



*Bringing independence to living and quality to life*

## Celebrating the Men in Our Lives Father's Day at Regency on Whidbey

On Friday, June 13th, Residents at Regency on Whidbey, along with Family and Staff, celebrated the Men in their lives with our first Father's Day Open House. The theme, Yacht Rock, was the brain-child of our Memory Care Activity Director, Shannna. It was a fun theme that allowed for bright colors, and great music. All of our men were offered their very own Captain's Hat and leis were distributed to add to the fun. The kitchen cooked up delicious finger foods for the event that included pigs-in-a-blanket, crab rangoons, two charcuterie boards, and soft pretzel bites with beer-cheese dip. The Assisted Living building was decked out in sea and sailing décor. Residents sipped on their choice of wine, beer, non-alcoholic beer, or Arnold Palmers, while listening to music provided by Ryan Prichard, and his Dad, Tom, along with friend Mike.

Memory Care Residents enjoyed the music of husband and wife band, Keystone. They also had the opportunity to pose for cruiseship-style photos with Family and Staff.

We hope your Father's Day was as fun as ours!!!

July  
2025





## Regency on Whidbey's Management Team

**Wilma Jo Flaherty**  
Executive Director

**Kathleen Pendleton MN/RN**  
Wellness Director

**Anelyn Ronquillo LPN**  
AL Nurse Manager

**Mandy Gibbs LPN**  
MC Nurse Manager

**Bonnie Patterson**  
Business Office Manager

**Teri Mendiola**  
Community Relations  
Director

**Lanida Brophy**  
AL Life Enrichment Director

**Shawnna Hodges**  
MC Life Enrichment Director

**Annette Krugel**  
Dietary Manager

**Rebecca Letendre**  
Payroll/HR Director

**Jeff Lujan**  
Maintenance Director

**Rizaleen "Riza" Tito**  
MC Resident Care Coordinator

**Amanda Nash**  
AL Resident Care Coordinator



## Residents

- Dale Halbert—7/6
- Irene Tyhuis—7/6
- Janis Fox—7/11
- Catherine Price—7/12
- Claudia Malone—7/13
- Peggy Wright—7/15
- Peggy Brown—7/16
- Gary Cosper—7/16
- Jacque Hildreth—7/18
- Susan Hopper—7/21
- Nancy Carroll—7/23
- Carley Knapp—7/31
- Lori Ryan—7/31



## Fighting Alzheimer's

Regency on Whidbey is gearing up  
to fight Alzheimer's Disease with...

**Our annual Rock-a-Thon to  
End Alzheimer's  
Friday, August 29th  
9:00am—4:30pm**

If you would like to support this  
important cause, please stop by  
to make a donation or purchase  
one of our purple pens for \$5

Donations can also be made  
online at...

[http://act.alz.org/goto/  
regencyonwhidbey](http://act.alz.org/goto/regencyonwhidbey)

Thank you for your support!

**YOUR NAME HERE**

If your walker or  
wheelchair is not labeled  
with your name,  
please let us know  
and we will gladly create  
a label for you.

Thank You!!!



## After Hour Calls

It is best to call during  
normal business hours,  
8:30am—5:00pm

While we apologize for  
any inconvenience,  
after 5 o'clock Staff are  
working to care for your  
loved one, and are not  
always able to take calls.

We appreciate your  
understanding!!



- Sarah Freeburn—7/3
- Emy Mowbray—7/10
- Cassie Toner—7/10
- Leticia Lee—7/11
- Daisy Chase—7/16
- Mandy Gibbs—7/23
- Melody Birks—7/27
- Lauren Aguirre—7/28





**All Doctors appointments  
MUST be reported to the  
Med. Room.**

**If you wish to take the  
Regency bus on Doctor Day,  
you MUST schedule your ride  
with the Front Desk  
24 Hours before your  
appointment.**

**The Last Tuesday  
of every month is reserved for  
Anacortes Doctor Visits ONLY  
We cannot accommodate visits  
to other areas on this day.**

