

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>JULY</div>		8-12 Rides to Medical Appts 9:00 Coffee and Chat CR 10:00 Posture and Stretch YS 1:30 Red, White, and Blue Treat CR 2:30 Rummikub CR 3:00 Aerobics Standing YS 5:45 Hand and Foot CR	9:00 Coffee and Chat CR 10:00 Chair Workout DB YS 10:30 BINGO CR 11:00 Lunch at Otis's 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour in the Pub 6:00 Movie: Operation Fortune TR	9:00 Coffee and Chat CR 10:00 Seated Stretching YS 11:00 Play a Card Game CR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Wine Spritzer Pub/Patio 6:30 500 CR	9:00 Coffee and Chat CR 10:00 Chair Aerobics YS 11:00 AC Travel: London TR 2:00 Catholic Service Chapel 2:30 Rummikub CR 3:00 Aerobics Video YS 4:15 Happy Hour Pub 6:00 Movie: Born on the Fourth of July TR	9:00 Coffee and Chat CR 10:30 Drum Fit YS 11:00 Cornhole TR 1:30 Movie: John Wick 4 TR 2:30 Rummikub CR 4:00 Crafting with Neighbors AS 6:00 Find Something New to do Around the Building
10:30 Seated Marching 11:00 Eagle Brook Church Online TR 1:45 Hand and Foot CR 3:00 The Red Baron TR 3:00 Needles and Chat AS 6:00 Rummikub CR	9:00 Coffee and Chat CR 9:30 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 Play a Game CR 1:30 BINGO CR 2:30 Rummikub CR 3:00 In Place Walking YS 4:15 Happy Hour in the Pub	NO Medical Bus Today 9:00 Coffee and Chat CR 10:00 Posture and Stretch YS 1:30 Ice Cream Sundaes and Surveys CR 2:30 Rummikub CR 3:00 Aerobics Standing YS 5:45 Hand and Foot CR	9:00 Coffee and Chat CR 10:00 Chair Workout DB YS 10:30 BINGO CR 2:00 Food Talk with Chris 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour in the Pub 6:00 Movie: Last Breath TR	9:00 Coffee and Chat CR 10:00 Seated Stretching YS 11:00 Play a Card Game CR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Whiskey Sprite Pub/Patio 6:30 500 CR	9:00 Coffee and Chat CR 10:00 Chair Aerobics YS 11:00 AC Travel: South Korea 2:00 Catholic Service Chapel 2:30 Rummikub CR 4:15 Happy Hour Pub 6:00 Movie: Captain Phillips TR	9:00 Coffee and Chat CR 10:30 Drum Fit YS 11:00 Cornhole TR 1:30 Movie: Love Hurts TR 2:30 Rummikub CR 4:00 Crafting with Neighbors AS 6:00 Find Something New to do Around the Building
10:30 Seated Marching 11:00 Eagle Brook Church Online TR 1:45 Hand and Foot CR 3:00 Miss Willoughby and the Haunted Bookshop TR 3:00 Needles and Chat AS 6:00 Rummikub CR	9:00 Coffee and Chat CR 9:30 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 Play a Game CR 1:30 BINGO CR 2:30 Rummikub CR 3:00 In Place Walking YS 4:15 Happy Hour in the Pub	8-12 Rides to Medical Appts 9:00 Coffee and Chat CR 10:00 Posture and Stretch YS 1:30 July Birthday Celebration CR 2:30 Rummikub CR 3:00 Aerobics Standing YS 5:45 Hand and Foot CR	9:00 Coffee and Chat CR 10:00 Chair Workout DB YS 10:30 BINGO CR 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour in the Pub 6:00 Movie: Stillwater TR	9:00 Coffee and Chat CR 9:15 Fishing/Boating Pokegama Limited Spots RSVP Needed 10:00 Seated Stretching YS 1:30 BINGO CR 2:30 Rummikub CR 3:00 Summer Shandy and Pretzel Bites on the Back Patio 6:30 500 CR	9:00 Coffee and Chat CR 10:00 Chair Aerobics YS 11:00 AC Travel: Budapest TR 11:00 Chinese Buffet and Shopping at the Mall 2:00 Catholic Service Chapel 2:30 Rummikub CR 4:15 Happy Hour Pub 6:00 Movie: To End All Wars TR	9:00 Coffee and Chat CR 10:30 Drum Fit YS 11:00 Cornhole TR 1:30 Movie: I'll be Right There TR 2:30 Rummikub CR 4:00 Crafting with Neighbors AS 6:00 Find Something New to do Around the Building
10:30 Seated Marching 11:00 Eagle Brook Church Online TR 1:45 Hand and Foot CR 3:00 Georgia Rule TR 3:00 Needles and Chat AS 6:00 Rummikub CR	9:00 Coffee and Chat CR 9:30 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 Play a Game CR 1:30 BINGO CR 2:30 Rummikub CR 3:00 In Place Walking YS 4:15 Happy Hour in the Pub	8-12 Rides to Medical Appts 9:00 Coffee and Chat CR 9:30 Shopping at Aldi 10:00 Posture and Stretch YS 1:30 Smore Treat CR 2:30 Rummikub CR 3:00 Aerobics Standing YS 5:45 Hand and Foot CR	9:00 Coffee and Chat CR 10:00 Chair Workout DB YS 10:30 BINGO CR 1:30 Adult Coloring AS 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour in the Pub 6:00 Movie: The Good House TR	9:00 Coffee and Chat CR 10:00 Seated Stretching YS 11:00 Play a Card Game CR 1:00 Bingo Store Open 1:30 BINGO CR 2:30 Rummikub CR 3:00 Boosey Floats Pub/Patio 6:30 500 CR	9:00 Coffee and Chat CR 10:00 Chair Aerobics YS 11:00 AC Travel: Iran TR 2:00 Catholic Service Chapel 2:30 Rummikub CR 3:00 Aerobics Video YS 4:15 Happy Hour Pub 6:00 Movie: The Wolf and The Lion TR	9:00 Coffee and Chat CR 10:30 Drum Fit YS 11:00 Cornhole TR 1:30 Movie: Blended TR 2:30 Rummikub CR 4:00 Crafting with Neighbors AS 6:00 Find Something New to do Around the Building
10:30 Seated Marching 11:00 Eagle Brook Church Online TR 1:45 Hand and Foot CR 3:00 August Osage County TR 3:00 Needles and Chat AS 6:00 Rummikub CR	9:00 Coffee and Chat CR 9:30 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 Play a Game CR 1:30 BINGO CR 2:30 Rummikub CR 3:00 In Place Walking YS 4:15 Happy Hour in the Pub	8-12 Rides to Medical Appts 9:00 Coffee and Chat CR 10:00 Posture and Stretch YS 1:30 Strawberry Pretzel Salad CR 2:30 Rummikub CR 3:00 Aerobics Standing YS 5:45 Hand and Foot CR	9:00 Coffee and Chat CR 9:15 Fishing/Boating Pokegama Limited Spots RSVP Needed 10:00 Chair Workout DB YS 2:00 Resident Counsel CR 3:00 Rummikub CR 4:15 Happy Hour in the Pub 6:00 Movie: TR	9:00 Coffee and Chat CR 10:00 Seated Stretching YS 11:00 Play a Card Game CR 1:00 Bingo Store Open 1:30 BINGO CR 2:30 Rummikub CR 3:00 Raspberry Slushy's Pub 6:30 500 CR	*You Must RSVP at front desk for all outings. Resident responsible for cost of their meal when eating out. 	