

July 2025

A Activity Room

 D
 Dining Room
 LB
 Library

 L
 Lobby
 AO
 Activity Director's Office

 O
 Outing
 CS
 Country Store

 PD
 Private Dining Room
 RA
 Room Activity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A CONTRACT OF A	All Events Are Subject to Change	1 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Game: Blackjack 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:30 A Evening Movie	2 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Lunch Outing - The Broiler - Oceanside 1:30 L Love on a Leash - Therapy Dogs Visit 3:00 A Spanish 101 with Jose 6:30 A Evening Movie	3 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional with Friends 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	Independence Day 4 9:15 A Weightlifting Class 10:00 Sit & Be Fit Exercise Class 10:30 Outdoor Walk 10:45 Fallbrook Shopping Trips: Albertsons & CVS 1:30 A Craft Club 3:30 D Happy Hour with Phil L. 6:30 A Evening Movie	5 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:30 A Matinee Movie & Popcorn 2:00 O Memory Care Scenic Drive 3:00 D Special Event 6:30 A Evening Movie
6 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 3:00 A BINGO! 6:30 A Evening Movie	7 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 B Puzzle Pickup 1:00 O Shopping Outing - Walmart 3:30 A Game - Giant Jenga 6:30 A Evening Movie	8 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 C Gardening Club 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:30 A Evening Movie	9 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Memory Care Lunch at Mountain Mikes 1:30 C Country Store Shopping 3:00 A Game - Wil Bowling 9:30 BBQ - Bingo Night Alzheimer's Event 6:30 A Evening Movie	10 10:00 A Sit & Be Fit Exercise Class 10:30 Outdoor Walk 11:00 A Devotional with Friends 1:00 A Devotional with Friends	11 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 A Matinee Movie and Popcorn 3:30 D Happy Hour with Byrne & Harriet N.♪ 6:30 A Evening Movie	12 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:15 O Shopping Outing - Costco - Temecula 1:30 A Matinee Movie & Popcorn 2:00 O Memory Care Scenic Drive 3:30 LB Self-led Wii Bowling 6:30 A Evening Movie
13 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 3:00 A BINGO! 6:30 A Evening Movie	14 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping Trips: Dollar Tree, Grocery Outlet, & Bank of America 1:30 A Resident Council Meeting 3:00 A Game: Horse Racing 6:30 A Evening Movie	15 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Game - Scrabbie 1:00 P Root Beer Floats 2:00 A Online Shopping Assistance 3:00 A B!NGO! 6:30 A Evening Movie	16 10:00 A Sit & Be Fit Exercise Class 10:30 A Outdoor Walk 10:45 O Men's Lunch Outing - Joe's Crab Shack - Oceanside 1:30 C Country Store Snopping 3:30 A "Healthy Aging" - Presentation by Your Personal Pharmacy 6:30 A Evening Movie	17 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional with Friends 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A The Royal's Tea Party 6:30 A Evening Movie	18 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 A Craft Club 3:30 D Happy Hour with Dan D.♪ 6:30 A Evening Movie	19 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:30 A Matinee Movie & Popcorn 2:00 O Memory Care Scenic Drive 3:30 LB Self-led Wii Bowling 6:30 A Evening Movie
20 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 2:00 D Recital by: Natasha and Friends. 3:30 A BINGO! 6:30 A Evening Movie	21 9:15 A Chair 7ai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 C Outdoor Walk 10:45 Fallbrock Trips: Fallbrook Public Library & Walls Fargo Bank 1:00 A Food Committee Meeting 2:00 Freaney & Friends Concert Fallbrook Library 6:30 A Evening Movie	22 10.00 A Sit & Be Fit Exercise Class 10:30 Outdoor Walk 11:00 Gardening Club 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A Bingo! 6:30 A Evening Movie	Class 10:30 L Outdoor Walk	24 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional with Friends 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	25 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 12:15 PD Monthly Birthday Lunch 1:30 A Matinee Movie and Popcorn 3:30 D Happy Hour with Ron E.♪ 6:30 A Evening Movie	26 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:30 A Matinee Movie & Popcorn 2:00 O Memory Care Scenic Drive 3:30 LB Self-led Wii Bowling 6:30 A Evening Movie
27 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-a-long 3:00 A BINGO! 6:30 A Evening Movie	28 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 B Puzzle Pickup 1:00 O Shopping Outing to Trader Joes - Temecula 3:30 A Game: Bean Bag Toss 6:30 A Evening Movie	29 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Game: UNO 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:30 A Evening Movie	30 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Women's Lunch Outing - Carlsbad Windmill Food Hall 1:30 CS Country Store Shopping 3:00 A Paint and Sip 6:30 A Evening Movie	31 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional with Friends 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:30 A Evening Movie	Happy Birthday! 4 - Thelma F. 4 - Peggy M. 5 - Steve A. 7 - Lisa S. 7 - Don H. 8 - Sharon F. 10 - Ethel B. 21 - Gae P. 22 - Pat Mc. 23 - Gigi	Life SBETTER AT THE BEGCH

Activity Calendar

C Courtyard Patio

♪ HAPPY HOUR

