



### Celebrating

- 8/3 Kathleen S.
- 8/6 Scott W.
- 8/7 Denise A.
- 8/15 Catherine J.
- 8/18 Aileen M.
- 8/20 Donna E.
- 8/21 Tom C.
- 8/25 Anne P.

Wishing you all a wonderful birthday!!



### July Recap



**\$3,500 RESIDENT REFERRAL BONUS**  
Limited Time Only!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM

# Twelve Oaks Connect

AUGUST 2025

27475 Huron Circle, Novi, MI 48377  
[www.waltonwood.com](http://www.waltonwood.com) | 248-735-1500  
Facebook: /WaltonwoodTwelveOaks



**Dip- In Dogs**  
**Summer Soiree'**  
**Thursday | August 7<sup>th</sup>, 2025**  
**12:00pm-2:00pm**

**Dip into Waltonwood Twelve Oaks for a pawtastic time to raise awareness for our senior pet friends.**

**We will be having an outdoor paw-ty, with various summer activities you can dive into to help raise donations and awareness for National Clear the Shelter Day. We will be offering refreshments, prizes & more.**

**Pets welcome to attend!**



## COMMUNITY MANAGEMENT

**Joe Whitney**  
Executive Director

**Deanna Hite**  
Business Office Manager

**Jacob Chamberlain**  
Culinary Services Manager

**Heather Laskos**  
Marketing Manager

**Casey Hess**  
Marketing Manager

**Priyanka Ghelani**  
Wellness Coordinator

**Tynesha Cobb**  
Wellness Coordinator

**Basma Jirjis**  
Life Enrichment Manager (IL)

**Alecia Greenberg**  
Life Enrichment Manager (MC)

**Stefanie Jones**  
Life Enrichment Manager (AL)

**Rob Davis**  
Resident Services Manager

**Melisa Burnham**  
Independent Living Manager



Elizabeth (Liz) Churchman is our dynamic Move-In Coordinator. Liz has worked at WTO for the past 8 months and we are so happy to have her here. Liz grew up in Westland and still lives there. She loves enriching people’s lives and helping them, so when she saw an ad pop up to work at WTO she knew it would be a great opportunity to make a difference.

Liz has a 20-year-old daughter who is her pride and joy. Liz also had a son, Stefano who sadly passed away at the age of 7. She plans to carry on his legacy through her 501C3 non-profit organization, the Stefano Valentino Foundation. The foundation will help families of special needs children as Liz has watched so many families struggle to have their needs met, and knew that she needed to help. For the past 5 years Liz has organized a golf outing to help raise funds to help families in her son’s school. This year the golf outing will be on 10/4/25.

When Liz has free-time she enjoys golfing, and spending time with her daughter. She also likes to float in her pool and garden.

We are so elated that Liz decided to make a career change and come to WTO and look forward to her great energy for years to come.



JULY HIGHLIGHTS

**15** Apple Strudel Demo    **24** Gorgeous Grandma

Thank you chef Ian for the warm & delicious apple strudel!  
It was a berry sweet time indeed! Enjoyed some sweet treats & made a clay keepsake.



**25** Diamond Jack Boat Ride    **30** Tigers Game

A lovely day, perfect weather, what more could we have asked for?  
Detroit Tigers VS. Arizona Diamondbacks  
Let’s Go Tigers! Great Game!



FOREVER FIT/WELLNESS

A Strong Foundation  
A focal point of the Waltonwood Forever Fit Program is the use of resistance training to significantly improve the quality of life for our residents. A key component in establishing long-term health and independence lies in our ability to maintain muscle strength as we age. Research indicates a direct relationship between aging and the loss of muscle, decrease in bone density and diminished level of physical function. In fact, the average person over the age of fifty can experience a 15%-20% loss in muscle strength per decade in the absence of regular exercise. Whether exercise machines, dumbbells, bands or body weight, resistance training has been shown to dramatically improve over health and well-being while delaying muscular atrophy, increasing bone density and improving balance and coordination. Start slow, build gradually and stick with it. Improvements take time but it’s those improvements that make or time much more prosperous.

Please keep in mind that all scheduled activities are subject to change depending on the current situation. Things may be added or removed. Please look for updates on the screen and on the white board by the dining room.



Outings signup sheets are located in the binder in the library, they go out on the last day of every month.

Last minute outings often occur, keep an eye out on the white board by the dining room for updated daily information & always check the outing book for a new outing that was not added to the calendar.

-We will be attending 9:00am mass at Holy Family church. Every 2nd and 4th Tuesday of the month.  
-Eucharistic Service by Shirley will be every Wednesday at 12:00pm in the fireplace lounge.



**We have transportation for medical appointments on Thursdays only!**

Requests are required at least 2 weeks in advance and are scheduled based on availability. Please keep in mind that we may be up to 15 minutes early or late depending on traffic and other resident appointments.

AUGUST SPECIAL EVENTS

**01** Belle Isle Picnic    **07** Dip in Dogs

An adventures day out in belle isle, with a picnic lunch & a visit to the conservatory  
Pawtastic time to raise awareness for our senior pet friends.

**25** Diamond Jack Boat Ride    **29** Huron Lady II

A beautiful scenic boat ride on the Detroit river  
Breath taking views along the St. Clair River!



EXECUTIVE DIRECTOR CORNER

As we approach the end of the summer, I wanted to mention to all of our residents that there is a way that you can help bring some more joy and excitement to our community. Refer tour friends. Waltonwood has a referral program “Friends and Family” which can earn each resident up to \$3000 for each resident you refer. This is a great way to strengthen the bonds between our resident in making Waltonwood a great community. If you know someone who is interested in joining our community, just let Heather and Casey know and they can tell you more about the program.

- Joe Whitney