



PROVIDENCE CONNECT

JULY 2025



JUNE REFLECTION

Hello Family!

We have many excited events happening this month! I am excited to see lots of smiling faces at our July 4th Cook-Out. Thank you to everyone who attended Camp Waltonwood. It was a blast.

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COMMUNITY MANAGEMENT

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Manager

Matt Swaney
Marketing Manager

Cara Nirenberg
Marketing Manager

Chandra Mills
Resident Care Manager

Michelle Ramsey
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\$3,500 RESIDENTIAL REFERRAL BONUS

FAMILY & FRIENDS REFERRAL PROGRAM!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT:LONY M

Congratulation to Loni, our associate of the month! Loni hails from Haiti. He has worked for Waltonwood Providence for 10 years. When asked what his favorite thing is about his job he simply said “I love this place”. An Interesting thing about Loni is that his dream is to build his hardware business in the Dominican Republic and retire there. His favorite food is rice. One day, Loni would like to go on a cruise. We are lucky to have you here on our team at Waltonwood Providence. Your hard work and dedication is admirable and much appreciated.



JUNE HIGHLIGHTS

- 2

Picnic at the Airport Overlook
- 16

Outing to Papa Doc’s
- 20

First Day of Summer
- 28

Camp Waltonwood



HEALTHY HYDRATION

Healthy hydration habits are important any time of the year but they become essential during the hot, humid summer months. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects certain medications can greatly increase the risk for serious dehydration in seniors. The good news is small changes to our daily routine can greatly improve our chances to stay healthy and hydrated in the months to come. Making sure there’s always fluids nearby to drink throughout the day, eating plenty of water rich fruit and vegetables like cucumber and watermelon, and avoiding strenuous outdoor activities during the peak hours of the afternoon are simple changes that can make a major difference.

TRANSPORTATION INFORMATION

Waltonwood will provide transportation for medical appointments on Wednesdays, and Thursdays. Please notify the Concierge of your appointment as far in advance as possible with the time, date and location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30 pm.

JULY SPECIAL EVENTS

3

Candy Creations

4

Independence Day

10

Hot Dog Bar

23

Gorgeous Grandma Day



Summer heat, renovations, and The Fourth of July! As we tussle with the high heat, we just completed our annual intergenerational event of Camp Waltonwood. A great time of slides, music, dancing, and food. We will have our Fourth of July cookout on the 4th. Depending on the weather you maybe able to step outside and see some of the Waxhaw fireworks.

We are also seeing how fast the renovations are coming. The painters are taking one week off but will be back in full force starting July 7th. The wallpaper crew continues marching forward. Renovations take time, but I appreciate all of the positive comments, and understanding as we progress. If you have questions, please stop one of us and ask. Swatches and color samples we can show but it’s when you see the items in full that you can truly appreciate all of the work. Can’t close out this month’s blurb without mentioning the heat.I believe as I write this, we are on our 11th day of +90 heat. Please stay hydrated and limit outdoor activity during the day. Hydration stations available throughout the community.
Happy Summer,
John