



LIFE AT PROVIDENCE



Redefining Retirement Living

SINGH

5039 Providence Country Club Drive,
Charlotte, NC 28277

www.waltonwood.com | 704-246-8636

Facebook: /WaltonwoodProvidence

RESIDENT BIRTHDAYS

5th Laura H.

9th Joanna B.

16th Rita M.

26th Paul B.

30th Preston S.

ASSOCIATE BIRTHDAYS

2nd Katherine H.

3rd Michelle R.

5th Issac H.

9th Myesha L.

10th Kackeline E.

16th Katerna L.

16th Lacey N.

18th Earl P.

22nd Bethany D.

22nd Jennifer O.

22nd John F.

26th Sarmyra A.

27th Franteisha S.

28th Shalini D.

29th Darryl W.

29th Leah S.

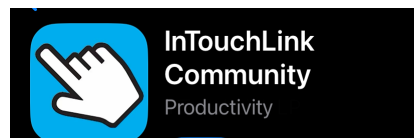


Fun and Games!



Pickled Lemonade Social

Download the InTouchLink app today! Stay connected to Waltonwood from the comfort and convenience of your smart device. The code to connect is 113573.



Do you have questions about how to download the app? Please see Blair, Life Enrichment Manager.

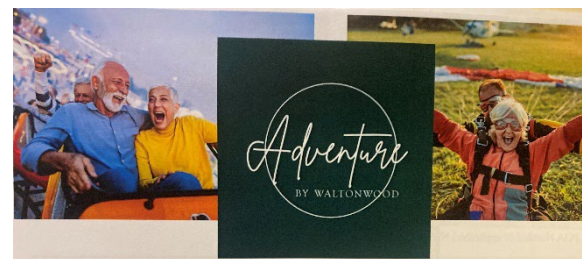


Our therapy pony
"Suggie"

PROVIDENCE CONNECT

JULY 2025

July is here-and with it comes sunshine, fireworks, and season full of connection and celebration. As we reach the heart of summer, it's the perfect time to slow down, soak up the warmth, and enjoy everything Waltonwood has to offer.



Adventure by Waltonwood

At Waltonwood, we pride ourselves in providing residents with exceptional life experiences. Adventure by Waltonwood is a company sponsored program encouraging Waltonwood residents to pursue their life's desire. Whether meeting their great grandchild for the first time, riding in a hot air balloon, hiking a national park, riding in a Corvette or reuniting with their best friend from college, Adventure by Waltonwood is available to support resident ambitions. Contact Blair McCotter for more information.

MANAGEMENT

John Ficker

Executive Director

Vicki Shotwell

Business Office Manager

Edgar Castro

Culinary Manager

Matt Swaney

Marketing Manager

Cara Nirenberg

Marketing Manager

Blair McCotter

Life Enrichment Manager

Brittany Hardy

Wellness Coordinator

Chandra Mills

Resident Care Manager

Issac Harris

Environmental Service
Manager

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



FRIENDS & FAMILY REFERRAL PROGRAM!

Congratulation to Lony, our associate of the month! Lony hails from Haiti. He has worked for Waltonwood Providence for 10 years. When asked what his favorite thing is about his job he simply said “I love this place”. An Interesting thing about Lony is that his dream is to build his hardware business in the Dominican Republic and retire there. His favorite food is rice. One day, Lony would like to go on a cruise. We are lucky to have you here on our team at Waltonwood Providence. Your hard work and dedication is admirable and much appreciated.



JUNE HIGHLIGHTS

12 Peanut Butter Cookie Day
19 Juneteenth Social



July Entertainers
9th Music w/ Giovanni
13th Piano w/ Patrick
16th Music w/ Brian
18th Piano w/ Ethan
25th Music w/ John
27th Music w/ Jim Ruth

Healthy Hydration

Healthy hydration habits are important any time of the year but they become essential during the hot, humid summer months. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects certain medications can greatly increase the risk for serious dehydration in seniors. The good news is small changes to our daily routine can greatly improve our chances to stay healthy and hydrated in the months to come. Making sure there’s always fluids nearby to drink throughout the day, eating plenty of water rich fruit and vegetables like cucumber and watermelon, and avoiding strenuous outdoor activities during the peak hours of the afternoon are simple changes that can make a major difference.

TRANSPORTATION INFORMATION

Waltonwood will provide transportation for medical appointments on Tuesdays, Wednesdays, and Thursdays. Please notify the Concierge of your appointment as far in advance as possible with the time, date and location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. We will continue our activities outings on Fridays. Sign up at the table across from the Concierge desk.

JULY OUTINGS
11 Picnic at the Airport
18 Pet Smart
25 Buffalo Wild Wings



JULY SPECIAL EVENTS

04 July 4th Celebration
10 National Hot Dog Day



17 Cream Puff Social
23 Gorgeous Grandma Day



Summer heat, renovations, and The Fourth of July! As we tussle with the high heat we just completed our annual intergenerational event of Camp Waltonwood. A great time of slides, music, dancing, and food. We will have our Fourth of July cookout on the 4th. Depending on the weather you maybe able to step outside and see some of the Waxhaw fireworks. We are also seeing how fast the renovations are coming. The painters are taking one week off but will be back in full force starting July 7th. The wallpaper crew continues marching forward. Renovations take time, but I appreciate all of the positive comments, and understanding as we progress. If you have questions, please stop one of us and ask. Swatches and color samples we can show but it’s when you see the items in full that you can truly appreciate all of the work. Can’t close out this month’s blurb without mentioning the heat. I believe as I write this, we are on our 11th day of +90 heat. Please stay hydrated and limit outdoor activity during the day. Hydration stations available throughout the community. John