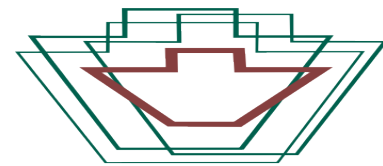


INDEPENDENT LIVING AUGUST 2025



**Keystone
Commons**
A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Monthly Theme</u>  <p>Be who you are and say what you feel because those who mind dont matter, and those who matter dont mind.</p>	*Activities are Subject to Change Amy Creasia Programming Specialist ACreasia@keystonesenior.com	<u>Proud as a Peacock Party</u> Birds of a Feather Flock Together Dinner Party Aug, 28 th @ 4:30pm See the posted invite and sign up with activities 	<u>Monthly Birthdays</u> 8/9- Gloria Cyranowski 8/10- Donald Lever 8/14- Jeannine Dube “95th” 8/16- Bob MacGregor 8/18- Charlotte Kites 8/20- Grace Snow 8/23- Bill Henry	<u>Artist Showcase</u> Happening in the coming months August- Frank Sisk- Etching September- Dolores Yergeau- Painting October- Helen Ham- Painting Visit the Library during set times to view artist work and talk with the artist	1 9:30- Coffee and Brain Games-3A 10:30- Sequence- Billiards 12:30- Rosary-Theater 1pm- Wii Bowling-Theater 2pm- Pokeno-3A 3pm- Happy Hour w/ Piano Player Steven-3A 6:45- Crazy 8's- Billiards	2 9:30- Coffee Chat-2A 10:30- Bingo for Prizes-3A 1pm- Wii Bowling Theater 2pm- Honky Tonk Piano Man-
3 Mass at St Elizabeth's 2pm- Rummikub-Billiards	4 9:30- Shopping in Chicopee 10:00- Communion w/ Deacon Tom IL Vestibule 10:45- Mystery Card Game-Billiards 12:30- Rosary-Theater 1pm- Scrabble- Billiards 2pm- Balloon Volleyball-3A 3:15- Wii Bowling- Theater 3:15- Canasta Billiards Room 6:45- Quarter Bingo with Denise-Pub	5 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic-Pub 10:30- Kazoo and You-3A 1pm-Reading of the Newsletter-Pub For those who are visually impaired 1pm- Wii Bowling- Theater 2pm- Painting Class-3A 3:15- Blackjack Gold- \$25.00-3A 6:45- Popcorn Club- Theater	6 9:30- Hubbard Coffee Chat -3A 10:30- Meditation w/ Rob-3A 11:30- Lunch Outing to Golden Peacock in Westfield 12:30- Rosary-T 1:15pm-Exercise w/ Alliyah OT-T 2pm- Wii Bowling- Theater 3:30pm- Peacock Bingo-3A 6:45- Rummikub-Billiard	7 9:00- Around the World Breakfast Club- Courtyard- Greece 10:30- Double Card Bingo 2.50 to play- Courtyard 11:30- Monthly Birthday Luncheon 1pm- Jeopardy for Amateurs-3A 2pm- LCR- Dollar Buy-in-3A 3:15- Trash Card Game-3A 6:45- Canasta-Pub 6:45- Kings in the Corner- Billiards	8 9:30- Coffee and Brain Games-3A 10:30- Sequence- Billiards 12:30- Rosary- Theater 1pm- Wii Bowling-Theater 2:30pm- Pokeno-3A 3pm- Drumming Class-3A 4pm- Happy Hour-Pub 6:45- Crazy 8's- Billiards	9 9:30- Coffee Chat-2A 10:30- Caden Performs on Piano-1 st Floor Piano Room 1pm- Wii Bowling Team Play 2pm- Laura Hicks Performs 3:15- Newsletter Committee Meets-Pub
10 Mass at St Elizabeth's 2pm- Rummikub-Billiards	11 9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom IL Vestibule 10:45- Phase 10- Billiards 12:30- Rosary-T 1pm Writing for Fun Just Cuz-Pub 2pm- Dave Colucci Performs-3A 3:15- Wii Bowling Theater 3:15- Canasta-Billiards Room 6:45- Quarter Bingo with Harriet-Pub	12 9:30- Topic Talks-3A We'll give you the topic and you do the talking 10:00- Blood Pressure Clinic- Pub 10:30-Connect Four in the Courtyard w/ donuts and coffee 1pm- Wii Bowling- Theater 2pm- Painting Class-3A 3:15- Blackjack-Dollar Buy-in 6:45- Popcorn Club- Theater	13 9:30- Hubbard Coffee Chat -3A 10:30-Wii Trivia- Theater 10:30- Grief Support Group-Pub 12:30- Rosary-T 1:15pm- Exercise w/ Alliyah OT-T 1 :30- Mark from Berkshire Hills Performs-3A 2pm- Wii Bowling-Theater 3:15- African Drumming w/Tara- Il Dining Room 6:45- Rummikub-Billiards	14 9:30- Coffee Chat and Chronicles 10:30- Adaptive Boxing- 3A 1pm- Jeopardy for Amateurs-3A 2pm- Docs of Dixie Performs-3A 3:15- Help your Neighbor-Pub 6:45- Canasta-Pub 6:45- Kings in the Corner-Billiards	15 9:30- Coffee and Concentration Puzzles-3A 10:30- Sequence- Billiards 12:30- Rosary-T 1pm- Wii Bowling- Theater 2pm- Pokeno-3A 3pm- Drumming Class-3A 4pm- Happy Hour- Pub 6:45- Nachos Loco- Billiards	16 9:30-Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling-Team Play 2pm- Dave Brinnel and Lisa Carter Perform-3A
