



COOKING DEMONSTRATIONS

- 06

Creamy Cucumber Salad at 10:30am
- 20

Lemon Blueberry Cookies at 10:30am
- 13

Creamsicle Cookie at 10:30am
- 27

Cinnamon Greek Yogurt Muffins at 10:30am

LIFE ENRICHMENT CORNER: July Photo Album

RESIDENT BIRTHDAYS

- Elaine D 8/18
- Jean 8/27



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

AUGUST 2025



SINGH  
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UPCOMING EVENT HIGHLIGHT

August is here, and we have a month full of exciting events and celebrations to enjoy!

We are starting things off with a beautiful outing to Walled Lake for a picnic in the park, where we will join our sister community, the Waltonwood of Twelve Oaks, for a relaxing afternoon. Up next, on August 7<sup>th</sup>, we are thrilled to welcome performers from the Detroit Opera House for a special live entertainment experience, bringing world class music right to our home.

We will also gather to celebrate the completion of our newly renovated building with a fun community event to showcase the beautiful updates. Later in the month, on August 22<sup>nd</sup>, families are invited to join us for our own version of Arts, Beats & Eats! This will be time where residents are able to bring their own art work to show off while also enjoying great food and music! To close out August on a high note, the Hovey Brothers will be preforming a "Beatles Extravaganza", which will guarantee to get everyone singing and dancing along to timeless classics!

Be sure to mark your calendars so you don't miss out on all of the fun as we soak up the last days of summer together!

COMMUNITY MANAGEMENT

- Angie Hanson

Executive Director
- Lanor Jablonski

Business Office Manager
- Joel Vassallo

Culinary Services Manager
- Jamaal Saleh

Environmental Services Manager
- Krystal Sidibe

Independent Living Manager
- Logan Winton

IL Life Enrichment Manager
- Rebecca Wilson

AL Life Enrichment Manager
- Mallory Bryant

MC Life Enrichment Manager
- Renee Ralsky

Marketing Manager
- Caneca Pinkston

Resident Care Manager
- Tumeka May

MC Wellness Coordinator
- Treasure Crane

AL Wellness Coordinator



ASSOCIATE SPOTLIGHT

AL / MC Associate of the month

Jamilah

This month, we are thrilled to recognize Jamilah, our Life Enrichment Assistant in AL as our associate of the month! Jamilah does a wonderful job interacting with our residents by helping them engage in activities and always encouraging their participation. She continues to be a hard worker and help whenever she is needed and does so with a smile on her face! We are so thankful to have her on our team and for her positivity that spreads to those around her too! Thank you, Jamilah!

If you have someone you would like to nominate, please see Mallory



AUGUST OUTING OPPORTUNITIES



Come join us for our enriching outings!

- Tuesday, August 5<sup>th</sup>: Picnic and Pizza with our Waltonwood of Twelve Oaks Community at 11:30
- Tuesday, August 12<sup>th</sup>: Tunes on Tuesday at the Novi Library at 11am
- Thursday, August 21<sup>st</sup>: Dominos Petting Farm at 2pm
- Tuesday, August 26<sup>th</sup>: Karl’s Cabin Lunch Outing at 12pm

Please let Mallory know if you are interested in joining us on any of the outings!

JULY HIGHLIGHTS

08 Outing: Tunes on Tuesday at the Novi Library

We enjoyed wonderful weather, toe tapping tunes and great company for our trip to the novi library on this day!

23 Gorgeous Grandma Day Fashion Show

What a wonderful day celebrating our gorgeous grandmas! We honored them with a fashion show, dressed as influential women throughout history!

16 Family Day: Canton Concert Band

On this day, we had the opportunity to host the Canton Concert Community band for our family night! Their orchestra preformed a thrilling yet elegant concert that our residents and families raved about.

29 Outing: Kensington Boat Ride

Sunshine, sandwiches, and smooth sailing! We soaked up the beautiful views at Kensington Park with a lakeside picnic and a relaxing boat ride on the island queen boat!



FOREVER FIT: A Strong Foundation

A focal point of the Waltonwood Forever Fit Program is the use of resistance training to significantly improve the quality of life for our residents. A key component in establishing long-term health and independence lies in our ability to maintain muscle strength as we age. Research indicates a direct relationship between aging and the loss of muscle, decrease in bone density and diminished level of physical function. In fact, the average person over the age of fifty can experience a 15%-20% loss in muscle strength per decade in the absence of regular exercise. Whether exercise machines, dumbbells, bands or body weight, resistance training has been shown to dramatically improve overall health and well-being while delaying muscular atrophy, increasing bone density and improving balance and coordination. Start slow, build gradually and stick with it. Improvements take time but it’s those improvements that make our time much more prosperous.

AUGUST SPECIAL EVENTS

05 Picnic and Pizza Outing

Join us for a picnic at Walled Lake where we will be meeting our sister community, the Waltonwood of Twelve Oaks, to have lunch and play fun yard games!

22 Family Day: Arts, Beats & Eats

On this day, we will be hosting a family night that will be filled with great music, delicious food, and beautiful art work that will be on display from our fellow residents!

07 Detroit Opera House Performance

We are honored to host the one and only Detroit Opera House for an unforgettable evening of music and artistry!

29 Beatles Extravaganza: Musical Entertainment from the Hovey Brothers

All you need is love... and an evening full of Beatles hits! We will be having a fun performance celebrating the classics we all know and love.



EXECUTIVE DIRECTOR CORNER

Hello!

Please help us welcome our new Executive Director, **Angie Hanson**! Angie brings with her many years of experience within our company and is known for her vibrant energy, approachable nature, and unwavering can-do attitude. Her leadership style is rooted in warmth, positivity, and a deep commitment to our residents and associates. We are so thrilled to welcome Angie to the team and she is just as excited to meet all of you!

