /  | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   |
|---|---|---|--|---|---|--|
| Key to Programs & Rooms  (S) Social AR- Activity Room (O) Outing TS-Summit Bldg. (E) Exercise F-Fitness Room (A) Art PL-Parlor (Lobby) (M) Music DR-Dining Room (R) Religious T-Theater(3rd floor) (C) Cognitive L-Library (L) Lecture LB- Lobby (P) Presentation CY-Courtyard (V) Vendor-Service |   | 9:00 30 min.Dime Blackjack-AR 29:00 King Soopers/Safeway (O) L9:30 King Soopers/Safeway (O) L10:00 Thera Bands (E)AR 10:45 Weights (E)AR 1:00 Office Hours w/ the ED-P1:00 Bridge (S/C) Pub1:00 Scat Card Game(S/C)AR3:00 Happy Hour (M)AR3:00 Touching Lives (R)TSAR6:30 Up & Down the River(S/C)-P6:30 Residents Choice(P)T | 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E) Pool 1:30 Cash Bingo (S/C)AR 6:30 Hand & Foot (S/C)AR 6:30 Pub open for games   | 9:30 Weights (E)AR 10:30 Wii Games (S/C)AR 10:45 Blackjack Bunch (S/C)AR 1:00 Better Balance (E)AR 1:30 Crafty Corner (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P  |   | 9:30 Coffee & Donuts (S)AR<br>1:00 Hand & Foot (S/C)AR<br>1:00 Create n' Chat Club(A)PL<br>2:00 Christian Worship Ch.20<br>2:00 Color Me Club (A)P   |
| 9:00 Catholic Mass (R)CH3   | 9:00 Kings Booster Clinic-L 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:45 Blood Pressure Clinic-AR 10:45 Meditation (C)T 1:00 Aquacise (E)Pool 1:00 Wii Bowling (E)AR 2:00 Life and times of Molly Brown Make up program in AR 2:00 Bible Study (R)P 3:00 LCR Dice Game (S/C)AR* 6:30 Mexican Train (S/C) AR 6:30 Fast Track (S/C)Pub | 9:00 30 min.Dime Blackjack-AR 9:00 Trader Joe's & Dollar Tree(0) 9:30 Trader Joe's & Dollar Tree(0) 10:00 Thera Bands (E)AR   | 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E) Pool 1:30 Cash Bingo (S/C)AR 6:30 Hand & Foot (S/C)AR 6:30 Pub open for games   | 9:30 Weights (E)AR 10:30 Wii Games (S/C)AR 10:45 Blackjack Bunch (S/C)AR 1:00 Better Balance (E)AR 1:30 Crafty Corner (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P  | OnSite Dermatology on Campus 12 9:00 Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:00 Freedom Street Eatery(O)L 1:00 Skip Bo (S/C)AR 2:00 Maj Jongg Club(S/C)P 6:30 Resident Bingo(S/C)AR               | 9:30 Coffee & Donuts (S)AR 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club(A)PL 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 2:00 Butterfly Pavilion Presents Bug Noises (P)TSAR |
| 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 3:00 Colorado Show Choir (M) Activity Room 4:00 Cards (S/C)AR  | 8:45 VNA Foot Clinic (V)TSAR 10:30 Resident Assembly-AR 1:00 Aquacise (E)Pool 1:00 Active Minds presents the Mississippi River-AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Mexican Train (S/C) AR 6:30 Fast Track (S/C) Pub  | 9:00 30 min.Dime Blackjack-AR 6<br>9:00 King Soopers/Safeway (O) L<br>9:30 King Soopers/Safeway (O) L<br>10:00 Thera Bands (E)AR  | 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Mah Jongg (S/C)P 10:45 Meditation (C)T 1:00 Aquacise (E) Pool 1:30 Cash Bingo (S/C)AR 6:30 Hand & Foot (S/C)AR 6:30 Pub open for games   | 9:30 Weights (E)AR 10:30 Wii Games (S/C)AR 10:45 Blackjack Bunch (S/C)AR 1:00 Better Balance (E)AR 1:30 Crafty Corner (A)AR 2:00 Scat Card Game (S/C)AR 2:30 Chef Chat- DR 3:00 Resident Happy Hour(S)P                                     | 9:00 RR Aquacise (E)Pool 9:30 Seated Cardio (E)AR 10:00 Chair Yoga (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:00 Lyons Scenic Drive(O)L 1:00 Calendar Review(C)AR 1:00 Skip Bo (S/C)AR 2:00 M&M Boys (M)AR 2:00 Maj Jongg Club(S/C)P 6:30 Resident Bingo(S/C)AR | 9:30 Coffee & Donuts (S)AR 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club(A)PL 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P   |
| 8:30 Catholic Mass (R)CH2<br>9:00 Catholic Mass (R)CH3<br>10:00 Catholic Mass (R)CH233<br>10:30 Eucharist (R)TST<br>2:00 Skip Bo(S/C)AR<br>2:00 Scat Card Game(C)AR<br>4:00 Cards (S/C)AR   | 10:30 Town Hall-AR 1:00 RR Aquacise (E)Pool 1:00 Wii Bowling (E)AR 2:00 Virtual Capitol Hill Tour Presented by Historic Denver Molly Brown House Museum 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Mexican Train (S/C) AR 6:30 Fast Track (S/C) Pub Rosh Hashanah Begirls Autumn Begins  | 9:00 30 min.Dime Blackjack-A <b>23</b><br>9:00 Walmart & Spouts (O)L<br>9:30 Walmart & Sprouts(O)L  | Immunization Clinic in AL 24<br>9:30 Seated Cardio (E)AR<br>10:00 Chair Yoga (E)AR<br>10:30 Mah Jongg (S/C)P<br>10:45 Meditation (C)T<br>1:00 Aquacise (E) Pool<br>1:30 Prize Bingo (S/C)AR<br>6:30 Hand & Foot (S/C)AR<br>6:30 Pub open for games | 9:00 Family Hearing (V)L 10:30 Wii Games (S/C)AR 10:45 Blackjack Bunch (S/C)AR 1:00 Better Balance (E)AR 1:30 Crafty Corner (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 4:00 Boot Scootin' BBQ-CY Dinner is served in CY | 9:00 Donation Station-AR<br>9:00 Aquacise (E)Pool<br>9:30 Seated Cardio (E)AR<br>10:00 Chair Yoga (E)AR<br>10:30 Scat Card Game (S/C)P<br>10:45 Meditation (C)T<br>11:00 Bryan's Dumplings (O)L   | 9:30 Coffee & Donuts (S)AR 1:00 Hand & Foot (S/C)AR 1:00 Create n' Chat Club(A)PL 1:30 5280 Performers (M)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P                          |
| 8:30 Catholic Mass (R)CH2<br>9:00 Catholic Mass (R)CH3<br>10:00 Catholic Mass (R)CH233<br>10:30 Eucharist (R)TST<br>2:00 Skip Bo(S/C)AR<br>2:00 Scat Card Game(C)AR<br>4:00 Cards (S/C)AR   |   | 9:00 30 min.Dime Blackjack-AR <b>30</b> 9:00 King Soopers/Safeway (O) L 9:30 King Soopers/Safeway (O) L 10:00 Thera Bands (E)AR 10:45 Weights (E)AR 1:00 Bridge (S/C)Pub 1:00 Scat Card Game(S/C)AR 3:00 Happy Hour (M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River(S/C)P 6:30 Residents Choice(P)T                |  | otem<br>Mountain Vi   | ber 2  ew Building  | 025  |