JULY 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CHA Christian Heritage Academy KBP KB's Parlor L Lobby MRC Mercy Road Church NPD Nan's Private Dining NRG NRG Wellness Center P Patio RS Renew Salon and Spa SH Shen Hall TGR The Grove Restaurant TI. The Loft			6:00 Wear Red, White & Blue 10:30 Pump to Funk (NRG) 11:15 4th of July Craft (SH) 2:00 4th of July Party (SH) 2:00 Men's Group (NPD) 3:00 Happy Hour (KBP)	10:00 Group Exercise with Odom Rehab (NRG) 11:00 McPhail Music (SH) 1:00 Hand and Foot Cards Club (KBP) 2:00 Red, White and Blue Drinks (SH) 3:00 Poetry Slam Sign-Up/Info (SH)	10:00 All Saints Catholic Church Service (SH) 11:15 Group Activity Virtual (NRG) 1:00 Cribbage Club (SH) 2:00 Scrabble Club (SH) 3:00 Happy Hour- BYOB (KBP)	10:00 4th of July Trivia (KBP) 11:15 Group Exercise Virtual (NRG) 11:15 Group Exercise Virtual (NRG) 11:15 Walking Club (L) 1:00 Hand and Foot Cards Club (KBP) 1:15 Movie: Yankee Doodle Dandy (SH)
9:00 Christian Church Service (MRC) 9:00 Virtual Catholic Service (SH) 10:30 Christian Church Service (MRC) 2:00 Scrabble Club (KBP) 3:00 Walking Club (L)	11:30 Outing: Culver's (L) 2:30 Pump to Funk (NRG) 3:30 Bingo (SH) 6:30 Summer Musical Practice (SH)	10:30 Group Exercise Virtual (NRG) 1:30 Watercolor with Alyssa (SH) 1:30 500 Cards Club (KBP) 2:30 Yoga with Suzanne (NRG) 2:30 Blood Pressure Clinic w Annie (TL) 6:30 Summer Musical Practice (SH)	10:30 Pump to Funk (NRG) 11:15 Travelogue: Liberia (TL) 2:00 Men's Group (NPD) 3:00 Happy Hour (KBP) 6:30 Summer Musical Practice (SH)	10:00 Group Exercise with Odom Rehab (NRG) 1:00 Healthy Doses & Mimosas with Annie (TL) 1:00 Outing: Lifetime Fitness and Cub (L) 1:00 Hand and Foot Cards Club (KBP) 6:30 Summer Musical Practice (SH)	10:00 All Saints Catholic Church Service (SH) 11:15 Outing: Weng's Kitchen (L) 1:00 Cribbage Club (SH) 2:00 Scrabble Club (SH) 3:00 Happy Hour- BYOB (KBP)	10:00 Mystery Trivia (KBP) 11:15 Walking Club (L) 1:00 Hand and Foot Cards Club (KBP) 1:15 Movie: Black Bag (Mystery) (SH)
9:00 Christian Church Service (MRC) 9:00 Virtual Catholic Service (SH) 10:30 Christian Church Service (MRC) 2:00 Scrabble Club (KBP) 3:00 Walking Club (L) 6:30 Summer Musical Practice (SH)	10:00 Summer Ministry Kids Games and Snacks (SH) 1:30 Ted Talk: Tom Farnsworth (TL) 2:30 Pump to Funk (NRG) 3:30 Bingo (SH) 6:30 Summer Musical Practice (SH)	1:00 Karen's Rummikub	10:00 Summer Ministry Kids Games and Snacks (SH) 10:30 Pump to Funk (NRG) 11:15 Travelogue: Paris (TL) 2:00 Pastor Chad (SH) 2:00 Men's Group (NPD) 2:30 Coffee w The Chef (TGR) 3:00 Happy Hour (KBP)	10:00 Group Exercise with Odom Rehab (NRG) 10:00 Summer Ministry Kids Games and Snacks (SH) 1:00 Outing: Lifetime Fitness and Cub (L) 1:00 Hand and Foot Cards Club (KBP) 3:30 Bloody Mary Bar (SH)	11:15 Group Exercise Virtual (NRG) 1:00 Cribbage Club (SH) 1:30 July Birthday Party (L) 2:00 Scrabble Club (SH) 3:00 Happy Hour- BYOB (KBP)	10:00 Accounting Trivia (KBP) 11:15 Walking Club (L) 1:00 Hand and Foot Cards Club (KBP) 1:15 Movie: The Accountant (SH)
9:00 Christian Church Service (MRC) 9:00 Virtual Catholic Service (SH) 10:30 Christian Church Service (MRC) 2:00 Scrabble Club (KBP) 3:00 Walking Club (L)	11:00 Outing: Ambassador Lunch with Colin (L) 1:45 8th Grader Games (SH) 2:30 Pump to Funk (NRG) 3:30 Bingo (SH)		10:30 Pump to Funk (NRG) 11:15 Travelogue: Egypt (TL) 2:00 Men's Group (NPD) 3:00 Happy Hour (KBP) 6:30 Summer Musical Practice (SH)	Rehab (NRG) 1:00 Outing: Lifetime Fitness and Cub (L) 1:00 Hand and Foot Cards Club (KBP)	10:00 All Saints Catholic Church Service (SH) 11:15 Group Exercise Virtual (NRG) 1:00 Mystic Lake Outing (L) 1:00 Cribbage Club (SH) 2:00 Scrabble Club (SH) 3:00 Happy Hour- BYOB (KBP)	10:00 Bird Trivia (KBP) 11:15 Walking Club (L) 1:00 Hand and Foot Cards Club (KBP) 1:15 Movie: The Accountant 2 (SH)
9:00 Christian Church Service (MRC) 9:00 Virtual Catholic Service (SH) 10:30 Christian Church Service (MRC) 2:00 Scrabble Club (KBP) 3:00 Walking Club (L) 6:30 Summer Musical Practice (SH)	10:00 Outing: Kohl's/Nordstrom's 2:30 Pump to Funk (NRG) 3:30 Bingo (SH) 6:30 Summer Musical Practice (SH)	11:15 Ted Talk/TBA (TL) 1:00 Karen's Rummikub Cards (SH) 1:30 500 Cards Club (KBP)	10:30 Pump to Funk (NRG) 11:15 Travelogue: Memphis (TL) 2:00 Pastor Chad (SH) 2:00 Men's Group (NPD) 3:00 Happy Hour (KBP) 6:30 Summer Musical Practice (SH)	10:00 Group Exercise with Odom Rehab (NRG) 1:00 Outing: Lifetime Fitness and Cub (L) 1:00 Hand and Foot Cards Club (KBP) 6:30 Poetry Slam (SH)		



