

# Celebrating

Rosella L. 7/4

JoAnne M. 7/9

**Penny F. 7/13** 

**Carol S. 7/16** 

**Jessie C. 7/22** 

Joan M. 7/26

**Camela G. 7/28** 

Laurell L. 7/29

Elaine M. 7/30

**Doris M. 7/31** 

Wishing you all a wonderful birthday!!

FRIENDS & FAMILY REFERRAL PROGRAM















Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

# Twelve Oaks Connect

**JULY 2025** 

27475 Huron Circle, Novi, MI 48377 www.waltonwood.com | 248-735-1500 Facebook: /WaltonwoodTwelveOaks



## **Gorgeous Grandma Day**

Thursday | July 24th, 2025 11:30am | Singh College

**Berry Cute Tea Party for our Gorgeous** Grandmas. Join us for tea, treats & a special keepsake project to take home. Its going to be berry sweet.

(You're welcome to bring a grandchild to share the fun)

Please RSVP with Basma by July 17th





Redefining Retirement Living\* SINGH.

## COMMUNITY **MANAGEMENT**

Joe Whitney **Executive Director** 

**Deanna Hite** 

**Business Office Manager** 

Jacob Chamberlain **Culinary Services Manager** 

**Heather Laskos** Marketing Manager

Casey Hess

Marketing Manager

Priyanka Ghelani Wellness Coordinator

Tynesha Cobb

Wellness Coordinator

Basma Jirjis

Life Enrichment Manager (IL)

**Alecia Greenberg** 

Life Enrichment Manager (MC)

**Stefanie Jones** 

Life Enrichment Manager (AL)

**Rob Davis** 

Resident Services Manager

#### JULY 2025

Mary Rehfeld has been a concierge at Waltonwood for 3 ½ years. She is always willing to go the extra mile to help everyone in the community and it is so very appreciated. Recently she has been assisting in the Life Enrichment Department. She finds it very rewarding helping to fulfill the needs of the residents and their families and hopes to bring a smile to everyone.

Mary grew up in Detroit and now resides in Farmington Hills. She has been married for 24 years. Mary takes pride in the success of her 2 strong and independent daughters, as well as her son-inlaw. She likes to refer to them as a "family of 5".

Mary has Associate Degrees in both Business and Arts as well as a Bachelor's Degree in General Studies with a focus on Sociology, Psychology and Anthropology. Mary is so proud to have graduated with distinction. She started her career as an office manager in a physician's office and retired after 20 years of working at Blue Cross Blue Shield as a customer service representative. During that period, she also worked as a staff usher at the Detroit Opera House. She was nominated for an outstanding customer service award for her role.

### JUNE HIGHLIGHTS

06 Kensington Boat Ride 11 Fathers Day Dinner

Enjoyed a chilly scenic boat Celebrated all the fathers in our ride! community

out our local Detroit vendors

Had a wonderful time checking

20 Camp Waltonwood

Happy campers & good times. Great memories were made with loved ones!

### FOREVER FIT/WELLNESS

Healthy Hydration

Healthy hydration habits are important any time of the year but they become essential during the hot, humid summer months. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects certain medications can greatly increase the risk for serious dehydration in seniors. The good news is small changes to our daily routine can greatly improve our chances to stay healthy and hydrated in the months to come. Making sure there's always fluids nearby to drink throughout the day, eating plenty of water rich fruit and vegetables like cucumber and watermelon, and avoiding strenuous outdoor activities during the peak hours of the afternoon are simple changes that can make a major difference.







Please keep in mind that all scheduled activities are subject to change depending on the current situation. Things may be added or removed. Please look for updates on the screen and on the white board by the dining room.

Outings signup sheets are located in the binder in the library, they go out on the last day of every month.

Last minute outings often occur, keep an eye out on the white board by the dining room for updated daily information & always check the outing book for a new outing that was not added to the calendar. -We will be attending 9:00am mass at Holy Family church. Every 2nd and 4th Tuesday of the month.

> -Eucharistic Service by Shirley will be every Wednesday at 12:00pm in the fireplace lounge.

#### We have transportation for medical appointments on Thursdays only!

Requests are required at least 2 weeks in advance and are scheduled based on availability. Please keep in mind that we may be up to 15 minutes early or late depending on traffic and other resident appointments.

#### JULY SPECIAL EVENTS

15 Apple Strudel Demo

Gorgeous Grandma

Apple strudel demo by chef lan A berry sweet tea party &

keepsake project

25 Diamond Jack Boat Ride 30 Tigers Game

A beautiful scenic boat ride on the Detroit Tigers home game against the Arizona **Detroit river Diamondbacks** 



#### **EXECUTIVE DIRECTOR CORNER**

July 4th, also known as Independence Day commemorates the adaption of the Declaration of Independence. The Declaration of Independence is the foundation which our country is built upon. It symbolizes freedom, liberty and democracy which is the identity of this great nation. Most of you will enjoy "cook outs" with your family, watch some fireworks, etc. Enjoy this day, it represents what makes this country great, the ability to have freedom for all.

- Joe Whitney