

JULY RESIDENT BIRTHDAYS

3rd- Edna G.
4th- Joyce G.
8th- Virginia M.
10th- Mary Lou G.
-Nella F.
-George W.
11th-Annette H.
13th-Sally W.
18th- Phil E.
27th-Pat K.
29th-Nettie M.

JULY ASSOCIATE BIRTHDAYS

2nd- Katherine H.
3rd-Janice R.
5th- Isaac H.
9th- Myesha L.
10th- Jackeline E.
16th-Katrena L.
- Lacey N.
18th- Earl P.
22nd-Bethany G.
-John F.
26th -Sarmyra
27th – Franteisha S.
28th -Madison K.
-Shalini D.
29th -Darryl W.
-Leah S.

Thursday with Fred on the piano

3rd- Ethan Uslan
4th-Theresa the vintage singer
8TH- Joey Santo
9th- Brian McCarn
16th-Patrick Hudson
24th- David Shoff
28th- Jim Ruth



** John Lewis will not be here in July

OUTING SCHEDULE

Mondays @ 9:30am- Bank/Pharmacy
Mondays @ 10:30am- Grocery Store
Sundays @ 10:30am-Weddington Methodist Church
7nd-2:00pm Walmart
11th-11:00- Brunch at Vicious Biscuit
1:00-Mint Museum: Annie Leibovitz Exhibit
14th-2:00pm Dollar Tree/Popshelf
18th –11:30am-Lunch at Nora Mac’s
2:00pm-Farmer’s Market
21st-2:00pm- Walmart
25th- 11:30am-Lunch at Freida’s Mexican Cantina
-2:00 Frozen yogurt at TCBY
28th- 2:00pm- Trader Joe’s and the Library

PROVIDENCE CONNECT JULY 2025



WHAT’S HAPPENING THIS MONTH

Happy Fourth of July! We will have Theresa the Vintage Singer here to sing us the patriotic songs we all know and love so get ready to sing along. We will also enjoy a BBQ lunch and a special matinee performance of Yankee Doodle Dandy.

We will also be going to the Mint Museum to see the Annie Leibovitz exhibit. Annie is one of the most renowned and influential portrait photographers in America. Her fifty year career has captured a roster of artists, musicians, politicians, athletes and other influential figures. The exhibit will feature both prints on paper and cutting edge digital displays.

We will also be going to the Farmer’s Market this month. Don’t miss your opportunity to stock up on summer produce. There’s nothing like a summer tomato sandwich!

On July 23rd we will be celebrating the gorgeous grandmas of Waltonwood with a special tea and some delicious nibbles. Paris will be our theme. Vive les grands-meres!

July is here and it is hot! On the 25th grab some friends, get on the bus and enjoy some frozen yogurt with lots of toppings at TCBY!



SINGH

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COMMUNITY MANAGEMENT

- John Ficker
Executive Director
- Vicki Shotwell
Business Office Manager
- Edgar Castro
Culinary Manager
- Ashley Jensen
Independent Living Manager
- Matt Swaney
Marketing Manager
- Cara Nirenberg
Marketing Manager
- Cathy Hill
Life Enrichment Manager
- Isaac Harris
Environmental Services Manager

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



ASSOCIATE SPOTLIGHT

Congratulation to Lony, our associate of the month! Lony hails from Haiti. He has worked for Waltonwood Providence for 10 years. When asked what his favorite thing is about his job he simply said “I love this place”. An Interesting thing about Lony is that his dream is to build a hardware business in the Dominican Republic and retire there. His favorite food is rice. One day, Lony would like to go on a cruise. We are lucky to have you here on our team at Waltonwood Providence. Your hard work and dedication are admirable and much appreciated.



JUNE HIGHLIGHTS

6th	14th	27th	28th
Papa Doc’s on Lake Wylie	Clear the shelter day	Tour of Belmont	Camp Waltonwood

Healthy Hydration

Healthy hydration habits are important any time of the year but they become essential during the hot, humid summer months. As we age the water content in our bodies naturally decreases. Our sensation of thirst diminishes and the side effects of certain medications can greatly increase the risk for serious dehydration in seniors. The good news is small changes to our daily routine can greatly improve our chances to stay healthy and hydrated in the months to come. By making sure there are always fluids nearby to drink throughout the day, eating plenty of water rich fruit and vegetables like cucumber and watermelon, and avoiding strenuous outdoor activities during the peak hours of the afternoon are the simple changes that can make a major difference.

TRANSPORTATION INFORMATION

Waltonwood offers transportation for medical appointments on Tuesdays, Wednesdays, and Thursdays. Please notify the Concierge of your appointment 24-48 hours in advance with the time, date & location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30pm, within a 10-mile radius. A Waltonwood driver will drop off & pick up residents in as timely a manner as possible. Please note appointments that are beyond a 10-mile radius will acquire a \$2.00 charge per mile for every additional mile.

In order to ensure the health and safety of our residents and bus drivers, residents must sanitize their hands before and after boarding the transportation vehicle for their appointment.

Each month we have outings to banks, shopping centers, pharmacies, restaurants, grocery stores, and other places. Please see the calendar for specific dates and times and sign up at the table by the mail boxes.

JULY HIGHLIGHTS

4th	11th
Independence Day celebration	Annie Liebowitz Exhibit at the Mint Museum
18 th	23rd
Farmers Market	Gorgeous Grandma Day



EXECUTIVE DIRECTOR CORNER

As we enter May we have several great events planned. I would like to wish all of the mother’s out there a Happy Mother’s Day. I often say that it’s a son’s job to take care of his mother and a mother’s job to pretend that she needs it. We will have several events recognizing moms. Thanks for all you do and have done.

We will start our annual pressure washing of the building on the May 12. We will help and assist if you need anything moved off of your balcony or porches. Please let us know.

New flowers should be coming in soon. I look forward to all of the bright colors. Please take advantage of this good weather to get outside and enjoy. Along with this please make sure to stay hydrated. We have wonderful infused water at all entrances.

Our last big event of May will be Monday the 26th. We will have cookout and take time to honor all those who sacrificed their lives for our country.