

















2025 July

Find us on 

 **WHITE OAKS** a Randall Residence
Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>The 2025 Randall University Theme: <i>Island Hopping</i> This month we will be exploring: American Islands</p>		<p>1 9:30 Exercise with Jake 10:00 Explore American Islands 2:00 Bingo 3:15 Cards Club/Open Gym</p>	<p>2 Beauty Shop Day 9:30 Drumming Exercise 10:00 Craft and Knitting Club 1:30 Outing to Walmart</p> 	<p>3 9:15 Bible Study with Doug 10:00 Jeff and Jim Music 2:00 Bingo 3:15 Stretch/Open Gym</p>	<p>4 Independence Day 9:30 Stretch 10:00 Garden Club 1:30 Movie and Popcorn: <i>Jaws</i></p> 	<p>5 Happy Birthday Bonnie! 10:00 Cards Club 1:30 Movie and Popcorn: <i>Beneath the 12 Mile Reef</i></p>	
	<p>6 10:00 Rummikub 1:00 "Walkie Talkies" Resident Led Walking Club 2:45 Church Service</p> 	<p>7 9:30 Stretch 10:00 Bible Study with Tim 2:00 Mike Talbot Music 3:15 Outdoor Bike Rides 4:30 Randall Family Music</p>	<p>8 9:30 Exercise with Jake 10:15 Bible Study with Pr. Jack 2:00 Bingo 3:15 Cards Club/Open Gym</p> 	<p>9 Beauty Shop Day 9:30 Drumming Exercise 10:00 Craft and Knitting Club 2:00 Garden Club 2:45 Outing to Lawton Library</p>	<p>10 9:15 Bible Study with Doug 10:15 Intergenerational Music and Movement 2:00 Bingo 3:15 Ping Pong/Open Gym</p> 	<p>11 9:30 Stretch 10:00 Funny Animal Videos 10:30 Lunch Outing to Big T 2:00 Movie and Popcorn: <i>Somewhere in Time</i></p>	<p>12 10:00 Cards Club 1:30 Movie and Popcorn: <i>A Hole in the Head</i></p> 
	<p>13 10:00 Rummikub 1:00 "Walkie Talkies" Resident Led Walking Club 2:45 Church Service</p>	<p>14 9:30 Stretch 10:00 Bible Study with Pr. Bob 1:30 Outing to Goodwill 2:00 Food Talk</p> 	<p>15 9:30 Exercise with Jake 10:00 Cooking Club: Crab Cakes 2:00 Bingo 3:15 Cards Club/Open Gym</p>	<p>16 Beauty Shop Day 9:30 Drumming Exercise 10:00 Craft and Knitting Club 2:00 Outing to Dollar Tree 3:30 Garden Club</p> 	<p>17 Happy Birthday Marge! 9:15 Bible Study with Doug 10:00 Resident Council 2:00 Bingo 3:15 Stretch/Open Gym</p>	<p>18 Happy Birthday Esther! 9:30 Stretch 10:00 Name That Tune 1:30 Movie and Popcorn: <i>Treasure Island</i> 2:00 Outing to Apple Knockers for Ice Cream</p> 	<p>19 10:00 Cards Club 1:30 Movie and Popcorn: <i>Rescue from Gilligan's Island</i></p>
	<p>20 10:00 Rummikub 1:00 "Walkie Talkies" Resident Led Walking Club 2:45 Church Service</p> 	<p>21 9:30 Stretch 10:00 Bible Study with Tim 2:00 Sam and Pat Roach Music 3:15 Garden Club</p>	<p>22 9:30 Exercise with Jake 10:15 Bible Study with Pr. Jack 2:00 Bingo 3:15 Cards Club/Open Gym</p> 	<p>23 Beauty Shop Day 9:30 Drumming Exercise 10:00 Craft and Knitting Club 1:30 Ice Cream Social 2:00 Dominoes 3:00 Men's Club</p>	<p>24 9:15 Bible Study with Doug 10:15 Intergenerational Music and Movement 2:00 Bingo 3:15 Ping Pong/Open Gym</p> 	<p>25 9:00 Fishing Trip with Pr. Bob 2:00 Outdoor Bike Rides 3:15 Documentary: <i>Lost Worlds: Al Capone's Secret City of Chicago</i></p>	<p>26 10:00 Cards Club 1:30 Movie and Popcorn: <i>Romance on the High Seas</i></p> 
	<p>27 10:00 Rummikub 1:00 "Walkie Talkies" Resident Led Walking Club 2:45 Church Service 3:15 Family Tradition (H.H.)</p>	<p>28 9:30 Stretch 9:45 Outing to Horrocks for Shopping and Lunch 10:00 Bible Study with Pr. Bob 2:00 Documentary: <i>Nantucket</i> 3:00 Hymn Sing</p> 	<p>29 9:30 Exercise with Jake 10:00 Bingo 1:30 Veteran's Club Outing to Lake Michigan Lookout Point</p>	<p>30 Beauty Shop Day 9:30 Drumming Exercise 10:00 Craft and Knitting Club 1:30 Outing to Walmart</p> 	<p>31 9:15 Bible Study with Doug 10:00 Scott Spears Music 2:00 Prize Cart Bingo 3:15 Stretch/Open Gym</p>	<p>Meal Times Breakfast– 7am-9am Lunch– 11:30am Dinner–4:30pm</p> <p>Activity schedule is subject to change without notice. Please see posted daily activity sheets for most accurate schedule.</p>	