

August  
2025



## Letter from Executive Director

Dear Residents and Families,

Happy August! With what feels like the never-ending heat wave I know I can speak for us all when I say bring on Fall! I look forward to fall here at The Lakes every year. With all of the beautiful trees surrounding us it truly is the most stunning part of the year here.

I have a few exciting announcements for you all. To start off with I would like to let you all know that we had our semi-annual state survey last week and received a PERFECT score! This is the first perfect survey in The Lakes history, and I couldn't be more proud.

Secondly, we have promoted Regina Carter into our Activities Director position. Regina has been with Arcadia for over 7 years now and is over the moon to bring her talents to the front of the house.

We have also hired Becca House for our Open Arms Programming Coordinator position. If you see her, give her a warm Lakes welcome!

Lastly, after 10 years the carpet in the dining room and commons area is set to be replaced this month! We will be replacing it with a modern luxury vinyl tile flooring. When the installation process begins, we will notify you all with how long it will take. We plan to deliver all meals free of charge through the process.

As always, if you have any questions, my door is always open!

Samantha McManus  
Executive Director

### Resident Birthdays

Betty Shuppert 8/17.

Marilyn Herrndobler 8/17.

Billy Brooks 8/27.

Jean Hipp 8/31

### Staff Birthdays:

Paul Byrne 8/3.

Karen Grantham 8/4.

Gina Gordon 8/7.

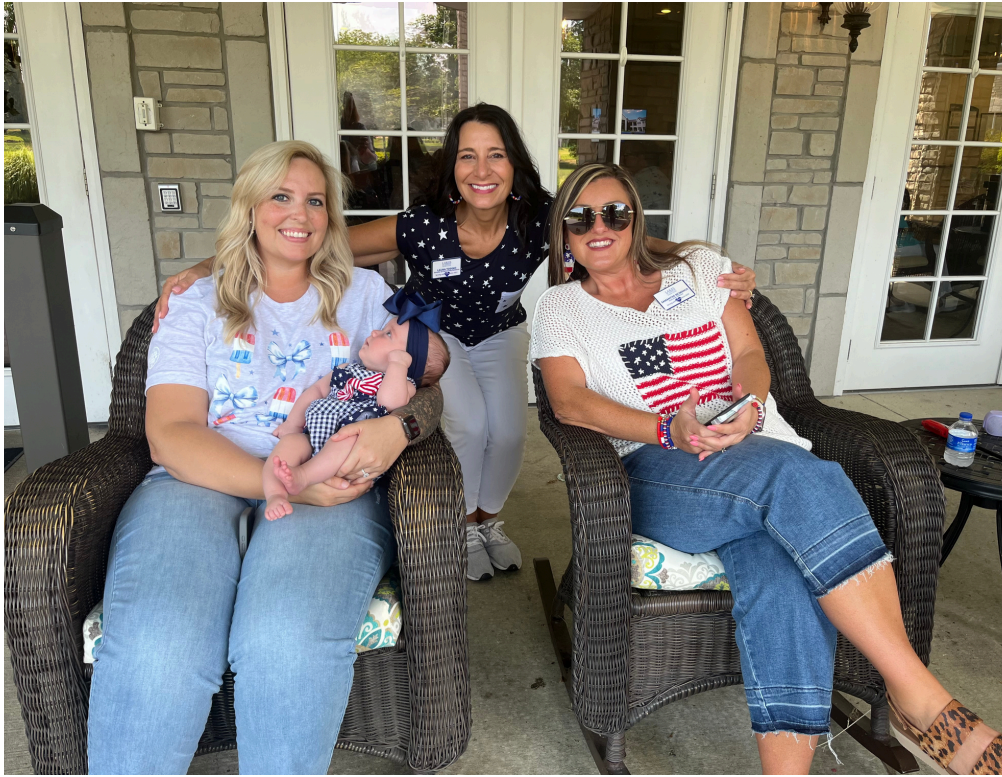
Kay White 8/7.

Tia Winters 8/13.





