

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div>“Doing what you like is freedom. Liking what you do is happiness.” ~ Frank Tyger</div>		1 9:00 Pet Therapy-Clementine 10:00 Chair Exercise 11:00 Brain Exercises 2:00 Men’s Club 2:00 Women’s Club 4:00 Noodle Ball	2 Dawn will be in @ 11am 10:00 Chair Exercise 11:00 4 th of July Coloring 1:00 Activity Assessments 3:00 Brain Exercises 4:00 Noodle Ball	3 9:00 4 th of July Craft 10:00 Chair Exercise 11:00 Maritime Museum 1:00 Shopping - OOF 3:00 Grief Group - PSAC 4:00 Activity Assessments	4 9:30 Chair Yoga 10:30 4 th of July Parade-OOF 4:00 Social Hour	5 9:00 Chair Tai Chi 10:00 Chair Exercise 11:00 4 th of July Craft 1:00 Oysterville Schoolhouse Artisan Fair – OOF 4:00 Activity Assessments	
	6 9:00 Weekend Craft Kits 10:00 Chair Exercise 11:00 Whiteboard games 1:00 Puzzle Time - LR 3:00 Board Games	7 10:00 Chair Exercise 11:00 Activity Packets 1:00 Monday Matinee 3:00 Bible Study - OD 4:00 Noodle Ball	8 9:00 Pet Therapy-Clementine 10:00 Chair Exercise 11:00 Brain Exercise 1:00 Food Committee - OD 2:00 Men’s Club 2:00 Women’s Club 4:00 Noodle Ball	9 9:00 Chair Exercise 10:00 Church (Munro) 11:00 Gardening 1:00 Shopping - OOF 3:00 Brain Exercises 4:00 Activity Assessments	10 Happy Birthday Jane 9:00 Chair Tai Chi 10:00 Brain Exercise 11:00 BINGO 1:00 Cat cuddling – OOF 3:30 Social Hour	11 9:30 Chair Yoga 10:30 Brain Yoga (DJ) 1:00 Walk & Bubbles – OF 3:00 Creature Teachers-OOF	12 9:00 Chair Tai Chi 10:00 Chair Exercise 11:00 Craft 1:00 Music in the Park - OOF 4:00 Activity Assessments
	13 9:00 Weekend Craft Kits 10:00 Chair Exercise 11:00 Whiteboard games 1:00 Puzzle Time - LR 3:00 Write a Loved One	14 10:00 Chair Exercise 11:00 Activity Packets 1:00 Monday Matinee 3:00 Bible Study - OD 4:00 Noodle Ball	15 9:00 Pet Therapy-Clementine 10:00 Chair Exercise 11:00 Brain Exercise 2:00 Men’s Club 2:00 Women’s Club 3:00 Sing Along w/ Ellie & Celsa	16 9:00 Chair Exercise 10:00 Church 11:00 Coloring 1:00 Shopping – OOF 3:00 Craft 4:00 Activity Assessments	17 9:00 Chair Tai Chi 10:00 Chair Exercise 11:00 BINGO 1:00 Cat cuddling - OOF 2:00 Men’s Club 4:00 Noodle Ball	18 9:30 Chair Yoga 10:30 Brain Yoga (DJ) 1:00 Friday Market - OOF 3:00 Birthday Ice Cream 4:00 Noodle Ball	19 9:00 Chair Tai Chi 10:00 Chair Exercise 11:00 Brain Exercise 1:00 Sandsations - OOF 4:00 Activity Assessments
	20 9:00 Weekend Craft Kits 10:00 Chair Exercise 11:00 Whiteboard games 1:00 Puzzle Time – LR 3:00 Board Games	21 All Staff Meeting 10:00 Chair Exercise 11:00 Activity Packets 1:00 Monday Matinee - LR 3:00 Bible Study - OD 4:00 Noodle Ball	22 9:00 Pet Therapy-Clementine 10:00 Chair Exercise 11:00 Coloring 2:00 Men’s Club 2:00 Women’s Club 3:00 Sip n Paint	23 9:00 Chair Exercise 10:00 Church (Munro) 11:00 Brain Exercise 1:00 Shopping - OOF 3:00 Coloring 4:00 Activity Assessments	24 9:00 Chair Tai Chi 10:00 Chair Exercise 11:00 BINGO 1:00 Cat Cuddling – OOF 3:30 Social Hour	25 9:30 Chair Yoga 10:30 Brain Yoga (DJ) 1:00 Mobile Library 3:00 enTaiko - OOF	26 9:00 Chair Exercise 10:00 Chair Tai Chi 11:00 Craft 1:00 Saturday Market-OOF 4:00 Activity Assessments
	27 9:00 Weekend Craft Kits 10:00 Chair Exercise 11:00 Whiteboard games 1:00 Puzzle Time - LR 3:00 Board Games	28 10:00 Chair Exercise 11:00 Activity Packets 1:00 Monday Matinee 3:00 Bible Study - OD 4:00 Noodle Ball	29 9:00 Pet Therapy-Clementine 10:00 Chair Exercise 11:00 Coloring 1:00 Resident Council - OD 2:00 Men’s Club 2:00 Women’s Club 3:30 Activity Assessments	30 Happy Birthday Celia 9:00 Chair Exercise 10:00 Church 11:00 BINGO 1:00 Shopping - OOF 3:00 Coloring 4:00 Activity Assessments	31 9:00 Chair Exercise 10:00 Chair Tai Chi 11:00 Games 1:00 Cat cuddling – OOF 2:00 Men’s Club 3:00 Activity Assessments 4:00 Noodle Ball	PSAC = Peninsula Senior Activity Center LR = Living Room FH = Front Hall DR = Dining Room OF = Out Front OD = Overflow Dining Room OOF = Out of Facility	

*Activities subject to change. Please check the activity room board for any changes.