Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FRONT DESK HOURS 8:00am to 8:00 pm Monday—Friday 8:00 am to 5:00 pm Saturday and Sunday	8-12VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 11:15 This week in history-AR 1:00 500-AR 2:00 Group Crossword-ER 2:00 Rummikub-AR 3:15 Left Center Right	9:30 Shopping at Grandview and Jerry's Foods Area 10:00 Exercise Video 1-ER 10:15 Walking Group-meet in LB 11:15 What do you know about Wimbeldon? -AR 11:30 Van departs for shopping and lunch at Kowalskis-Southdale 2:00 Pianist Elijah presents songs from the 40's, 50's, 60's and 70's-LB 3:15 July Birthday Party-AR 6:30 Bridge (signup needed)-AR	8-12 VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 11:15 What do you know about Rwanda & Somalia? -AR 1:15 Catholic Communion Service-ER 1:30Van departs for the Dollar Store, Aldis, Kohl's and TJ Maxx 2:00 Activity & outing planning meeting-AR 3:15 Treat Bingo-AR	Happy Independence Day! No Mail No Van Service Desk Closes at 5:00pm! 7:00 Movie- FR	No Shopping at Grandview and Jerry's Foods area 10:00 Exercise w/L2BH-ER 11:15 What do you know about the ALL Star Game?-AR 1:00 Mahjong-AR 3:15 cookies-FR 6:30 Bingo - AR	10:00 Cribbage-AR 12:45 Bridge (sign up needed)-AR 1:30 Movie Matinee-FR
7 1:30 Movie Matinee-FR	8-12VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 11:15 This week in history-AR 1:00 500-AR 2:00 Group Crossword-ER 2:00 Rummikub-AR 3:15 Lucky 7 dice Game	9:30 Shopping at Grandview and Jerry's Foods Area 10:00 Exercise Video 1-ER 10:15 Walking Group-meet in LB 11:15 What do you know about the Dali Lama? -AR 2:00 Monthly Resident Meeting-DR 3:00 Ice cream flavor of the month-FR 6:30 Bridge (signup needed)-AR	8-12 VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 10:00 3rd Floor Coffee- AR 11:15 What do you know about the history of golf? -AR 1:00 Yelloh! (Formerly Schwan's)-LB 1:15 Catholic Communion Service-ER 2:00 Advertising slogans game-AR 3:15 Treat Bingo-AR	9:30 Van Departs for Cub 11 Foods, Target & Trader Joe's 10:00 Exercise Video 2-ER 10:00 Bible Study-AR 11:15 What do you know about Milton Berle?-AR 11:30Van Departs for Lunch at Starling 2:00 Naturalist from Westwood Nature Center-ER 7:00 Movie- FR	10:00 Exercise w/L2BH-ER 10:30 Shopping at Grandview and Jerry's Foods area 11:15 What do you know about Bastille Day?-AR 1:00 Mahjong-AR 2:00 Chat with the Chef-AR 2:15 Cookies-FR 6:30 Bingo - AR	13 10:00 Cribbage-AR 12:45 Bridge (sign up needed)- AR 1:30 Movie Matinee-FR
1:30 Movie Matinee-FR	8-12VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 11:15 This Week in History-AR 1:00 500-AR 2:00 Rummikub-AR 2:30 Group Crossword-ER	9:30 Shopping at Grandview And Jerry's Foods Area 10:00 Exercise Video 1-ER 11:15 What do you know about Hawaii?-AR 11:30 Van departs for lunch at Lord Fletcher's 2:00 Goat Cheese Tasting-AR 3:30 Needlecrafters group-AR 6:30 Bridge (signup needed)-AR	8-12 VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 11:00 Blood Pressure Checks-AR 11:15 What do you know about Rembrandt ?- AR 1:15 Catholic Communion Service-ER 3:15 Treat Bingo-AR 7:00 Movie-FR	9:30Van departs for the Dollar 18 Store, Aldis, Kohl's and TJ Maxx 10:00 Exercise Video 2-ER 11:15 What do you know about Canada?-AR 1:00 Card Crafts-AR 2:30 Guitarist Jeff Brueske-LB 7:00 Movie- FR	10:00 Exercise w/L2BH-ER 19 10:30 Shopping at Grandview and Jerry's Foods area 11:15 What do you know about Special Olympics?-AR 12:00 Van departs for picnic lunch at Landscape Arboretum 1:00 Mahjong-Ar 3:15 Ice Cream Bars-FR 6:30 Bingo - AR	10:00 Cribbage-AR 12:45 Bridge (sign up needed)-AR 1:30 Movie Matinee-ER 5:00 Happy Hour-FR
1:30 Movie Matinee-FR	8-12 VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 11:15 This Week in History-AR 1:00 500-AR 2:00 Rummikub-AR 2:3s0 Group Crossword-ER	9:30 Shopping at Grandview and Jerry's Foods Area 10:00 Exercise Video 1– ER 10:15 Walking Group-LB 11:15 What do you know about John glenn and NASA ?-AR 11:30 Van departs for lunch at Wampach's 2:15 Centerpiece making-AR 3:15 Special Happy Hour to thank you for filling out the surveys-FR 6:30 Bridge (signup needed)-AR	8-12 VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 11:15 What do you know about Junk Food-Facts and history ?-AR 1:00 Yelloh!(formerly Schwan's)-LB 1:15 Catholic communion-ER 2:00 Current Events 3:15 Treat Bingo- AR 7:00 Movie-FR	9:30 Van Departs for Cub Foods, Target & Trader Joe's 10:00 Exercise Video 2-ER 11:15 What Do you know about Underground railroad and quilts-AR 1:00 Card Crafts-AR 2:00 Jeopardy-AR 2:45Van Departs for Centennial Lakes Farmer's Market 3:15 Guess the Year-AR 7:00 Movie- FR	10:00 Exercise w/L2BH-ER 10:30 Shopping at Grandview and Jerry's Foods area 11:15 What do you know about the Summer Olympics? 1:00 Mahjong-AR 2:00 Craft Group-AR 6:30 Bingo - AR	10:00 Cribbage-AR 12:45 Bridge (sign up needed)-AR 1:30 Movie Matinee-FR
28 1:30 Movie Matinee-FR	8-12 VT Bus to Med/Dental 29 10:00 Exercise w/L2BH-ER 11:15 This Week in History-AR 1:00 500-AR 1:00 Van Departs for fishing at Lake Riley 2:00 Group Crossword-ER 2:00 Rummikub-AR 3:15 Left Center Right-AR	9:30 Shopping at Grandview and Jerry's Foods Area 10:00 Exercise Video 1– ER 10:15 Walking Group 11:15 what do you know about Anne Hutchinson?- AR 2:00 Book Club-AR 3:15 Benefit for Alzheimer's Association (see back page) 4-5 Care Partners Support Group-FR	8-12 VT Bus to Med/Dental 10:00 Exercise w/L2BH-ER 11:15 What do you know about the history of the WAVES ?-AR 1:15 Catholic communion-ER 2:00 Paris and Olympic Trivia-AR 3:15 Treat Bingo- AR 7:00 Movie-FR			Coffee Available 7am-4pm everyday FR-Fireside Room LB-Lobby AR-Activity Room ER-Exercise Room DR-Dining Room

