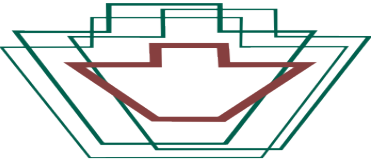


ASSISTED LIVING

SEPTEMBER 2025



Keystone Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Monthly Theme</u> 	1 <i>9:30- Shopping in Chicopee</i> 	2 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic-Pub 10:30- Kazoo and You-3A <i>1pm-Reading of the Newsletter-Pub</i> <i>For those who are visually impaired</i> 1pm- Wii Bowling- Theater 2pm- Painting Class-3A <i>3:15- Blackjack Gold- \$25.00-3A</i> 6:45- Popcorn Club- Theater	3 <i>9:30- Hubbard Coffee Chat and Dani's Magical Sourdough -3A</i> <i>10:30- Meditation w/ Rob-3A</i> 12:30- Rosary-T <i>1:15pm-Exercise w/ Alliyah OT-T</i> <i>1:30- Mark from Berkshire Hills Performs-3A</i> 2pm- Wii Bowling- Theater <i>3:30pm- Tchotchke Bingo-3A</i> 6:45- Rummikub-Billiard	4 <i>9:30- Around the World Breakfast Club- Courtyard-</i> <i>10:30- Short Sci Fi Stories Read Aloud-Theater</i> <i>11:30- Monthly Birthday Luncheon</i> 1pm- Jeopardy for Amateurs-3A <i>2pm- Mike and Dan Performs-3A</i> 3:15- Popcorn Club/Happy Hour-T 6:45- Kings in the Corner- Billiards	5 <i>9:30- Coffee and Brain Games-3A</i> <i>10:30- Bus leaves for Hadley Mall to see "Hamilton"</i> 12:30- Rosary-Theater 1pm- Wii Bowling-Theater <i>1pm- Mark from Bershire Hills Performs-3A</i> 3:30pm- Upwords-Billiards 6:45- Crazy 8's- Billiards	6 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling Theater <i>2pm- Honky Tonk Piano Man</i> <i>3:15 Newsletter Committee Meeting-Pub</i>
7 <i>Grandparents Day</i> Mass at St Elizabeth's 2pm- Rummikub-Billiards <i>2pm- Make Your Own Sundae- IL Dining Room</i>	8 <i>Assisted Living Week</i> <i>9:30- Shopping in Ludlow</i> 10:00- Communion w/ Deacon Tom IL Vestibule 10:30- Boggle- Billiards 12:30- Rosary-Theater <i>1pm Writing for Fun Just Cuz-Pub</i> 2pm- Balloon Volleyball-3A 3:15- Wii Bowling- Theater 3:15- Canasta Billiards Room 6:45- Quarter Bingo with Harriet-Pub	9 <i>Celebrating John R's 90th</i> 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic-Pub <i>10:30- Bob Michelson Presents "All About Foxes"-3A</i> 1pm- Wii Bowling- Theater 2pm- Painting Class-3A <i>3:15- Nickels-3A- 2.00 in Nickels</i> 6:45- Popcorn Club- Theater <i>Wear your Favorit Fall Sweater</i>	10 9:30- Hubbard Coffee Chat -3A <i>10:30- Meditation w/ Amy and Lynn</i> 12:30- Rosary-T <i>1pm- Grief support Group-Pub</i> <i>1:15pm-Exercise w/ Alliyah OT-3A</i> 2pm- Joanne and Donna Lee Performs-3A 3:30- Dime Bingo-3A 6:45- Rummikub-Billiard	11 9:30- Coffee Chat and Chronicles <i>10:30- Adaptive Boxing-3A</i> 1pm- Literature Jeopardy for Amateurs-3A <i>2pm- Richie Mitnik Performs-3A</i> 3:15- Popcorn Club/Happy Hour-T <i>4:30- Candlelight Dinner</i> 6:45- Kings in the Corner- Billiards	12 <i>9:30- Walking Club and Tandem Bagel Outing</i> 12:30- Rosary- Theater 1pm- Wii Bowling-Theater <i>1pm- Lewis and Clark Bingo-3A</i> 2pm- Mime Performance by Rob Rivest-3A 3:15pm- Sequence- Billiards Room 6:45- Crazy 8's- Billiards	13 9:30- Coffee Chat-2A 10:30- Bingo for Prizes-3A 1pm- Wii Bowling Team Play <i>2pm- Teri Lafleur and Bella Voce Performs-3A</i>
