Sunday Monday Tuesday Wednesday Thursday Friday Saturday Cars, food trucks, music 9:30 SAIL Fitness Support Run 2 Remember 10:00 Olympia Mall and Lunch 9:30 Exercise at the Food Court 10:30 Wii Bowling Sit & Fit Sit & Fit (2nd Session) **Aqua Activities** 10:30 1:00 12:15 Sit & Fit Bingo Cribbage :00 1:00 Sit & Fit (2nd Session) ร∙กัก Mexican Train 2:00 Bingo **Patriots Landing Retirement Community** Resident Run Card Games 6:30 6:15 Triominos :00 Movie Night Movie Night 7:00 Bar Trivia w/Steve D Coast Guard 233rd Birthday A Transportation: APPT. Day **National Purple Heart Day** 8:20 Shuttle to St Frances Cabrini **7** 9:30 SAIL Fitness Support Run 2 Remember Transportation: APPT. Day Transportation: APPT. Day & Little Church on Prairie Aqua Activities 10:00 Hess Bakery 9:30 Exercise 9:30 SAIL Fitness 9:30 Cardio/Strength Fitness 9:30 Shuttle to St. John Bosco Catholic Prayer Service 9:30 Cardio/Strength Fitness 10:30 Zack the Therapy Dog 10:00 **Olympia Farmer's Market** 10:30 Aqua Activities Communion' 9:30 Church @ Patriots Landing 10:30 Playing 8-ball & Darts 10:30 Yahtzee Wii Bowling Sit & Fit Sit & Fit (2nd Session) 10:30 Agua Activities 12:00 Learn to Play Chess 12:00 Chair Yoga 10:30 Tech Tuesday – Phone Help Sit & Fit Sit & Fit (2nd Session) 12:15 12:15 Sit & Fit :00 12:15 Sit & Fit 12:15 Sit & Fit 1:00 Brewery City Pizza, Lacey 12:15 Sit & Fit Cards: Pinochle 1:00 Sit & Fit (2nd Session) 1:00 Sit & Fit (2nd Session) 1:00 Sit & Fit (2nd Session) 1:00 1:00 Sit & Fit **Author Darcy Guyant** Bingo 2:00 1:00 Sit & Fit (2nd Session) Wii Games 2:00 **US Coast Guard, Retired** 2:00 Bingo 2:00 **Brain Fitness** 2:00 Bingo 3:00 Cribbage Bingo (Time Change) 1:45 **Happy Hour/Coast Guard** 3:00 4:30 Thirsty Thursday Social 5:30 Larry Barry Sing-along 3:15 **We Care Support Group** Mexican Train 6:15 Larry Barry Sing-along Cribbage 233rd Birthday 6:15 Triominos 6:15 Triominos 6:15 Mexican Train 6:15 Triominos **Resident Run Card Games** :30 7:00 Movie Night Mexican Train 7:00 Movie Night 7:00 Movie Night 7:00 Movie Night 6:30 Resident Run Card Games Hawaiian Shirt Day
Transportation: APPT. Day Transportation: APPT. Day 8:20 Shuttle to St Frances Cabrini 10 Transportation: APPT. Day **14**9:00 Tahoma Nat'l. Cemetery **15**9:15 Support Run 2 Remember 16 McChord BX/Commissary Cardio/Strength Fitness Yahtzee & Little Church on Prairie :30 Exercise 9:30 Cardio/Strength Fitness 10:00-11:30 Travelin' Tom's SAIL Fitness 9:30 - 11:00am JBLM Soldier Visit .30 9:30 Shuttle to St. John Bosco **DuPont BBQ Cookoff/Live** 9:30 SAIL Fitness Aqua Activities 9:30 SAIL Fitness 9:30 Church @ Patriots Landing Music/Beer Garden 10:30 Agua Activities 10:30 Catholic Praver Service ::00 Sit & Fit (2nd Session) ::00-2:30 Blood Pressure Clinic **Coffee Truck** L0:30 Wii Bowling 12:00 Chair Yoga 10:30 Agua Activities 11:00 Communion 12:00 Learn to Play Chess Playing 8-ball & Darts 12:15 Sit & Fit Ft Lewis PX/Commissary 1:00 Walmart, Lakewood 12:15 Sit & Fit 12:15 Sit & Fit Scrábble in Bistro Sit & Fit (2nd Session) & Country Music Social 1:00-7:00 Hawaiian Luau Buffet Sit & Fit 1:00 Sit & Fit Bingo Cribbage Sit & Fit (2nd Session) Sit & Fit 1:00 1:00 Sit & Fit (2nd Session) :00 Sit & Fit (2nd Session) :00 2:00 Bingo Thirsty Thursday Social Sit & Fit (2nd Session) 3:00 1:00 **Bean Bag Toss** 2:00 2:00 Crafter Corner 2:00 Bingo 5:30 Larry Barry Sing-along Mexican Train Mexican Train 2:00 Bingo 2:00 Cards: Pinochle Resident Run Card Games Special Movie Night "Gidget Goes Hawaiian" 3:15 **Bar Bingo** 6:15 Triominos 6:30 **7:00** 6:15 Triominos **Resident Run Card Games** 5:30 6:15 Triominos Cribbage Mexican Train 7:00 Movie Night **Mud Bay Band Wine Social** Bingo 7:00 Movie Night 7:00 Movie Night 18 Transportation: APPT. Day 8:20 Shuttle to St Frances Cabrini **17** Transportation: APPT. Day ransportation: APPT. Day **19**_{9:30} 21 9:30 SAIL Fitness **22** 9:00 SAIL Fitness