Picnic at U of MN Landscape Arboretum

Come and enjoy the Arboretum with a picnic lunch from our kitchen. This will count as a meal. We'll take in the scenic drive and then stop at the Red Barn with our picnic.

Friday July 19th Departure: 12:00 pm

Sign up by Thursday July 18th

Lunch at Wampach's

We will be returning to this Shakopee Café that's owned by a mother and son team who worked there prior to owning it. They're known for their homemade soups & gravy and cozy atmosphere.

Tuesday, July 23rd Departure: 11:30 am

Sign up by Monday July 22nd

Farmer's Market at Centennial Lakes

Join us on our first trip this summer to this annual market. In addition to produce there is honey, sauces, spices and chocolate among other vendors. We will be visiting this market again in future months this summer.

Thursday July 25th Departure: 2:45 pm

Please sign up by Wednesday July 24th

Ice Cream Bars

Come down and join us for a cool treat on a hot July Day!
Friday, July 19th
Time: 3:15 pm Fireside Room

Special Happy Hour

Everyone is invited to this special happy hour to thank everyone for completing their surveys. We would like to show our appreciation with food and drinks!

Tuesday, July 23rd Time: 3:15 pm Fireside Room

Craft Group

Everyone is invited to join us to make a summer craft. All supplies are provided! Even if you haven't crafted much, come and join the fun!

Friday, July 26th
Time: 2:00 pm Activity Room

Book Club

Our volunteer, a former librarian, will be here to lead the discussion of this month's book "Four Winds" by Kristin Hannah. The book is available in the Activity Room or see Sonja if you would like to join. Even if you haven't read the book, you are invited to come.



Tuesday July 30th Time: 2:00 pm Activity Room

Fishing at Lake Riley

Everyone is invited to join us for this annual trip to Lake Riley in Eden Prairie with the organization Let's Go Fishing. They provide the equipment and pontoon. Space is limited to 11 people.