14 Mass at St Elizabeth's 2pm- Rummikub-Billiards	15 <i>9:30- Shopping in Chicopee</i> 10:00- Communion w/ Deacon Tom IL Vestibule <i>10:30- African Drumming w/ Tara-IL dining Room</i> 12:30- Rosary-T 2pm- Yard Pong-3A 3:15- Wii Bowling Theater 3:15- Canasta-Billiards Room <i>6:45- Quarter Bingo with Judy and Laurie-Pub</i>	16 9:30- Topic Talks-3A We'll give you the topic and you do the talking 10:00- Blood Pressure Clinic- Pub <i>10:30-Making a Book Bouquet- Sign ups necessary- see sign up book Followed by Lunch-3A</i> 1pm- Wii Bowling- Theater 2pm- Painting Class-3A 3:15- Blackjack-Dollar Buy-in 6:45- Popcorn Club- Theater	17 9:30- Hubbard Coffee Chat -Theater 10:30-Wii Trivia- Theater 12:30- Rosary-T <i>1:15pm- Exercise w/ Alliyah OT-T</i> 2pm- Johnny P performs-3A 3:15- Bookmark Bingo-3A 6:45- Rummikub-Billiards	18 9:30- Coffee Chat and Chronicles <i>10:30- Show and Tell Favorite Authors- Start of our new Book Club- Pub</i> 1pm- Jeopardy for Amateurs-3A <i>2pm- Sarah the Fiddler Performs-3A</i> <i>3:30- Caretenders Presents- Mindfulness -Pub</i> 6:45- Kings in the Corner-Billiards	19 9:30- Coffee and Concentration Puzzles-3A 10:30- Sequence- Billiards <i>11:30- Lunch Outing The Skinny Pancake- Hadley</i> 12:30- Rosary-T 1pm- Wii Bowling- Theater 3pm- Pokeno-3A 6:45- Nachos Loco- Billiards	20 9:30-Coffee Chat-2A <i>10:30- Caden Performs Piano- 1st Floor Piano Room</i> 1pm- Wii Bowling-Team Play 2pm- Dime Bingo-3A <i>3:15- Newsletter Committee Meeting- Pub</i>
21 Mass at St Elizabeth's 2pm- Rummikub-Billiards	22 <i>First Day of Autumn</i> <i>9:30- Shopping to Ludlow</i> 10:00- Communion w/ Deacon Tom IL Vestibule 10:30- Quiddler- Billiards 12:30- Rosary-T <i>1pm- Writing for Fun Just Cuz- Pub</i> <i>1pm- Cider Donuts and Scenic Ride</i> 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- Quarter Bingo w/Denise-Pub	23 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic- Pub <i>10:30- Chef's Club- Pasta w/ Sausage and Fennel-3A</i> <i>1pm- Divine Discussion w/ Judy and Laurie- Theater</i> 2pm- Wii Bowling- Theater <i>2pm- Line Dancing-2A</i> 3:15- Blackjack- Dollar Buy-in 6:45- Popcorn Club-Theater	24 9:30- Hubbard Coffee Chat-3A <i>10:30- Men's Group w/ George-Pub Donuts and Coffee</i> <i>10:30- Adult Paint By Numbers Group-3A</i> 12:30- Rosary-T <i>1:15- Exercise w/ Aaliyah-3A</i> 2pm- Wii Bowling- Theater 3:30- Ladder Bingo-3A 6:45- Rummikub-Billiards	25 <i>Massage Therapist 1-4</i> 9:30- Coffee Chat and Chronicles <i>10:30- Adaptive Boxing-3A</i> 1pm- Giant Crossword Puzzle-3A <i>2pm- Jimmy Mazz Performs-3A</i> 3:15- Popcorn Club/Happy Hour-Theater 6:45- Kings in the Corner- Billiards	26 <i>Celebrating Carol's 90th</i> 9:30- Coffee and Brain Games-3A <i>10:30- Drumming Class-3A</i> 12:30- Rosary-T 1pm- Wii Bowling for newbies-T <i>1pm- Food Meeting-Pub</i> 2pm Pokeno-3A <i>3pm- Artist Reception for Dolores Yergeau in the Library</i> 6:45- Crazy 8's- Billiards	27 <i>Celebrating Denise's 85th</i> 9:30- Coffee Chat-2A 10:30- Wii Bowling-Team Play 2pm- Bingo for Prizes-3A
28 Mass at St Elizabeth's 2pm- Rummikub-Billiards	29 <i>9:30- Shopping in Chicopee</i> 10:00- Communion w/ Deacon Tom IL Vestibule 10:30- Chase the Ace Game-Billiards 12:30- Rosary-Theater <i>1pm- Resident Council Meeting-3A</i> 3:15- Wii Bowling-Theater 3:15- Canasta- Billiards Room 6:45- Quarter Bingo with Harriet-Pub	30 9:30- Topic Talks-3A 10- Blood Pressure Clinic-Pub 10:00- Coffee House-3A <i>10:30- Willie Nininger Performs-3A</i> <i>1pm- Divine Discussion w/ Judy and Laurie-Theater</i> 2pm- Wii Bowling- Theater 3:15- Blackjack- Dollar buy-in-3A 6:45- Popcorn Club- Theater		<i>Artist Showcase</i> <i>Happening in the coming months</i> September- Dolores Yergeau- Painting October- Helen Ham- Painting Visit the Library during set times to view artist work and talk with the artist	*Activities are Subject to Change Amy Creasia Programming Specialist ACreasia@keystonesenior.com	<u>Monthly Birthdays</u> 9/4- Regina Nowak 9/4- Barbara Guyer 9/9- John Reed- 90 th 9/9- Ray Hand 9/10- Norman Lussier 9/11- Helen Ham 9/24- Tony Lymneos 9/26- Carol Grise-90 th 9/27- Denise Lussier- 85 th