



HAPPY BIRTHDAY

August Birthdays:

Penny K.	8/15
Carrie K.	8/23
Gayle T.	8/23
Sharon R.	8/25
Judy O.	8/29
Joan B.	8/30

COMMUNITY MEETINGS

- Resident Council Meeting August 6th @ 2:00pm (CR)
- Any suggestions, comments, concerns, or positive feedback can be placed in the suggestion box in the Post Office for Resident Council. These are read monthly at the council meetings.
- Food Meeting: There will not be a food meeting this month. It will resume in September.
- Town Hall: August 26th @ 2:30pm (DR)

OUTING OPPORTUNITIES

For all outings, please sign up in the post office unless noted differently.

Recurring Outings:

Sundays 9:30am - St. Thomas a' Becket Catholic Church

Wednesdays 10:00am - Meijer or Kroger Shopping

Mondays 12:45pm - Canton Public Library with the Walkers Group

Special Trips:

August 6th 12:00pm: Picnic in the Park (Sign Up in the Post Office) Lunch will be provided.

August 13th 12:30pm: Creatopia Pottery Painting (Sign up in the Post Office) Residents will be responsible for the cost of their pottery piece.

August 19th 11:00am: Tunes on Tuesdays (Sign up in the Post Office) Lunch will be provided.

August 28th 12:30pm: Automotive Hall of Fame (Sign up in the Post Office) Please note that this outing requires extended periods of walking.

If there are any questions or recommendations for outings, please contact Logan at Logan.Winton@singhmail.com .

CHERRY HILL CONNECT

AUGUST 2025

LIFE ENRICHMENT CORNER

Sundae Mondays:

If you love ice cream, Sundae Mondays are for you! Come to the post office at 12:15pm for a delicious ice cream sundae. Our Finale for Sundae Monday will be taking place on August 25th at 12:15pm in the Front Entrance area with the whole community!

Men's Group – Beer Tasting

Calling all men! Please join us on the second floor in the Billiards room on August 12th at 12:30pm for an afternoon of Beer Tasting and Pizza! Sign up is not required and we look forward to seeing you all there!

Group Opportunities with Maggie:

Maggie is our Oakland Hospice Bereavement Coordinator and Music Therapist! She spreads joy and comfort through her many programs she offers each month! Please see your calendar for more information and locations.

Grief Support Group- August 4th at 2:30pm

Music Therapy- August 11th at 2:30pm

Open Office Hours: August 18th from 2:30pm-3:30pm

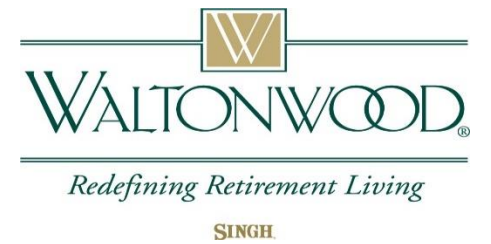
Ladies Choice: Calling all ladies! We are excited to be revamping our already amazing ladies club! On August 4th at 1:00pm in the 3rd Floor Library we will be meeting for an open Discussion on Hobbies. This will also feature delicious iced tea and charcuterie. This is an opportunity for ladies to come together and enjoy each other's stores and knowledge! Sign up in not required and we hope to see you there!

Detroit Opera House Performance: On August 7th, in the Assisted Living Dining room, members from the Detroit Opera House will be joining us for a Live Performance at 3:00pm. Sign up is not required.

French 101 with Abe: Abe, the husband of the well-known Hanan, will be joining us to teach the basics of French. Join us to learn a bit of the language and culture on August 14th at 10:30am in the Theater.

Outdoor Exercise Class with Chris: Join us on August 21st at 12:30pm in the courtyard off of the Dining room for an outdoor exercise class with Chris! Featuring popsicles and refreshments, this will be a fun way to get outside, get some exercise and enjoy a delicious treat!