17 Mass at St Elizabeth's 2pm- Rummikub-Billiards	18 9:30- Shopping to Chicopee 10:00- Communion w/ Deacon Tom IL Vestibule 10:30- Three Thirteen Game- Billiards 12:30- Rosary-T 1pm- Spoon Peacock Project-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- Quarter Bingo w/ Judy and Laurie-Pub	19 Massage Therapist 1-4pm 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic- Pub 10:30- Chef's Club-Sundae Supper 1pm- Divine Discussion w/ Judy and Laurie- Theater 2pm- Wii Bowling- Theater 2pm- Line Dancing-2A 3:15- Blackjack- Dollar Buy-in 4:45- Bus Leaves for Outdoor Concert and Picnic at Dufresne Park- Old Country Road Performs”	20 9:30- Hubbard Coffee Chat-3A 10:30- Men's Group w/ George-Pub Donuts and Coffee 10:30- Adult Coloring- Peacocks-3A 12:30- Rosary-T 1:15- Exercise w/ Aaliyah-3A 2pm- Peacock Stencil Art-3A 2pm- Wii Bowling- Theater 3:30- Ladder Bingo-3A 6:45- Rummikub-Billiards	21 Massage Therapist 1-4pm 9:30- Coffee Chat and Chronicles 10:00- Coffee House-3A 10:30- Roger Hart Presents One w/ Nature Slide Presentation-3A 1pm- Giant Crossword Puzzle-3A 3:30 pm- Caretenders Presents-Pub 3:15- Popcorn Club-Theatr 3:15- Go Boom Card Game-BR 6:45- Canasta- Pub	22 9:30- Coffee and Brain Games-3A 10:30- Adaptive Boxing-3A 12:30- Rosary-T 1pm- Wii Bowling for newbies-T 1pm- Food Meeting-Pub 2pm Pokeno-3A 3pm- Artist Reception for Frank Sisk in the Library 4pm- Happy Hour-Library 6:45- Crazy 8's- Billiards	23 9:30- Coffee Chat-2A 10:30- Wii Bowling-Team Play 2pm- Dime Bingo-3A 3:15- Newsletter Committee Meets-Pub
24/31 Mass at St Elizabeth's 2pm- Rummikub-Billiards	25 9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom IL Vestibule 10:45- Chase the Ace Game-Billiards 12:30- Rosary-Theater 1pm- Writing for Fun Just Cuz-Pub 2pm- Pool Noodle Hockey-3A 3:15- Wii Bowling-Theater 3:15- Canasta- Billiards Room 6:45- Quarter Bingo with Harriet-Pub	26 9:30- Topic Talks-3A 10:00- Blood Pressure Clinic-Pub 10:30- Marty Gitlin presents Film Classices-3A 1pm- Divine Discussion w/ Judy and Laurie-Theater 2pm- Wii Bowling- Theater 3:15- Blackjack- Dollar buy-in-3A 6:45- Popcorn Club- Theater	27 9:30- Hubbard Coffee Chat-3A 10:30-Trip to Wickham Park for Peacocks and Maggie McFlays for Lunch- Manchester CT 12:30- Rosary-T 1:15pm- Exercise w/ Alliyah OT-T 2pm- Wii Bowling-Theater 3:30pm- Dime Bingo-3A 4pm- Wine Down Wednesday-Pub 6:45- Rummikub-Billiards	28 9:30- Coffee Chat and Chronicles-3A 10:30-Preparing for Party 1pm- Jeopardy for Amateurs-3A 2pm- Larry Batter Performs-3A 3pm- Popcorn Club- Theater 4:30- Proud as a Peacock Gathering- In the Pub- Sign ups Necessary 6:45- Canasta-Pub 6:45- Kings in the Corner-Billiards	29 9:30- Coffee and Concentration Puzzles-3A 10:30- Horses of Course- Horse in the Courtyard 12:30- Rosary-T 1pm- Wii Bowling-Theater 2pm- Pokeno-3A 3pm- Categories Race played in teams-3A 4pm- Happy Hour- Peacock Punch In the Pub	30 9:30- Coffee Chat-2A 10:30- Bingo for Prizes-3A 1pm- Wii Bowling Theater 2pm- Joanne and Donna Lee Perform-3A
31 Mass at St Elizabeth's 2pm- Rummikub-Billiards						