

August  
2025



Arcadia  
SENIOR LIVING

Clarksville

## Letter from the Executive Director

### Resident Birthdays

Lucille Thompson 8-2  
Donna TePoel 8-6  
Betty Bowman 8-7  
Joyce Lankford 8-10  
Barbara Briggs 8-14  
Faye O'Neal 8-16  
Frank Goodlett 8-19  
JD Howell 8-20  
Helen Shores 8-21  
Alyce Sheets 8-23  
Barbara Walker 8-27  
Mary Ann Hansen 8-27  
Darrell Cook 8-27

### Employee Birthdays

Angie Rawlins 8-7  
Michael Costello 8-9  
Linda Williams 8-12  
Doug Rippey 8-14  
Melissa Bailey 8-17  
Pat Hutchinson 8-17  
Jerrie Burnett 8-19  
Josephine Cooper 8-21  
Tasha Grandberry 8-24  
Shaunekwa Cheeks 8-29

### Anniversaries

Lauren Gregg 1 year  
Linda Williams 1 year  
Shelly Strange 3 years  
Robin Lyle 3 years  
Tank Maxwell 1 year

*"A life is not important except in the  
impact it has on other lives."*

*-Jackie Robinson*

We have moved into August and winding down the summer already! There is one noteworthy special day in August, National Friendship Day. We celebrate this day on the first Sunday in August so on August 3<sup>rd</sup>, we are encouraged to connect with an old friend or even make a new friend. What a nice idea for a Sunday.

For the past two months, respect and integrity were highlighted in regard to "The Arcadia Way" and our Ambassador Program for staff. This month we will focus on accountability. This is a trait to consider when we think about our nominations for the ambassador awards. **Webster's Dictionary** says the definition of accountability is: "the obligation or willingness to accept responsibility for one's actions." Accountability at work starts with showing up and working to accomplish the tasks that are assigned to you or doing what you know you need to do. It is taking personal responsibility for the work done and owning a mistake to use as a learning experience. Accountability is trust within a group of team members and knowing you can count on each other to get things done.

At Arcadia, we want to be able to work together to make improvements and avoid repeating mistakes. When accountability is present, you will see high performing teams who have great working relationships, eliminate surprises, and improve overall job happiness. We also want to see this trait in our relationships, especially friendship. We want friends and coworkers who are responsible and accountable.

We have great staff at Arcadia Clarksville who are very strong in accountability. When you are making a nomination for the Quarterly Ambassador, think about what you can say about that individual's respect, integrity, and now accountability. Nominations are accepted from residents, family members, Arcadia staff, and all guests. Please continue to nominate to help our Ambassador Program continue to be successful. It is such an honor to be nominated.

Sheila Dickmann, Executive Director

*"The moment you take responsibility for everything in your life is the moment you can change anything in your life." - Hal Elrod*

175 Chesapeake Ln, Clarksville, Tennessee, 37040

## July Activities Captured



As temperatures continue to soar, we consistently find ways to enjoy ourselves while staying cool indoors. Our residents savored delightful banana splits at our monthly birthday social, while Open Arms introduced a fun solo cup game and new seating arrangement. Additionally, we tap into our creative side each month when Jayla Eubanks visits our community for our painting craft session. August promises to be just as filled with engaging games and numerous ways to beat the heat during these sweltering days of summer.

Don't forget to check out our Facebook page for more photos and updates!



## Resident Highlight

Sabra hails from the bustling city of Brooklyn, NY, renowned for its rich culture, vibrant arts scene, and iconic landmarks. She is the proud mother of two children with her late husband, James, and has three delightful grandchildren. Before her retirement, Sabra was a well-respected hairdresser in her community.

She enjoys a variety of activities, including quilting, playing games, exercising, and socializing with others. Sabra is no stranger to meeting new people and embracing new experiences. We feel incredibly fortunate to have her as a part of our community.



**Sabra Valinoti**

Thank you for choosing Arcadia as your new home!



**Larry Leath**

Larry was born into a large family, being the third of ten children in Wingo, KY. He met his late wife, Judy, during high school, and they shared 53 wonderful years together. After graduating from Murray State University with a master's degree, they married and welcomed two children and eight grandchildren into their lives.

Larry dedicated 30 years of his career to the Kentucky Farm Bureau before retiring. Following his retirement, he had the opportunity to travel across the country with his wife and enjoyed playing numerous rounds of golf. Nowadays, Larry finds joy in reading works by authors like John Grisham and Steven Patterson, participating in group discussions, and cherishing quality time with his family.

Thank you for choosing Arcadia as your new home!

Ruth hails from the beautiful bluegrass state of Kentucky, where she spent most of her life before relocating to Clarksville. She is a proud mother of one daughter, a grandmother to three, and a great-grandmother to three more. Prior to her retirement, Ruth ran her own in-home daycare, caring for children of all ages from sunrise to sunset. One of her favorite pastimes is cooking and baking.

Now, Ruth enjoys spending quality time with family and friends, as well as socializing.

Thank you for selecting Arcadia as your new home!



**Ruth Gammons**



**Millie Krone**

Let's extend a warm welcome to Millie from Myers Dale, PA, a town famous for its charming maple festival each spring. After completing high school, Millie went on to earn her degree in accounting from Valparaiso University in Valparaiso, Indiana.

Throughout her journey, Millie has been married twice. She has one child with her first husband, John Krone, with whom she shared 18 years of marriage. Millie then spent 37 wonderful years with her second husband, Jim Krommes. Before her retirement, she successfully ran her own firm, Mildred Krone CPA.

In her free time, Millie enjoys playing games, participating in group discussions, and creating cherished memories with family and friends.

Thank you for choosing Arcadia as your new home!

# Your Team

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# A Few More Things!

## KNOW YOUR NEIGHBOR

**\$1000**

for You

**\$1000**

for Your  
Neighbor



SEE AMBER FOR MORE DETAILS!!

### **\*\*Arcadia Way!\*\***

Be sure to visit the front desk and nominate a staff member who embodies the essence of teamwork, accountability, integrity, respect, and safety. The nominations for our 3rd Quarter Ambassador are now open!

Like and follow us on Facebook to discover more photos and receive updates from Arcadia Clarksville!



Download the Spectrio Share app and use the pin code 175AL to get up-to-date info on what is going on at Arcadia Clarksville.