Lakewood Towne Center **Trolling for Lunch,** & Little Church on Prairie Cardio/Strength Fitness 9:30 SAIL Fitness 9:30 Bainbridge Island Support Run 2 Remember 10:30 Aqua Activities 9:30 Cardio/Strength Fitness 9:30 Shuttle to St. John Bosco 10:30 Yahtzee 10:30 Play Camping w/Sasquatch Aqua Activities Catholic Prayer Service 9:30 Church @ Patriots Landing 10:00 ACU Resident Banking 10:30 Zack the Therapy Dog Sit & Fit Exercise 9.30 10:30 Aqua Activities 12:00 Chair Yoga .:00 Sit & Fit (2nd Session) Communion Sit & Fit 10:30 Play UNO 11:00 Bruno's German Diner L0:30 Wii Bowling 1:00 Casa Mia Restaurant and H&L 12:00 Learn to Play Chess 2:00 Jeopardy Thirsty Thursday Social on Sit & Fit Sit & Fit (2nd Session) 12:15 Sit & Fit 12:15 Sit & Fit Sit & Fit (2nd Session) **Produce, Lakewood** 1:00 12:15 Sit & Fit Sit & Fit (2nd Session) Bingo Cribbage 2:00 1:00 Sit & Fit (2nd Session) 1:00 Sit & Fit Back Patio Bean Bag Toss 00:9 1:00 Sit & Fit (2nd Session) Cards: Pinochle 2:00 Bingo Mexican Train 3:00 2:00 Bingo 2:00 Bingo Needle Group Larry Barry Sing-along Resident Run Card Games Mexican Train 5:30 Larry Barry Sing-along 2:00 Songbirds 6:15 Triominos 6:15 Triominos Resident Run Card Games Movie Night **History Stories w/Steve D** 6:15 Triominos 7:00 Movie Night 6:15 Mexican Train Cribbage 7:00 Movie Night 7:00 Movie Night Dr Ford 25 Transportation: APPT. Day Transportation: APPT. Day **28** _{9:30} 8:20 Shuttle to St Frances Cabrini **24** & Little Church on Prairie **National Banana Split Day** Ft Lewis PX/Commissary SAIL Fitness Aqua Activities Support Run 2 Remembe 30 SAIL Fitness Transportation: APPT. Day Exercise 9:30 Cardio/Strength Fitness :30 Cardio/Strength Fitness 10:30 Agua Activities **Puyallup Farmer's Market** 9:30 Shuttle to St. John Bosco Catholic Prayer Service 10:30 Yahtzee SAIL Fitness 10:00 Patriots Landing Book Club Communion
McChord BX/Commissary
Cheryl Zabel - Harp 9:30 Church @ Patriots Landing Wii Bowling 10:30 10:30 The Ram, Ruston Way 10:30 Agua Activities 12:15 Sit & Fit 10:30 Playing 8-ball & Darts 12:00 Chair Yoga 12:15 Sit & Fit Sit & Fit (2nd Session) 12:15 Sit & Fit 1:00 12:00 Learn to Play Chess Sit & Fit (2nd Session) 12:15 Sit & Fit 1:00 Fred Meyer, Lakewood Sit & Fit Sit & Fit (2nd Session) **Town Hall** 1:00 **Resident Birthday Party** 12:15 Sit & Fit 1:00 Sit & Fit (2nd Session) 2:00 Bingo 1:00 Sit & Fit 1:00 Sit & Fit (2nd Session) Sit & Fit (2nd Session) 1:00 **Music by Charlie Cardinal** Cribbage 2:00 Bingo 3:00 2:00 Bingo 2:00 Cards: Pinochle Bingo 2:00 Songbirds Thirsty Thursday Social 6:15 Mexican Train Needle Group Larry Barry Sing-along 5:30 Larry Barry Sing-along 6:15 Triominos 6:15 Triominos **Banana Split Competition Resident Run Card Games** 6:15 Triominos Mexican Train 6:15 7:00 Movie Night Cribbage Movie Night 7:00 Movie Night Mexican Train 7:00 Movie Night 6:30 **Resident Run Card Games** 8:20 Shuttle to St Frances Cabrini **31** & Little Church on Prairie 9:30 Shuttle to St. John Bosco **Life Enrichment Calendar:** 9:30 Church @ Patriots Landing 12:00 Chair Yoga 1:00 Paraiso Filipino Foods **Independent & Assisted Living** 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night

www.patriotslanding.com