Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AU	GUST Memory Care	2025	The state of the s	9:00 One on One 9:30 Morning Exercise, PPW 10:00 Cooking w/ Shelby, FSI 10:30 Daily Chronicles, SCF 1:00 Sensory Time 1:30 Snack Break, FSI 2:00 Birthday celebration Sandra Walker ALDR 3:30 Afternoon Walk, PPW 5:00 Evening Movie	9:00 Music and Movement, PPW 10:00 Daily Chronicles, SCF 10:30 Word Games, SCF 1:00 Balloon Toss, PPW 1:30 Snack Break, FSI 2:00 Color my World, SCF 2:30 One on One 3:30 Afternoon Walk, PPW 4:30 Evening Movie
9:00 Music and	9:30 Music and	4 9:00 Music and 5	9:00 ~ 1:30 Hair Salon	6 9:00 Music and	7 9:00 One on One	9:00 Music and
Movement, PPW	Movement, PPW 10:30 Daily Chronicles, SCF	Movement, PPW 10:00 Sensory Time	9:30 Aromatherapy 10:00 Art Time, SCF	Movement, PPW 10:00 Catholic Prayers	9:30 Morning Exercise, PPW 10:00 Cooking w/ Shelby, FSI	Movement, PPW 10:00 Daily Chronicles, SCF
10:00 Nail Care	1:00 Color my World, SCF	10:30 Daily Chronicles, SCF	10:30 Daily Chronicles, SCF	10:30 Daily Chronicles, SCF	10:30 Daily Chronicles, SCF	10:30 Molly Time
10:30 Daily Chronicles, SCF 1:00 Snack Break, FSI	1:30 Music with	12:30 Color my World, CSF	1:00 Afternoon Stroll, PPW	1:00 Strike up the Band, SCF	1:00 Sensory Time	1:00 Balloon Toss, PPW
3:00 Table Games &	Larissa, MC, FSI	1:30 Snack Break, FSI	1:30 Snack Break, FSI	1:30 Snack Break, FSI	1:30 Snack Break, FSI	1:30 Snack Break, FSI
Puzzles, FSI	1:30 Snack Break, FSI	2:00 Walking Club, PPW	2:00 Molly Time	2:00 Afternoon Walk, PPW	2:00 Happy Hour	2:00 Color my World, SCF
3:30 Afternoon Stroll, PPW	2:00 One on One	2:00 One on One 3:00 Travel Time, FSI	2:30 One on One	2:30 One on One	Jon Pressman ALDR	2:30 One on One
4:30 Evening Movie	3:00 Sensory Time 5:00 Evening Movie	5:00 Evening Movie	3:00 Scenic Drive, FSI 5:00 Evening Movie	3:30 Comedy Time, FSI 5:00 Evening Movie	3:30 Afternoon Walk, PPW 5:00 Evening Movie	3:30 Afternoon Walk, PPW 4:30 Evening Movie
9:00 Music and		11 9:00 Music and 12	1			9:00 Music and 16
Movement, PPW	Movement, PPW	Movement, PPW	9:30 Aromatherapy	Movement, PPW	9:30 Morning Exercise, PPW	Movement, PPW
10:00 Nail Care	10:30 Daily Chronicles, SCF	10:00 Sensory Time	10:00 Art Time, SCF	10:00 Catholic Prayers	10:00 Cooking w/ Shelby, FSI	10:00 Daily Chronicles, SCF
10:30 Daily Chronicles, SCF	1:00 Color my World, SCF 1:30 Music with	10:30 Daily Chronicles, SCF 12:30 Color my World, CSF	10:30 Daily Chronicles, SCF 1:00 Afternoon Stroll, PPW	10:30 Daily Chronicles, SCF 1:00 Music with Randy, FSI	10:30 Daily Chronicles, SCF 1:00 Sensory Time	10:30 Word Games SCF 1:00 Balloon Toss, PPW
1:00 Snack Break, FSI 3:00 Table Games &	Larissa, MC, FSI	1:30 Snack Break, FSI	1:30 Snack Break, FSI	1:30 Snack Break, FSI	1:30 Snack Break, FSI	1:30 Snack Break, FSI
Puzzles, FSI	1:30 Snack Break, FSI	2:00 Walking Club, PPW	2:00 Molly Time	2:00 Afternoon Walk, PPW	2:00 Happy Hour	2:00 Color my World, SCF
3:30 Afternoon Stroll, PPW	2:00 One on One	2:00 One on One	2:30 One on One	2:30 One on One	Jim & Beth ALDR	2:30 One on One
4:30 Evening Movie	3:00 Sensory Time	3:00 Travel Time, FSI	3:00 Scenic Drive, FSI	3:30 Comedy Time, FSI	3:30 Afternoon Walk, PPW	3:30 Afternoon Walk, PPW
9:00 Music and	5:00 Evening Movie 9:30 Music and	5:00 Evening Movie 1 9 9:00 Music and	5:00 Evening Movie 9:00 ~ 1:30 Hair Salon	5:00 Evening Movie 9:00 Music and	5:00 Evening Movie 9:00 One on One	4:30 Evening Movie 9:00 Music and