Monday July 29th Departure: 1:00 pm

> Sign up by Sunday July 28th

<u>Take Home Cheese Boards to</u> Benefit Alzheimer's Association

We'll be raising money to support the Alzheimer's Association. This month Chef Dan and his staff will be putting together personal cheese boards for you to take home for \$5.00 each. Cash or check only please

Tuesday July 30th Time: 3:15 pm Fireside Room

NEWS

- -There will be no Catholic Communion this week but it will return next week Wednesday June 26th.
- -Please Pick up your new resident phone directory at the front desk.
- -There is a new furniture arrangement in the library. We would like to hear your opinions about it. Please let the front desk know by June 27th.
- -Due to the van needing to be checked out, there was no shopping this morning but shopping and outings will resume as normal this afternoon and the rest of the week.

Movies this week

"One Day"-Wednesday(6/19) &
Thursday(6/20)

Going My Way"with Bing CrosbySaturday(6/22)

"Emma"-Sunday(6/23)





Lunch and Shopping at Kowalskis-Southdale

Everyone is invited to check out this new grocery store in Southdale! There are many options for lunch including hibachi bar, pho & ramen bar, pizza and burgers.

Tuesday July 2nd Departure: 11:30 am

> Sign up by Monday July 1st

Lunch at Starling

Join us to try out this new restaurant in our neighborhood where Perkins used to be. Lunch entrees include sandwiches, burgers, salads and tacos.

Thursday July 11th Departure: 11:30 am

Sign up by Thursday July 10th

Lunch at Lord Fletcher's

Everyone is invited to join us for this summer favorite restaurant on Lake Minnetonka. The Wharf is open for lunch and entrees include burgers, sandwiches and salads.

Tuesday July 16th Departure: 11:30 am

> Sign up by Monday July 15th

<u>Pianist Elijah</u> followed by July Birthday Party

Pianist Elijah will be presenting songs from the 40's, 50's, 60's and 70's.. We'll celebrate our July birthdays following the concert.



Tuesday July 2nd Time: 2:00 pm Lobby Birthday Party

Time: 3:15 pm Activity Room

Activity & Outing Planning Meeting

Everyone is invited to come with your ideas and give input to the outings and activities for the July calendar.

Thursday, July 3rd
Time: 2:00 pm Activity Room

Monthly Resident Meeting

All are invited to this monthly meeting led by our Executive Director
Vicki Tobroxen.and updates from all of the departments.

Tuesday July 9th

Tuesday July 9th Time: 2:00 pm

Ice Cream flavor of the month

Everyone is invited to come and have a dish of a special flavor of ice cream.

Tuesday, July 9th



Time: 3:00 pm Fireside Room

3rd Floor Coffee

All 3rd floor residents are welcome to come for a pastry and coffee and to get to know their neighbors better.

We Time:

Wednesday, July 10th Time: 10:00 am Activity Room

Yelloh! Formerly Schwan's

The driver from Yello will be here the 1st and 3rd Wednesdays. You can order ahead of time or buy off what he has on the truck.

Wednesdays July 10th &17th Time: 1:00pm Lobby

Bible Study

Our volunteers from Christ
Presbyterian will be here for this monthly
time of fellowship and study.

Thursday, July 11th Time: 10:00 am Activity Room

Naturalist from Westwood Nature Center

Greg Feinberg from the Westwood Nature Center in St. Louis Park will be here to give a presentation on

Thursday July 11th
Time: 2:00pm Exercise Room

Chat with the Chef

Everyone is invited to hear what's new in the Dining Room this month!



Thursday July 12th Time: 2:00 pm Activity Room

Goat Cheese Tasting

This month Chef Dan will be Offering samples of different goat cheeses. Come and see which one you like best!

Tuesday July 16th
Time: 2:00 pm Activity Room

Needle Crafter's Group

Everyone is invited to bring any hand craft including knitting, crocheting, needlepoint, or anything artistic. Join our Outreach and Sales Director, Karen, for creating and conversing.

Tuesday July 16th
Time: 3:30 pm Activity Room



Blood Pressure Check

Come down for this free monthly check by our nursing staff.

Wednesday July 17th Time: 11:00am Activity Room

Guitarist Jeff Brueske

Everyone is invited to hear guitarist
Jeff Brueske as he returns to entertain
us with his familiar songs for a toe
tapping good time!

Thursday July 18th
Time: 2:30 pm Activity Room

Continues on the Back Page