-Life Enrichment Department



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Assisted Living 734-981-5070

Facebook: /WaltonwoodCherryHill

COMMUNITY MANAGEMENT

Angie Hanson
Executive Director

Lanor Jablonski
Business Office Manager

Joel Vassallo
Culinary Services Manager

Jamaal Saleh
Environmental Services Manager

Krystal Sidibe
Independent Living Manager

Logan Winton
Independent Living Life Enrichment Manager

Rebecca Wilson
Assisted Living Life Enrichment Manager

Mallory Bryant
Memory Care Life Enrichment Manager

Renee Ralsky
Marketing Manager

Caneca Pinkston
Resident Care Manager

Tumeka Mays
Memory Care Wellness Coordinator

Treasure Crane
Assisted Living Wellness Coordinator



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT

Congratulations Ruth! Ruth is our Move-in-Coordinator. She works tirelessly to make sure the transition into our community goes smoothly for new residents and works closely with our welcome committee to make sure they are welcomed with a smile! We are thankful for her amazing work ethic and care for all in the community. We are blessed to have her as a part of our team and honored to name her as our August Associate of the Month!



Sophia’s Helicopter Adventure!

JULY MONTHLY HIGHLIGHTS

10th
Our Men’s Group of Bourbon, Beer and Billiards had so much fun! It was an afternoon filled with laughter and not so friendly competition! We hope you all enjoyed! We look forward to seeing you back in August for a Beer and Pizza tasting!



23rd
Our Gorgeous Grandma Day Fashion Show was one to remember. We are so thankful to our wonderful models who showcased beauty and advocated for those who changed history. We hope everyone had an amazing time.



FOREVER FIT: A Strong Foundation

A focal point of the Waltonwood Forever Fit Program is the use of resistance training to significantly improve the quality of life for our residents. A key component in establishing long-term health and independence lies in our ability to maintain muscle strength as we age. Research indicates a direct relationship between aging and the loss of muscle, decrease in bone density and diminished level of physical function. In fact, the average person over the age of fifty can experience a 15%-20% loss in muscle strength per decade in the absence of regular exercise. Whether exercise machines, dumbbells, bands or body weight, resistance training has been shown to dramatically improve over health and well-being while delaying muscular atrophy, increasing bone density and improving balance and coordination. Start slow, build gradually and stick with it. Improvements take time but it’s those improvements that make or time much more prosperous.

- Chris Grabowski, MS | Senior Forever Fitness Manager

TRANSPORTATION INFORMATION

Transportation requests for personal needs must be received a minimum of 48 hours ahead of time. Please see the front desk receptionist to make your request. A driver will follow up to confirm if your request can be accommodated. If you do not hear back from one of our drivers, please follow up to ensure your request has been approved. There will be an additional charge for anything over 10 miles. Independent Living has priority over transports on Mondays, Wednesdays, and Fridays. Memory Care and Assisted Living have priority over transports on Tuesdays and Thursdays.

Arts, Beats and Eats

Calling all creatives and artists! On Friday, August 22nd at 1:30pm our community will be hosting a Family Day Arts, Beats and Eats event. All are invited to come and enjoy the beautiful work of our fellow residents in the community along with delicious food, drinks, music and a classic car show. If you are interested in having your work shown throughout this event or know someone who may be, please contact Logan at Logan.Winton@singhmail.com or at 734-981-7100. We are looking to highlight all of the talented people in our community who have expressed themselves in many different art forms! Please see Logan with any questions.

AUGUST SPECIAL EVENTS

Saturdays at 2:00pm
Bible Study with John:

Join us in the 3rd floor Library for a bible study hosted by John Scherdt. If you are looking for an opportunity to discuss scripture, learn and enjoy the company of those around you, this is the place to be! We look forward to seeing you there!

28th

Join Krystal and Logan in the IL Theater at 2:30 pm for a technology support class! If you are struggling and would like to learn more about how to use the technology in your life, this class is the perfect opportunity to do so! We hope to see you all there!

29th

The Hovey Brothers are back for another amazing performance, this time with a Beatle’s invasion. Join us for an afternoon of delicious English themed food and Beatles music! Happy Hour starts at 1:30pm with the performance to follow at 2:00pm!

EXECUTIVE DIRECTOR CORNER

We are excited to welcome our new Executive Director, Angie!