Movement, PPW	7 9:30 Music and Movement, PPW	18 9:00 Music and Movement, PPW 19	9:30 Aromatherapy	20 9:00 Music and Movement, PPW 2	1 9:00 One on One 9:30 Morning Exercise, PPW	9:00 Music and Movement, PPW 23
10:00 Nail Care	10:30 Daily Chronicles, SCF	10:00 Sensory Time	10:00 Art Time, SCF	10:00 Catholic Prayers	10:00 Cooking w/ Shelby, FSI	10:00 Daily Chronicles, SCF
10:30 Daily Chronicles, SCF	1:00 Color my World, SCF	10:30 Daily Chronicles, SCF	10:30 Daily Chronicles, SCF	10:30 Daily Chronicles, SCF	10:30 Daily Chronicles, SCF	10:30 Molly Time
1:00 Snack Break, FSI	1:30 Music with Larissa, MC, FSI	12:30 Color my World, CSF 1:30 Snack Break, FSI	1:00 Afternoon Stroll, PPW 1:30 Snack Break, FSI	1:00 Strike up the Band, SCF 1:30 Snack Break, FSI	1:00 Sensory Time 1:30 Snack Break, FSI	1:00 Balloon Toss, PPW 1:30 Snack Break, FSI
3:00 Table Games & Puzzles, FSI	1:30 Snack Break, FSI	2:00 Walking Club, PPW	2:00 Molly Time	2:00 Afternoon Walk, PPW	2:00 Happy Hour	2:00 Color my World, SCF
3:30 Afternoon Stroll, PPW	2:00 One on One	2:00 One on One	2:30 One on One	2:30 One on One	Jonny C ALDR	2:30 One on One
4:30 Evening Movie	3:00 Sensory Time	3:00 Travel Time, FSI	3:00 Scenic Drive, FSI	3:30 Comedy Time, FSI	3:30 Afternoon Walk, PPW	3:30 Afternoon Walk, PPW
	5:00 Evening Movie	5:00 Evening Movie	5:00 Evening Movie	5:00 Evening Movie	5:00 Evening Movie	4:30 Evening Movie
9:00 Music and Movement, PPW	9:30 Music and Movement, PPW	9:00 Music and Movement, PPW 26	9:00 ~ 1:30 Hair Salon 9:30 Aromatherapy	9:00 Music and Movement, PPW 2	8 9:00 One on One 9:30 Morning Exercise, PPW 29	9:00 Music and Movement, PPW 30
10:00 Nail Care	10:30 Daily Chronicles, SCF	10:00 Sensory Time	10:00 Art Time, SCF	10:00 Catholic Prayers	10:00 Cooking w/ Shelby, FSI	10:00 Daily Chronicles, SCF
10:30 Daily Chronicles, SCF	1:00 Color my World, SCF	10:30 Daily Chronicles, SCF	10:30 Daily Chronicles, SCF	10:30 Daily Chronicles, SCF	10:30 Daily Chronicles, SCF	10:30 Molly Time
1:00 Snack Break, FSI	1:30 Music with	12:30 Color my World, CSF	1:00 Afternoon Stroll, PPW	1:00 Strike up the Band, SCF	1:00 Sensory Time	1:00 Balloon Toss, PPW
3:00 Table Games &	Larissa, MC, FSI 1:30 Snack Break, FSI	1:00 Music with Randy FSI 1:30 Snack Break, FSI	1:30 Snack Break, FSI 2:00 Molly Time	1:30 Snack Break, FSI 2:00 Afternoon Walk, PPW	1:30 Snack Break, FSI 2:00 Happy Hour	1:30 Snack Break, FSI 2:00 Color my World, SCF
Puzzles, FSI	2:00 One on One	2:00 One on One	2:30 One on One	2:30 One on One	Carol Hendrickson ALDR	2:30 One on One
3:30 Afternoon Stroll, PPW 4:30 Evening Movie	3:00 Sensory Time	3:00 Travel Time, FSI	3:00 Scenic Drive, FSI	3:30 Comedy Time, FSI	3:30 Afternoon Walk, PPW	3:30 Afternoon Walk, PPW
	5:00 Evening Movie	5:00 Evening Movie	5:00 Evening Movie	5:00 Evenina Movie	5:00 Evening Movie	4:30 Evening Movie
9:00 Music and	51 🚳 💝	\gg	No. of the second second		Tark to the same of the same o	
Movement, PPW 10:00 Nail Care			son water of the		- Land	
10:30 Daily Chronicles, SCF			Stimulate Con	unitive Function SCE		
1:00 Snack Break, FSI				gnitive Function-SCF	N//	
3:00 Table Games &		The state of the s	Promote Phys	sical Wellbeing-PPW		
Puzzles, FSI		and the state of t	Foster Soci	ial Interaction-FSI		
3:30 Afternoon Stroll, PPW 4:30 Evening Movie		Man				
	no and Maria C	4040 440th A - 05	Dellaw - MA COO	07 405 070 4404		
Patriots Glen Assisted Livi	ng and wemory Care	1640 148 th Ave SE	Belleuvue, WA 9800	07 425-373-1161	http//: www.patriotsglen.com	