# Photo Roundup





# Resident Spotlight

## KAY SPICELAND

Kay Spiceland was born and raised in Marshall County. She worked at Farm Bureau for about 5 years before she became Branch Manager at Bank of Benton. She also worked in accounting and retired after 30 years.

While still in high school, she married her high school sweetheart, Roscoe Mills (RM), and together they had two children, Tracy and Troy. Kay and RM enjoyed horseback riding in Colorado and spending their winters in Sanibel, Florida. Kay's favorite holidays are Thanksgiving and Christmas because she gets to enjoy spending time with her 6 grandchildren and 13 great grandchildren.

Kay is very helpful and nurturing with a great sense of humor. You cannot be in her presence without her making you laugh. She enjoys playing Bingo, although she never takes a prize when she wins, and is a proud fan of UK basketball. When you see Kay, be sure to say hello. There's no doubt she will bring a smile to your face!



## Upcoming Events



**8/6 Cracker Barrel 11:30**

**8/8 Culver's & Dollar General 2:30**



**8/13 Los Amigos 11:30**



**8/14 TJ Max, Talbot's, Chico's 2:45**

**8/19 McCalister's 11:15**

TALBOTS



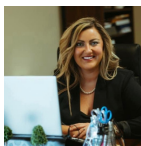
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# Your Team

## Samantha McManus

Executive Director

[smcmanus@arcadiapaducah.com](mailto:smcmanus@arcadiapaducah.com)



## Gina Gordon

Business Office Manager

[ggordon@arcadiapaducah.com](mailto:ggordon@arcadiapaducah.com)



## Peggy Thomason

Concierge

[pthomason@arcadiapaducah.com](mailto:pthomason@arcadiapaducah.com)



## Laura Todino

Director of Community Relations

[ltodino@arcadiapaducah.com](mailto:ltodino@arcadiapaducah.com)



## Stacey Marks

Director of Culinary Services

[dietary@arcadiapaducah.com](mailto:dietary@arcadiapaducah.com)



## Regina Carter

Director of Life Engagement

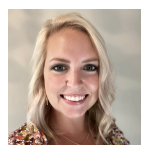
[rcarter@arcadiapaducah.com](mailto:rcarter@arcadiapaducah.com)



## Cassidy Parks

Director of Resident Care & Wellness

[cparks@arcadiapaduach.com](mailto:cparks@arcadiapaduach.com)



## Robert Cole

Director of Maintenance

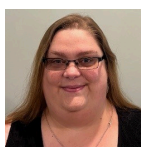
[rcole@arcadiapaducah.com](mailto:rcole@arcadiapaducah.com)



## Becca House

Open Arms Programming Director

[bhouse@arcadiapaducah.com](mailto:bhouse@arcadiapaducah.com)



# More Info



Like and follow us on Facebook  
for more photos and updates at  
The Lakes of Paducah!



## WELCOME TO THE SHARE APP!

The SHARE app allows you to see what's going on at Lakes of Paducah so that you stay connected and up-to-date. You can see activities, menus, announcements, pictures, and more.

## HOW DO I GET STARTED?

- Open your mobile device app store, and search for Spectrio SHARE. Download the app to your device.
- Open the SHARE app and tap Scan QR Code.
- Use the scanning tool to scan the QR Code shown on this page.

## QR CODE



Alternatively, you can tap Use Community PIN, and type in the PIN below: **2265**

## SPREAD THE WORD

Your opinion matters so please  
write a review  
[www.TheLakesofPaducah.com](http://www.TheLakesofPaducah.com)  
choose REVIEWS and post your  
comments or experience.



THANK YOU

## KNOW YOUR NEIGHBOR

**\$1000**  
for You  
**\$1000**  
for Your  
Neighbor

Be rewarded for referring others to The Lakes of Paducah. Refer today and receive \$1000 credit off one month's rent\* and your new neighbor will also receive \$1000 credit.

For more information contact  
Laura Todino  
[ltodino@arcadiapaducah.com](mailto:ltodino@arcadiapaducah.com)  
270.448.7777

\*A referring resident receives \$1000 credit after your new neighbor stays for 60 days. Some exclusions apply.

