

Happy
Birthday



RESIDENT BIRTHDAY'S

Phil B. 8/2

Bob R. 8/7

Ken A. 8/11

Mary O. 8/15

Anne N. 8/18

Marylin M. 8/19

Mary W. 9/22

AUGUST FAMILY DAY:

ARTS, BEATS & EATS!

Calling all creatives and artists!

On Friday, August 22nd at 1:30pm we'll be hosting a community wide Family Day "Arts, Beats and Eats" event. All are invited to come and enjoy the beautiful work of our fellow residents and staff in the community along with delicious food, drinks, music and a classic car show.

If you are interested in having your work shown throughout this event or know someone who may be, please contact Becca or the front desk as soon as possible so we know how many artists were displaying.

We are looking to highlight all of the talented people in our community who have expressed themselves in many different art forms! Please see Becca with any more questions about the event or again, if you're interested in showing your work there. More details to come soon!



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

AUGUST 2025

AUGUST OUTING OPPORTUNITIES

Please sign up with Becca for all outings!

August 5th 11:30AM **Picnic & Pizza with Twelve Oaks WW**
Come and join us as we meet up with our fellow friends at our other Waltonwood location at Twelve Oaks as we enjoy a nice picnic in the park together! We'll be bringing pizza for lunch as well! So, sit back and enjoy the food, weather and company!
Cost: None

August 12th 11:00AM **Tunes on Tuesday at Novi Library**
Novi Library hosts a special "tunes on Tuesday" event over the summer for us to join in on the fun! So please join us to sit back, eat some lunch, and relax while we can enjoy listening to some talented singers perform for us for the afternoon!
Cost: None

August 21st 2:00PM **Domino's Petting Farm**
We're heading over to Domino's petting farm to see the animals there and enjoy the nice summer weather and scenery! Please join us for a fun interactive outing outside with the farm animals!
Cost: Depending on purchase per person

August 26th 12:00PM **Lunch Outing: Karl's Cabin**
We're taking a trip to one of our favorite local restaurants again, Karl's Cabin! With lots of food options and a cozy atmosphere, we love our lunch outings here! Please come and join us for a nice lunch and good company!
Cost: Depending on purchase per person

Please see Becca to sign up for any outings you're interested in!



COMMUNITY MANAGEMENT

Angie Hanson
Executive Director

Lanor Jablonski
Business Office Manager

Joel Vassallo
Culinary Services Manager

Jamaal Saleh
Environmental Services
Manager

Krystal Sidibe
Independent Living Manager

Logan Winton
IL Life Enrichment Manager

Rebecca Wilson
AL Life Enrichment Manager

Mallory Bryant
MC Life Enrichment Manager

Renee Ralsky
Marketing Manager

Caneca Pinkston
Resident Care Manager

Treasure Crane
AL Wellness Coordinator

Tumeka May
MC Wellness Coordinator

ASSOCIATE SPOTLIGHT

AL/MC Associate of the Month
JAMILAH!

This month we're thrilled to recognize Jamilah, our Life Enrichment Assistant in AL as our associate of the month! Jamilah does a wonderful job interacting with our residents by keeping them engaged in activities and always encouraging their participation. She continues to be a hard worker and help wherever she is needed and does so with a smile on her face! We are so thankful to have her on our team and for her positivity that spreads to those around her too! Thank you Jamilah!



JULY PICTURE HIGHLIGHTS



FOREVER FIT: A STRONG FOUNDATION

A focal point of the Waltonwood Forever Fit Program is the use of resistance training to significantly improve the quality of life for our residents. A key component in establishing long-term health and independence lies in our ability to maintain muscle strength as we age. Research indicates a direct relationship between aging and the loss of muscle, decrease in bone density and diminished level of physical function. In fact, the average person over the age of fifty can experience a 15%-20% loss in muscle strength per decade in the absence of regular exercise. Whether exercise machines, dumbbells, bands or body weight, resistance training has been shown to dramatically improve overall health and well-being while delaying muscular atrophy, increasing bone density and improving balance and coordination. Start slow, build gradually and stick with it. Improvements take time but it's those improvements that make or time much more prosperous.

LIFE ENRICHMENT CORNER:

Hi everyone and Happy August!

This month we have a lot of fun socials and entertainment to look forward to! The Detroit Opera House is coming to Waltonwood on August 7th to perform live for us! It will be located in the AL dining room at 3pm. We also have the Hovey Brothers band returning to preform again on August 29th for a Beatles Extravaganza! That will be located over in IL at 2pm and features one of our very own residents singing and preforming!

If there are any other activities, events, crafts, outings or anything you'd like to see in the future or next month, please let Becca know and she will try to schedule what you want to see on your upcoming calendars! Hope you have a great month!!

Please check the August Life Enrichment Calendar for all other current scheduled events!! Thank you!

SPECIAL SOCIALS THIS AUGUST:

8 Meet & greet with Angie!

Come join us as we welcome our new Executive Director Angie to our community! You'll be able to meet her and socialize with her at our event!

22 Arts Beats & Eats!

What more could we ask for? Join us for our fun filled family day with lots to see and hear! See section on back for more details about this event!!

15 Tea Party Social!

It's Tea Time!! Join us for some hot tea and snacks as we come together to talk and have a fun time together!

29 Beatles Extravaganza!

A live performance by the Hovey Brothers! Will be located in independent living so sign up with Becca if interested in attending!



EXECUTIVE DIRECTOR CORNER



We are so excited to welcome our new Executive Director Angie!

She comes to us with 20+ years of experience working with seniors and was the previous ED over at our Carriage Park Waltonwood for the last 4 years.

Angie is very happy to be here with us at Cherry Hill and is looking forward to meeting/connecting with all of you! We are having a meet and greet social on August 8th at 3pm in the AL Café where Angie will be there to socialize and meet you along with some delicious snacks and drinks to enjoy!

Angie is a rockstar and we're very thankful to have her here and continue to welcome her aboard!