August 2025

THE MONTHLY GAZETTE

"... When Summer gathers up her robes of glory, and like a dream of beauty glides away."

~ Sarah Helen Whitman



Plant of the Month - Fiddle-Leaf Fig

This popular house plant is native to West Africa. The fiddle-leaf fig can grow up to 10 feet tall indoors but can grow up to 60 feet outdoors. This tropical plant has lush, glossy, green leaves that resemble a violin or fiddle, which is how it got its name. Fiddle-leaf figs need a steady supply of sunlight, so it's ideal to place them by a window. However, if they get too much direct sunlight, the leaves could burn. It's also important not to overwater the plant because it likes to dry out a bit between weekly waterings. A symbol of fertility, abundance, new beginnings,



prosperity, and growth, it's a popular wedding or housewarming present. It is also a favorite plant for practitioners of feng shui. While the stunning plant produces edible fruit, it is not sweet like a typical fig and tends to dry out the mouth, so it's typically not eaten. On rare occasions, the plant will also produce small flowers.

Special Days

Sandcastle Day August 2

Sisters' Day August 3

Purple Heart Day August 7

> S'mores Day August 10

Left-Handers Day August 13

Tell a Joke Day August 16

Women's Equality Day August 26

Flower - Gladiolus



The gladiolus represents strength and moral integrity—fitting given that its name comes from the Latin word for "sword," gladius. But while its sword-shaped stems might convey Roman gladiators, its flowers are capable of piercing a heart with their beauty. Because of this, the gladiolus symbolizes infatuation. Although beautiful in the garden, its

chief value is for cut flowers. The flower's wide range of colors and sizes makes it ideal for flower arrangements.

Birthstone - Peridot



Peridot is a lovely green gemstone.

Often mistaken for an emerald, it is also known as "the poor man's emerald." Peridot is one of the few gems found in only

one color. The intensity of peridot's greenish hue can vary slightly, however, depending on how much iron it contains. Aside from being the birthstone for August, the peridot is also valued as the national gemstone of Egypt. In fact, some scholars believe that the emeralds worn by Cleopatra were actually peridots.



Memory Care

A Great Place to Call Home

Hair Salon
Wednesdays
9:00 AM—1:30 PM
Stylist—Oanh
Sign Up at the Front Desk

Special Activities

Music with Larissa ~ August 4th @ 1:30 PM

Strike up the Band~ August 7th @ 1:00 PM

Color my World ~ August 11th @ 1:00 PM

Art Fun ~ August 13th @ 10:00 AM

Music with Randy ~ August 14th @ 1:00 PM

Sensory Time ~ August 15th @ 1:00 PM

Music with Larissa ~ August 18th @ 1:30 PM

Strike up the Band~ August 21st @ 1:00 PM

Music with Randy Rogers ~ August 26th @ 1:00 PM

Cooking with Shelby ~ August 29th @ 10:00 PM

Molly Time ~ August 30th @ 10:30 AM

Scenic Drives with Shelby every Wednesday