

August 2025

A Activity Room D Dining Room

C Courtyard Patio LB Library

♪ HAPPY HOUR

AO Activity Director's Office
CS Country Store Lobby O Outing PD Private Dining Room RA Room Activity

Bringing independence to living and qu	uality to life	PD Private Dining Room RA Room Activity				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HELLO AUGUST	All Events Are Subject to Change	slummer	Happy Birthday 19th - Jan B. 27th - Leroy H. 30th - Loraine M.		9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping	9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:30 A Matinee Movie & Popcorn 2:30 D Music Special - Fallbrook Adventist Church 3:30 LB Self-led Wii Bowling 6:30 A Evening Movie
9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 3:00 A BINGO! 6:30 A Evening Movie	9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Resident Council Meeting 1:00 O Shopping Outing - Walmart 3:30 A Game - Giant Jenga 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Game: UNO 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 1:30 CS Country Store Shopping 1:30 L Love on a Leash - Therapy Dogs Visit 3:00 A Spanish 101 with Jose 4:30 Dinner Outing - Mariscos el Pacifico - Fallbrook 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional with Friends 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 C Summer Splash! 6:30 A Evening Movie	9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips:	9 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:30 A Matinee Movie & Popcorn 2:00 O Memory Care Scenic Drive 3:30 LB Self-led Wii Bowling 6:30 A Evening Movie
9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:15 O Shopping Outing - Costco - Temecula 10:30 A Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 3:00 A BINGO! 6:30 A Evening Movie	9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping Trips: Dollar Tree, Grocery Outlet, & Bank of America 11:00 LB Puzzle Pickup 3:00 A Game: Horse Racing 6:30 A Evening Movie	12 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 C Gardening Club 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:30 A Evening Movie	13 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping outing - Angel Shop - Fallbrook 1:30 CS Country Store Shopping 3:00 LB Self-led Wii Bowling 5:00 C Family Bingo Night! 6:30 A Evening Movie	14 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional with Friends 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping	9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:30 A Matinee Movie & Popcorn 2:00 O Memory Care Scenic Drive 3:30 LB Self-led Wii Bowling 6:30 A Evening Movie
9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 3:00 A BINGO! 6:30 A Evening Movie	9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 LB Puzzle Pickup 1:00 O Shopping Outing - Trader Joe's - Temecula 3:30 A Armchair Travels 6:30 A Evening Movie	19 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Game: Blackjack 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:30 Men's Lunch Outing - Dominick's Sandwiches - Fallbrook 1:30 CS Country Store Shopping 3:00 A Paint and Sip 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional with Friends 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips:	9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:30 A Matinee Movie & Popcorn 2:00 O Memory Care Scenic
9:30 A Sit & Be Fit Exercise Class 10:00 Countdoor Walk 10:30 A Favorite Old Hymns Sing-a-long 3:00 A Sit & Be Fit Exercise Class 10:00 Countdoor Walk 10:30 Countdoor Walk 10:30 A Favorite Old Hymns Sing-a-long 3:00 A BINGO!	9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping Outing - Major Market - Fallbrook 11:00 LB Puzzle Pickup 1:30 A Food Committee Meeting 3:30 A Game: Bean Bag Toss 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 12:30 Freany & Friends Concert - Fallbrook Library 2:00 AO Online Shopping Assistance 3:00 A Story Telling with Walter 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Women's Lunch Outing - Garden Center Cafe and Grill 1:30 CS Country Store Shopping 3:30 D Bowling 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional with Friends 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping	9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:30 A Matinee Movie & Popcorn 2:00 O Memory Care Scenic Drive 3:30 LB Self-led Wii Bowling 6:30 A Evening Movie