

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>August 2025</div>						
					10:30 Morning Matinee <b>12-1 Lunch</b> 1:30 Free time 2:00 Sip and paint <b>Snack- Frosty Treats</b> 3:00 Fun Facts 4:00 Sing Along- <b>6:00 Evening Movie</b>	10:00 Good morning Regency sports, news or classics 11:00 Seated Yoga <b>12-1 Lunch</b> <b>snack-cupboard creations</b> 3:00 Group Activity <b>4:30-5:30 Dinner</b> <b>6:00 Evening Movie</b>
10:00 Coffee & Doughnuts 11:00 Gentle chair stretches <b>12-1 Lunch</b> <b>1:30 Salinger's Sing</b> <b>Snack-Nutritious Nibbles</b> 3:00 Free Time <b>4:30-5:30 Dinner</b>  <b>6:00 Evening Movie</b>	10:00 Chronical Catch up 11:00 Gentle chair stretches <b>12:00-1 Lunch</b> snack- spa treats & mocktails 2:00 Manicures & Hand massages 3:00 Magic in Music-60's <b>4:30-5:30 Dinner</b>  <b>6:00 Evening Movie</b>	10:00 Daily Chronicles 11:00 Stretches with Haven <b>12-1 Lunch</b> 2:00 Group Chat with Shawwna 2:30 <b>Snack and Wine social</b> <b>4:30-5:30 Dinner</b>  <b>6:00 Evening Movie</b>	<b>10:00 Scenic Drive ( bus Ride)</b> 10:30 Morning Meditation <b>11:30 Bus returns</b> <b>12-1 Lunch</b> 2:00 Balloon Volleyball 3:00 Puzzles and pretzels <b>4:30-5:30 Dinner</b>  <b>6:00 Evening Movie</b>	10:00 Chronicle Catch up 11:00 Stretches with Haven <b>12-1 Lunch</b> <b>2:00 Steve Ellis performs</b> <b>Snack-Cookies</b> 3:00 Read Along <b>4:30-5:30 Dinner</b>  <b>6:00 Evening Movie</b>	10:30 Morning Matinee <b>12-1 Lunch</b> 1:30 Free time 2:00 Sip and paint <b>Snack- Frosty Treats</b> 3:00 Fun Facts 4:00 Sing Along- <b>6:00 Evening Movie</b>	10:00 Good morning Regency sports, news or classics 11:00 Seated Yoga <b>12-1 Lunch</b> <b>snack-cupboard creations</b> 3:00 Group Activity <b>4:30-5:30 Dinner</b> <b>6:00 Evening Movie</b>
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