**Thank You!!!**



**Are available on  
Tuesdays & Thursdays  
by appointment ONLY  
11:00am—3:00pm**



**Regency's  
Beauty Salons  
Jennifer Stinson**

**Memory Care  
Thursday 9:00-1:00**

**Assisted Living  
Thursday 1:00-5:00**

**Schedule an appointment  
by calling...**

**564-209-8212**



## **Traveling the Dementia Journey Together**

**Regency on Whidbey  
invites you to join our  
Memory Care  
Support Group**

**The 2nd Thursday of  
the Month  
2:00pm—3:30pm**

**Regency Assisted  
Living Building  
3rd Floor Day Room**



## ***Door Hours***

**Regency on Whidbey's  
Front door is  
unlocked from  
8:30am—5:00pm  
Daily**

**Please schedule visits  
appropriately.**

**If you will be visiting  
or returning to the  
building after 5:00pm,  
please contact the front  
desk for the door code.**

**Thank you!!**



**Thursday, July 17th  
4:00-7:00**

**Regency on Whidbey's  
25th Anniversary  
Open House**



**Saturday, July 26th  
11:30-2:00**

**Regency on Whidbey's  
25th Anniversary  
Americana Picnic**

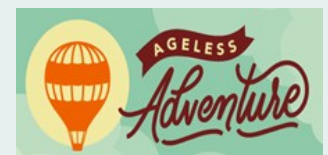


**Friday, August 29th  
ALL Day!!**

**Regency on Whidbey's  
Rock-a-Thon  
to End Alzheimer's**



**September 7-13  
National Assisted  
Living Week  
Ageless Adventure**





## More Father's Day



## Resident Show-n-Tell



## Flute Recital

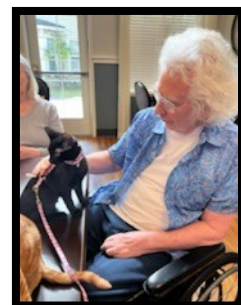
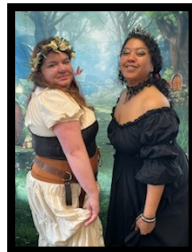
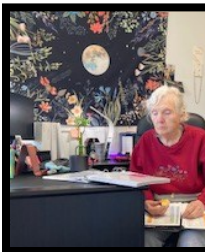
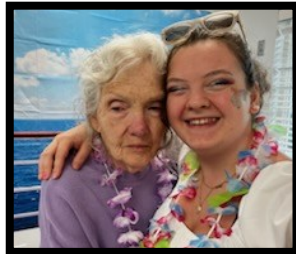
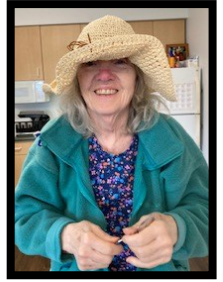
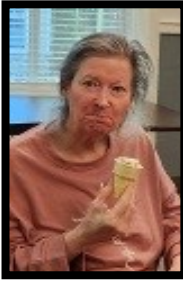




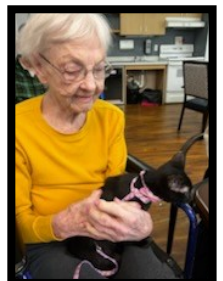
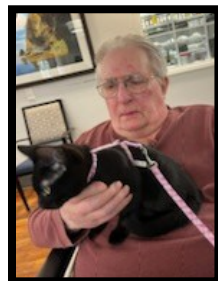
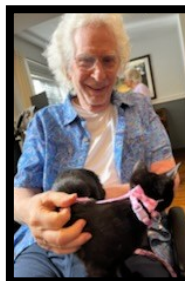
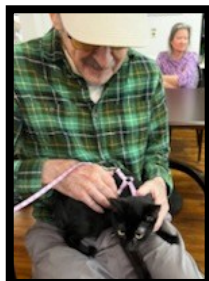
# **Oak Harbor High School** **Jazz Band**



## **Memory Care Moments**



## **Kitty Cuddles**







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1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933

*Swing on Over to the  
Regency Annual Picnic*

Saturday,  
July  
26<sup>th</sup>



11:30am  
to  
2:00pm

*Assisted Living Parking Lot*

*Music by...  
DJ Moose Moran*